COVID-19 Mythbusters: Vaccine



Myth

COVID-19 vaccines cause COVID-19. The vaccines cause major side effects.



Fact

None of the COVID-19 vaccines contain live virus. They cannot make anyone sick with COVID-19. Side effects can occur, but are rare.



Myth

I already had COVID- 19 so I do not need a vaccine.



Fact

People can get COVID-19 more than once with varying symptoms. Vaccination provides the best protection against serious illness.

Myth

COVID-19 will not be difficult for me. I should get COVID- 19 so I can have natural immunity.



Fact

Even healthy people can get very sick from COVID-19. It is unknown how long natural immunity will last. Vaccination provides an extra layer of protection against serious illness.



Talk with a healthcare provider to decide what is best for you

U.S. CDC recommends staying up to date with COVID-19 vaccines for everyone 6 months and older. Getting a COVID-19 vaccine can protect you and others around you from getting very sick from COVID-19.

