

**Aroostook Public
Health Council**

Steering Committee:

**Dr. Rachel Albert, RN
Chair,**

Nursing Professor
University of Maine at Fort
Kent

**Susan Bouchard, RN
SCC Representative,**
*Director of Clinical Quality
& Risk Management*
Fish River Rural Health

Laura Turner
*Director of Community
Outreach*
NL AR Gould Hospital

Carol Bell
Hiring Manager
Penobscot McCrum

Leah Buck
*Associate Dean of
Continuing Education*
Northern Maine Community
College

Jane Rioux, RN
*Clinical Manager –
Aroostook North*
NL Home Care & Hospice

Stacy Boucher
District Liaison
Maine Center for Disease
Control and Prevention

Joshua Toner
Tribal Liaison



Quarterly Meeting

Wednesday, February 4th, 2026

Aroostook Public Health Council

In attendance: Rachel Albert, **UMFK**; Carol Bell, **Penobscot McCrum**; Sean Bernard, **Maine DEP**; Stacy Boucher, **Maine CDC**; Mark Bourgoin, **NL Hospice**; Kari Bradstreet, **Homeless Services of Aroostook**; Nicole Breton, **Maine CDC**; Jana Burpee, **HRH**; Emilee Caradonna, **Maine CDC**; Renée Chalou, **Maine CDC**; Glenn Damon, **Maine CDC**; Theresa Dow, **ACAP**; Andrew Finch, **Maine CDC**; Tim Goff, **Cary Medical**; Eden Hale, **Maine CDC**; Clare Hickey, **AMHC**; Maura Lockwood, **Maine CDC**; Tammy Mitchell, **Maine CDC**; Sue Powers, **ACAP**; Saige Purser, **MYAN**; Meghan Richards, **Maine CDC**; Traci Rogers, **Pines Health Services**; Lane Simsarian, **Maine CDC**; Joshua Toner, **Tribal Public Health**; Laura Turner, **NL ARG**; Galan Williamson, **NEWCB**;

Minutes Nov. 2025 – Approved by Maura, Seconded by Mark. Meeting minutes approved as written

District Operations – Maine CDC

District Public Health – Stacy Boucher, Maine CDC

- Courtney Wall, Public Health Educator, is out on maternity leave
- Latest Wastewater Surveillance Data:
 -

MPN Update – Theresa Dow, ACAP

- More items have been added to the HEAL Lending Library including a Blender Bike.
- Food Council is collaborating with Farm Drop, MaineCancer Food for Medicine
- Tobacco – school staff trainings on “Catch my Breath” pilot program. 6 new schools participated. Stipends are provided for the schools who participate.
- Cassie is collaborating with OUT Maine to grow capacity to support LGBTQ+ around prevention and bullying.
- Cary Medical continues to work with the Aroostook County Jail around SUP training, social emotional training and restorative practice.
- Maine Recovery Foundation work includes Narcan Training, lock boxes/lock bags for medication. Contact Theresa - tdow@acap-me.org

APHC Council Update – Stacy Boucher, Maine CDC

- Review of Steering Committee members
 - Steering Committee Vacancy
 - If you are interested and have questions about joining the SC, please reach out to Stacy

Infectious Disease Updates – Maura Lockwood, Maine CDC

- [New Respiratory Virus Dashboard](#)

Public Health Nursing – Tammy Mitchell

- Childhood Vaccines

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Tribal Public Health District – Joshua Toner

- Introduction and welcome to the new Tribal Liaison
- Working on a Community Health Improvement Plan (CHIP)

Committee Updates:

Care Management Committee:

- Tabled

**Aroostook Chapter of the Healthcare Coalition of Maine (HCC-
ME) Update:**

- Seeking funding for maintenance of communication towers from the County Commissioners
- Addressing other capacity for continuation of operations

Presentations:

Topic: Maine Rural Health and Primary Care Program

Presenters: Nicole Breton and Glenn Damon, Maine CDC

- Presentation

Questions and Comments:

- HR was selected as the target audience for the AI program to aid in filling vacancies as HR wears many hats
- Recruiting OBGYNs who take MaineCare patients, may extend to Midwives as eligibility expands
- Veteran's Pilot Project is not looking to transition Army medics to community paramedicine in particular, but to support continuity of care, ensuring veterans have everything they need to thrive, including wellness checks

Topic: Maine's Rural Health Transformation Program (RHTP)

**Presenters: Andrew Eppich, State of Maine, Commissioner's
Office**

- Presentation

Questions and Comments:

- Regional entities will be discussed and organized in the near future

Roundtable:

- **NLHC&H:** Infection prevention protocol – clinicians are required to mask as Covid and Flu are on the rise
- **AR Gould:** Echoed NLHC&H – noting that patients are not required but are encouraged to mask.
- **MYAN:** 2026 Maine Youth Leadership Conference will be held on: March 19–20, 2026 at Central Maine Community College, Auburn, Maine. Visit: www.myan.org/conference-general-info Contact: Saige.purser@opportunityalliance.org

Motion to Adjourn – Approved by Mark, Seconded by Laura

Next quarterly APHC meeting:

- May 6th, 2026