



Department of Health
and Human Services

Maine People Living
Safe, Healthy and Productive Lives

Paul R. LePage, Governor

Ricker Hamilton, Commissioner

Xuquuqda iyo Masuuliyadda

Xuquuqda:

Dhamaan wixi warbixin ah ee aad siiso WIC waxay noqon doonaan sir.

Xaq uyeelashadda qof walba ee helidda WIC waa isla sidi hore ayadoon la eegayn jansiyadaada, kalarkaaga, meesha aadkasoo jeedo, da'daada, cuuryaan, ama rag iyo dumar waxa aad tahayba.

Hadii lagu midab takooro, waxaad gudbin kartaa dacwo.

Mas uuliyadaada.

Keen dhamaan dokumentiyadda ee balan kasta.

Soo war geli xafiiska kugu dhow ee WIC hadii ciwaanka aad degantahay/ ama telefanka isbedelo.

Jeegaagga lacagta ee WIC fadlan meel amaan ah dhig, jeeg la xaday/ ama lumay lama bedeli karo.

Hadii shariyadda kor kuxusan aan jabiyo, aniga iyo qoyskeyga:

Waxaan weyndoonaan barograamka ilaa muddo sanad ah.

Waa inaan barograamka dib usiinaa lacagta cuntadda ama masaasadda taaso aysan ahayn inaan marki horeba helo.

Waxaa iqabsan kara dacwad shariyeed.

Waxaa la iisheegay xuquuqda iyo mas uuliyadda aniga oo ah qeyb ka ah barograamka WIC. Waxaan cadeynayaa in war bixinti aan sheegay ay tahay mid sax ah, inti karaankeyga ah. Warbixintaas waxaa la gudbinayaa ayadoo ay lajirto risiitka kaalmadda nafaqadda ee federaalka. Saraakiisha barograamka way xaqijin karaan wixi warbixin ah ee aan siiyay.



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Waan fahamsanahay waxaa la iga saari karaa barograamka WIC hadii:

Aniga ama caruurteyda aan qeeyb kanoqono in kabadan hal WIC isku waqtii(Kawada qeyb gal)

Aan bixiyo warbixin qaldan kusaabsan daqliga isoo gala, inta qof ee qoyskeyga ah iyo halka aan deganahay(Been Abuur).

Aniga ama cuntada kale ee aan ahayn WIC ee jeegaga WIC(Tahriibin)

Aniga ama qof aniga imatalaya ayaa iibinaya, ka ganacsanaya, ama bixinaya jeegaga WIC(Tahriibin)

Aniga ama qof imatalaya ayaa soo celinaya cunatadda WIC si ay ugu helaan lacag, karedit, ama cuntooyin kale ee aan ahayn WIC(Tahriibin)

Aniga ama qof aniga imatala ayaa ka baayacmushtaraya, ama iibinaya mashiinka naasaha looga keeno caanaha oo ay iska leedahay ama kireysatay WIC, ama cunooyinka WIC oo ay kujirto masaasadda caruurta, taasoo lagu soo iibsatay jeeg WIC si loo helo kaash ama lacag, karedit ama cunooyin kale ama adeegyo kale(Tahriibin)

Aniga ama qof kale ayaa bixinaya mashiinka naasaha looga keeno caanaha oo an leedahay ama kireysatay WIC ama cunooyinka WIC oo ay kujirto masaasadda caruurta taasoo ay kusoo iibsatay WIC jeeg(Been abuur)

Aniga ama qofkale oo xageyga kasocda ayaa kusameynayo isbedel jeegageyga WIC(Been abuur)

Aniga ama qof aniga imatalaya ayaa si beec ah, ama kala bedelesho ama si bilaash ah usoo dhigaya WIC baraha bulshadda(Sida facebook), Craigslist, Ebay, telefishinadda, wargeesyadda, ama meelo kale oo qadka internetka ah(Tahriibin)

Aniga ama qof aniga imatala ayaa si afka ama jir ahaan ah ku xadgubayo qof shaqaale u ah WIC ama shaqaalahu dukaanka(Xad gudub)