

Maine Weekly Influenza Surveillance Report

2025-2026 Influenza Season

November 12, 2025

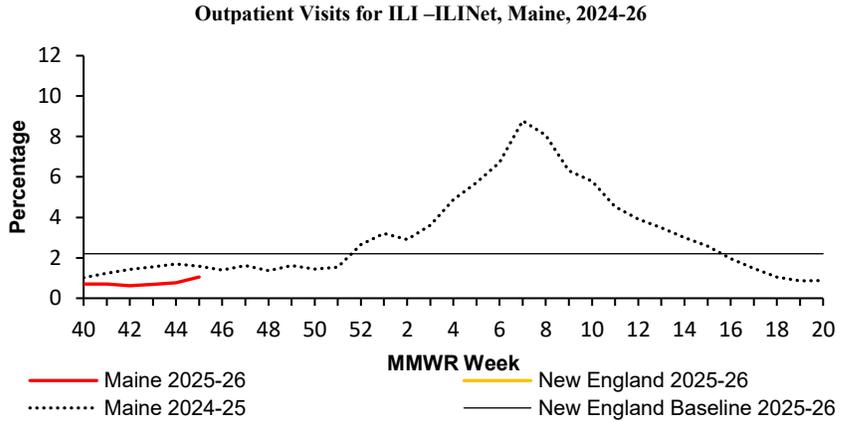
Data for MMWR week 45 (ending 11/8/2025)



U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)

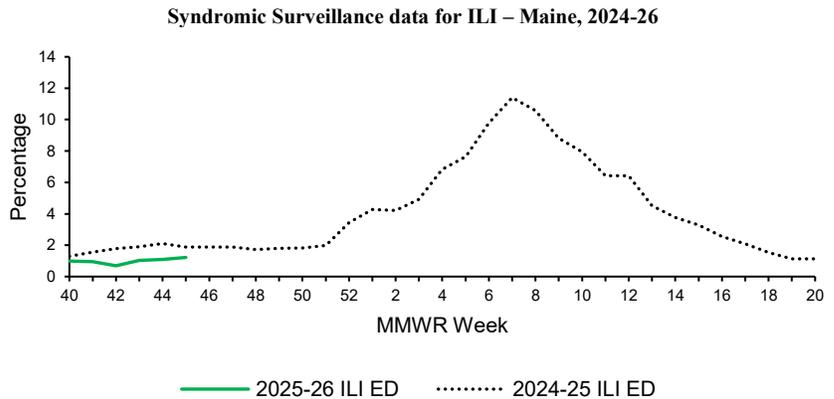
Percent of Outpatient Health Care Visits Due to ILI
1.05

Number of ILINet Reporting Providers
45



Syndromic Surveillance

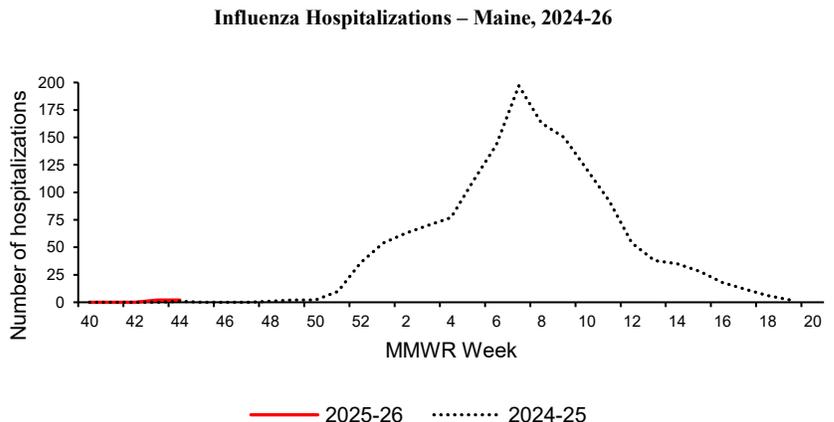
Percent of Emergency Room Visits Due to ILI
1.22



Hospitalizations

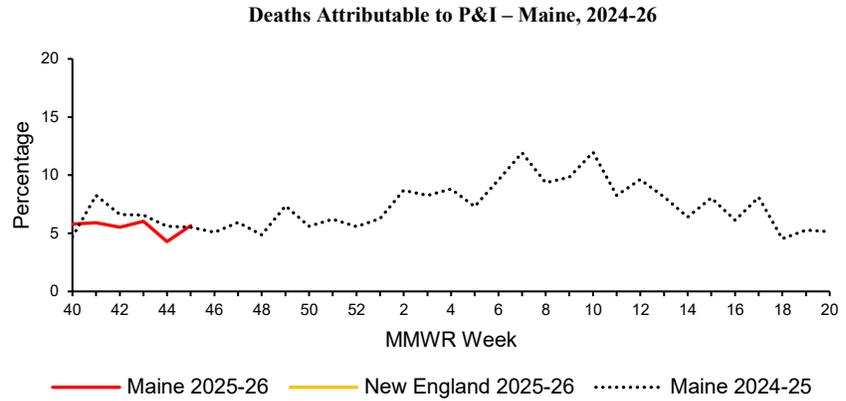
Influenza-Associated Hospitalizations This Week
0

