

# Maine Weekly Influenza Surveillance Report

## 2024-2025 Influenza Season

December 31, 2024

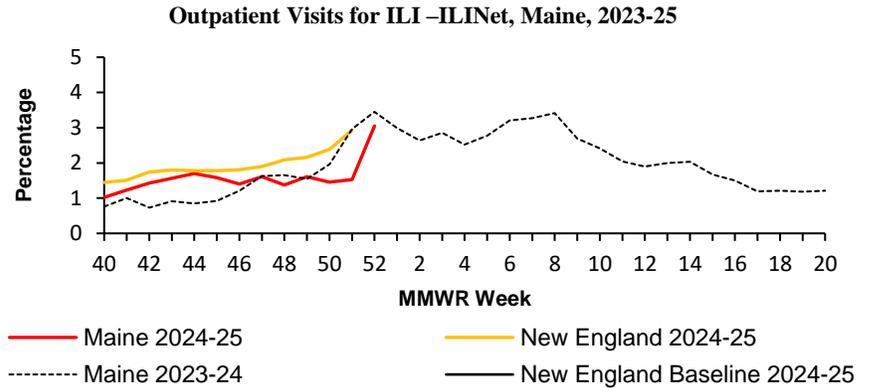
Data for MMWR week 52 (ending 12/28/2024)



### U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)

Percent of Outpatient Health Care Visits Due to ILI
<b>3.05</b>

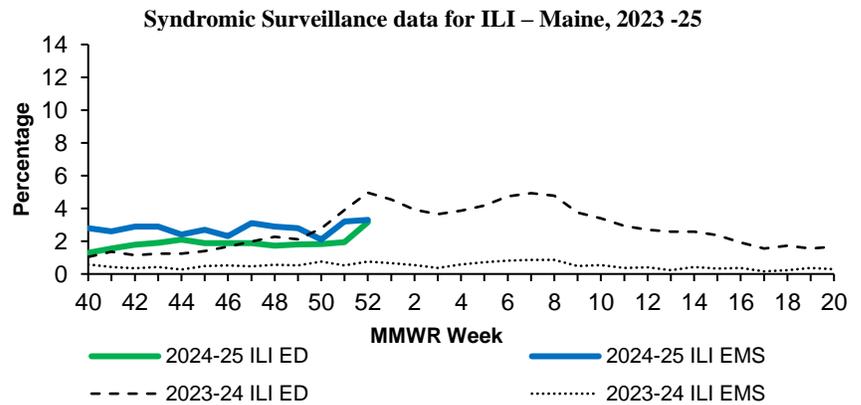
Number of ILINet Reporting Providers
<b>45</b>



### Syndromic Surveillance

Percent of Emergency Room (ED) Visits Due to ILI
<b>3.16</b>

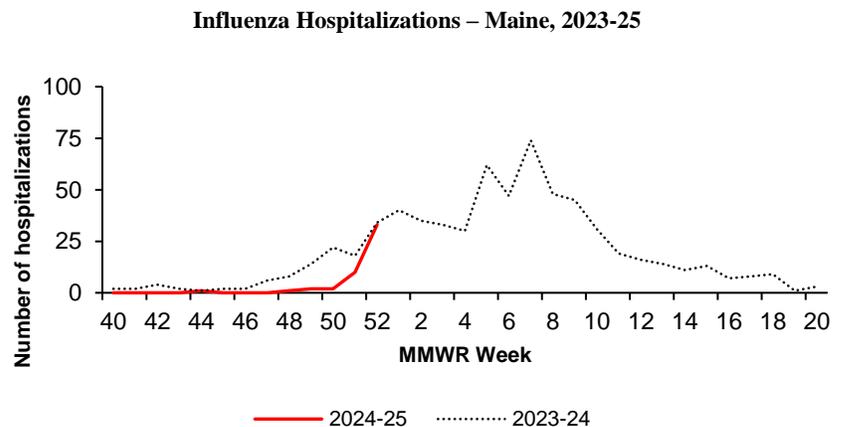
Percent of Emergency Medical Services (EMS) calls for ILI
<b>0.69</b>



### Hospitalizations

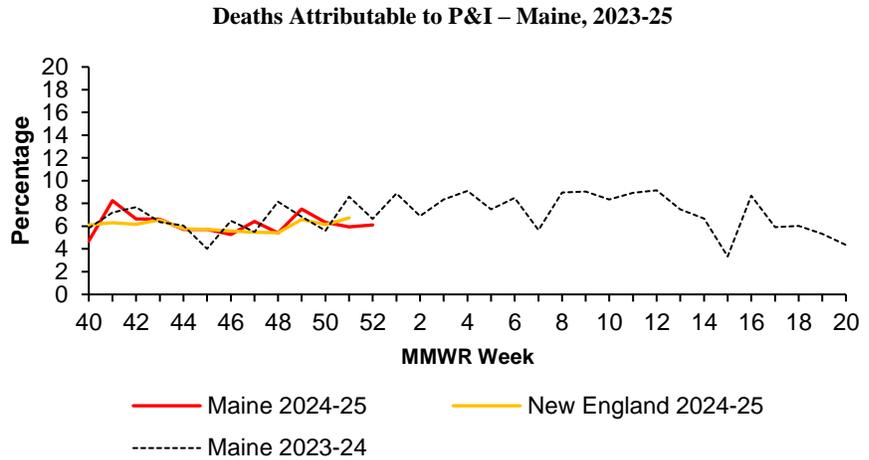
Influenza-Associated Hospitalizations This Week
<b>33</b>

