

**Aroostook Public
Health Council**

Steering Committee:

Dr. Rachel Albert, RN
Chair,
Nursing Professor
University of Maine at Fort
Kent

Susan Bouchard, RN
SCC Representative,
*Director of Clinical Quality
& Risk Management*
Fish River Rural Health

Laura Turner
*Director of Community
Outreach*
NLAR Gould Hospital

Carol Bell
Hiring Manager
Penobscot McCrum

Leah Buck
*Associate Dean of
Continuing Education*
Northern Maine Community
College

Jane Rioux, RN
*Clinical Manager –
Aroostook North*
NL Home Care & Hospice

Stacy Boucher
District Liaison
Maine Center for Disease
Control and Prevention



Quarterly Meeting

Wednesday, May 6, 2026

Aroostook Public Health Council

In attendance: Rachel Albert, **UMFK**; Sean Bernard, **Maine DEP**; Stacy Boucher, **Maine CDC**; Kari Bradstreet, **Homeless Services of Aroostook**; Leah Buck, **NMCC**; Renee Chalou, **Maine CDC**; Theresa Dow, **ACAP**; Jessica Fogg, **Maine CDC**; Tim Goff, **Cary Medical Center**; Clare Hickey, Trisha House, **U.S Senator Susan Collins' Office**; Maura Lockwood, **Maine CDC**; Tammy Mitchell, **Maine CDC**; Wendy Page, **AMHC**, Tim St. Peter, **LHO**; Laura Turner, **NL ARG**; Julie Tucci, **St. Apollonia Dental Clinic**; Courtney Wall, **Maine CDC**; Heidi Warman, **KVHC**; Galan Williamson, **NWDB**; Seth Woodman, **UMPI**; Darren Woods, **AKEMA**

Minutes Feb. 2025 – Approved by Tammy, Seconded by Maura. Meeting minutes approved as written

District Operations – Maine CDC

District Public Health – Stacy Boucher, Maine CDC

[Aroostook Public Health District Quarterly Report](#)

MPN Update – Theresa Dow, ACAP

- Ongoing collaboration with Micmac Farms for FarmShare
- End of June, completing first year of FarmShare boxes
- Recipe flyers created for local grocery stores to help utilize and incorporate fresh fruits and veggies into diets
- Baby sprinkles and children's museum events occurring locally
- Served over 250 students on CatchMyBreath Tobacco Prevention
- Current open employment opportunity for a Tobacco Prevention Educator

APHC Council Update – Courtney Wall, Maine CDC

- Review of Steering Committee members
 - New member – Lisa Smith, Acting Director, ARTS
 - Looking to fill county government membership – waiting to hear back from the County Commissioner's Office

Committee Updates:

Aroostook Chapter of the Healthcare Coalition of Maine (HCC-ME) Update:

- Request: HCC Members please complete cybersecurity and extended downtime assessments – due June 1
- Updates from AKEMA:
 - Registration availability for Disaster Preparedness training in June. Lunch will be provided.

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Joshua Toner
Tribal Liaison



- Current concerns about drought and wildfire risks. Rain today will help bring up the water table and limit these risks.

Presentations:

Topic: *Emerging Cybersecurity Threats for Public Health*

Presenters: Seth Goodman CISSP, Cybersecurity Program Director, UMPI

- [Presentation](#)

Topic: *Human Trafficking: Identification and Response in Maine*

Presenters: Wendy Page, Sexual Assault Services Coordinator, AMHC

- [Presentation](#)
- [Power & Control Wheel](#)

Topic: *International Travel: Precautions & Considerations*

Presenters: Maura Lockwood, Field Epidemiologist, Maine CDC

- [Presentation](#)

Roundtable:

Trisha House – Office of U.S Senator Susan Collins

- Introduction of the INSULIN Act – cap cost of insulin at \$35/month for Americans on private and employer – sponsored insurances.
- Submitted a letter to the FDA asking for reconsideration of a recently issued draft document that would increase # of flavored e-cigarettes. [Link to press release](#)

Julie Tucci – St. Appolonia Dental Clinic

- Now has a full-time dentist. Accepting patients 19 and younger with Mainecare as well as other insurances.

Tammy Mitchell – Public Health Nursing

- PHN Team recently attended a training with Hope and Justice Project and Aroostook Agency on Aing focused on Abuse in Later Life
- A new Public Health Nurse will be starting soon in the Fort Kent area.
- Upcoming meeting with the Pregnancy Care Center to provide education and collaborations on PHN services.
- Connection with Northern Light OB Manager to discuss PHN Case Management referral systems, how to access PHN services, and role within the community.

Motion to Adjourn – Approved by Kari, Seconded by Tim

Next quarterly APHC meeting:

- August 5th, 2026