Total Influenza-Associated Hospitalizations This Season
4



Pneumonia and Influenza (P&I) Deaths

Percent of Deaths Due to P&I	5.65%
Influenza-Associated Deaths This Week*	0
Total Influenza-Associated Deaths This Season*	1
Pediatric Influenza-Associated Deaths This Season	0

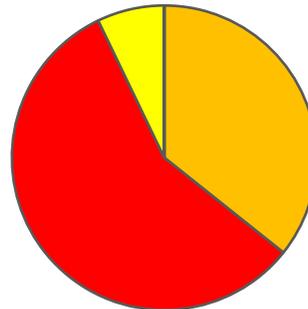
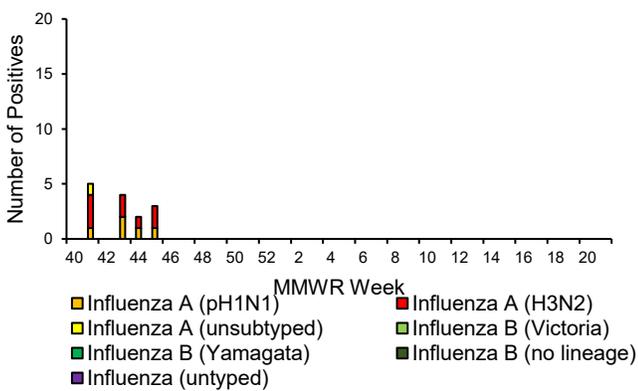


*This number represents the number of individuals who had influenza specifically listed on their death certificate. This is likely an underrepresentation of the true burden, as many influenza-associated deaths are due to secondary infections. This is why Maine CDC reports Pneumonia and Influenza (P&I) deaths.

Virologic Surveillance

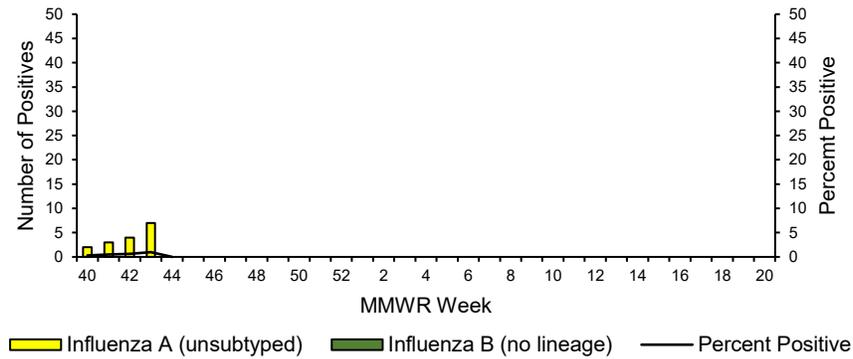
Health and Environmental Testing Laboratory	Week 45	2025-26 Season
No. of specimens tested	7	21
No. of positive specimens	3	14
<i>Positive specimens by type</i>		
Influenza A	3 (100%)	14 (100%)
(H1N1)pdm09	1 (33%)	5 (36%)
H3N2	2 (67%)	8 (64%)
Influenza B	0	0

Influenza Positive PCR Tests, HETL – Maine, 2025-26



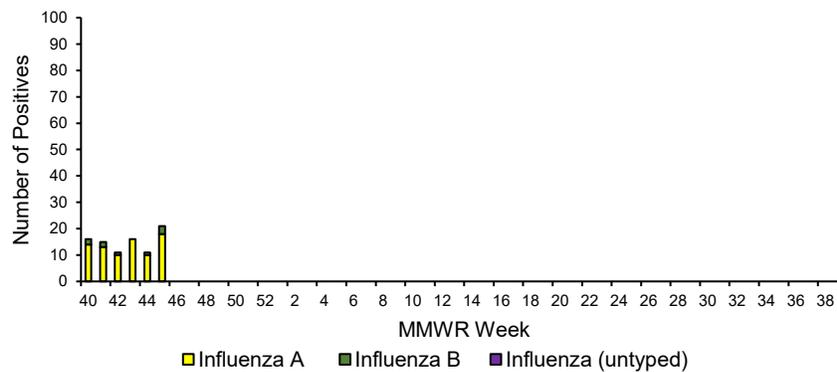
Maine Reference Laboratories	Week 45	2025-26 Season
No. of specimens tested	-	3,353
No. of positive specimens (%)	-	16 (0.48%)
<i>Positive specimens by type</i>		
Influenza A	-	16
Influenza B	-	0

Influenza Positive Tests, Maine Reference Labs – Maine, 2025-26



All Reported Laboratory Results	Week 45	2025-26 Season
No. of specimens positive by antigen test	5	28
No. of specimens positive by molecular test	16	62
<i>Positive specimens by type</i>		
Influenza A	18 (86%)	81 (90%)
Influenza B	3 (14%)	9 (10%)

Total Reported Positive Influenza Tests – Maine, 2025-26



Antigenic Characterization (Vaccine Strain Match)

Updated data currently unavailable

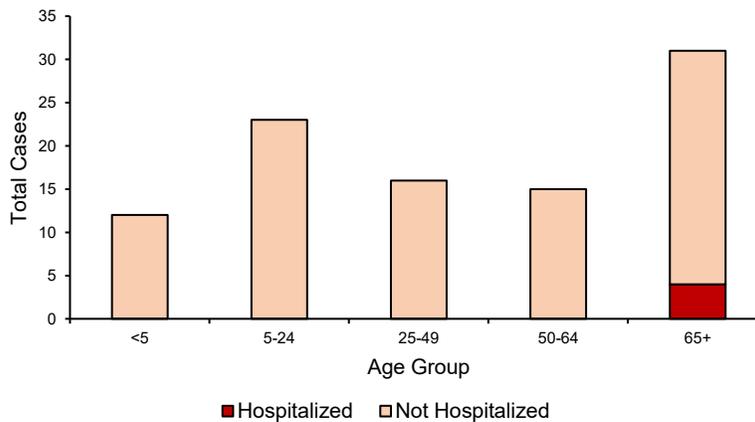
Weekly County-level Influenza, Maine, Week 45

County	Positive labs	Hospitalizations
Androscoggin	3	0
Aroostook	0	0
Cumberland	5	0
Franklin	0	0
Hancock	0	0
Kennebec	3	0
Knox	1	0
Lincoln	0	0
Oxford	0	0
Penobscot	2	0
Piscataquis	1	0
Sagadahoc	0	0
Somerset	1	0
Waldo	0	0
Washington	2	0
York	3	0
Total	21	0

Age Information – Maine, 2025-26 Influenza Season

	Age (years)		
	Min.	Mean	Max.
Cases	<1	42	89
Hospitalizations	78	81	85
Deaths	NA	NA	NA

Positive Influenza Tests by Age and Hospitalization Status – Maine, 2025-26



All data are preliminary and subject to change

Influenza-Like Illness Outbreaks – Maine, 2025-26 Influenza Season

Number of New Outbreak Investigations
1

Total Outbreaks This Season
2

Outbreak Facility Type Key:

LTC - Long Term Care Facility

AC - Acute Care Facility (nosocomial)

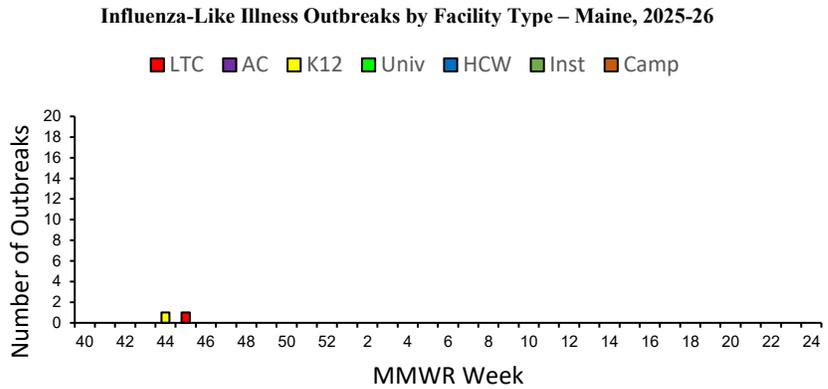
K12 - School (K-12) or daycare

Univ - School (residential) or University

HCW - Health care workers

Inst - Other institutions (workplaces, correctional facilities etc)

Camp - Camp



Influenza-Like Illness Outbreak by Facility Type and County – Maine, 2025-26

County	LTC	AC	K12	Univ	HCW	Inst	Camp	Total
Androscoggin								0
Aroostook	1							1
Cumberland								0
Franklin								0
Hancock			1					1
Kennebec								0
Knox								0
Lincoln								0
Oxford								0
Penobscot								0
Piscataquis								0
Sagadahoc								0
Somerset								0
Waldo								0
Washington								0
York								0
Total	1	0	1	0	0	0	0	2

National Influenza Surveillance Data

Source: <https://www.cdc.gov/flu/weekly/>

Updated data currently unavailable