Total Influenza-Associated Hospitalizations This Season
<b>49</b>



## Pneumonia and Influenza (P&I) Deaths

Percent of Deaths Due to P&I	<b>6.12</b>
Influenza-Associated Deaths This Week*	<b>0</b>
Total Influenza-Associated Deaths This Season*	<b>1</b>
Pediatric Influenza-Associated Deaths This Season	<b>0</b>

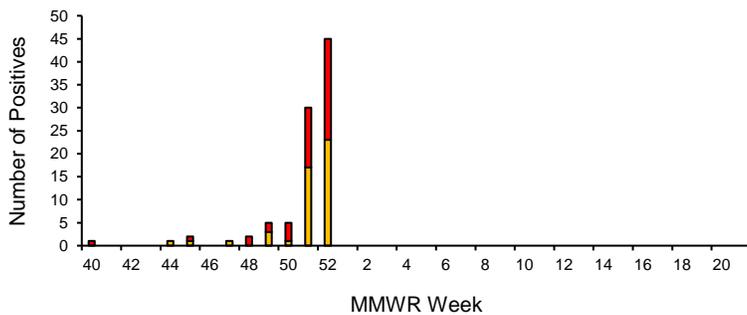


\*This number represents the number of individuals who had influenza specifically listed on their death certificate. This is likely an underrepresentation of the true burden, as many influenza-associated deaths are due to secondary infections. This is why Maine CDC reports Pneumonia and Influenza (P&I) deaths.

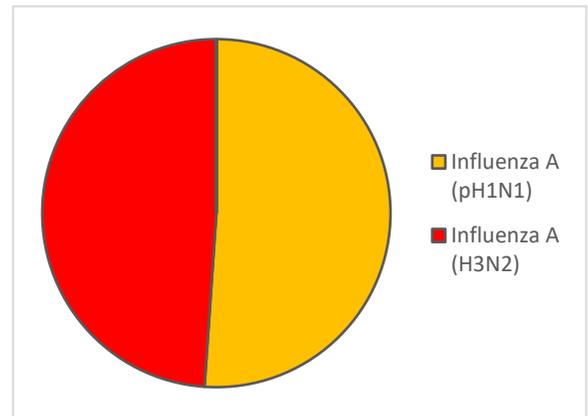
## Virologic Surveillance

Health and Environmental Testing Laboratory	Week 52	2024-25 Season
<b>No. of specimens tested</b>	82	147
<b>No. of positive specimens</b>	45 (55%)	92 (63%)
<i>Positive specimens by type</i>		
<b>Influenza A</b>		
<b>(H1N1)pdm09</b>	23 (51%)	47 (51%)
<b>H3N2</b>	22 (49%)	45 (49%)
<b>Influenza B</b>	0	0
<b>Yamagata lineage</b>	0	0
<b>Victoria lineage</b>	0	0

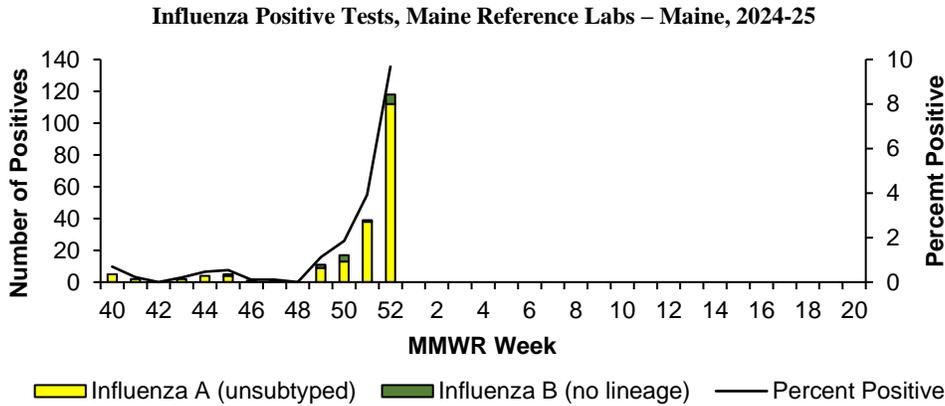
**Influenza Positive PCR Tests, HETL – Maine, 2024-25**



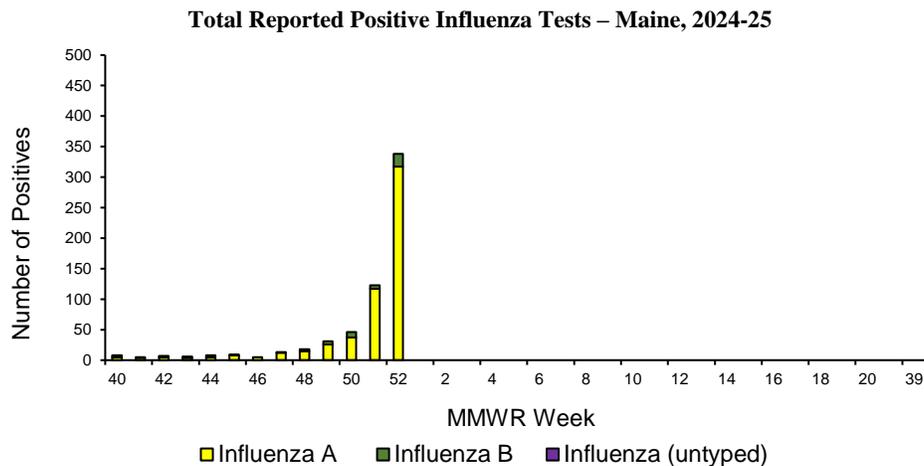
- Influenza A (pH1N1)      ■ Influenza A (H3N2)      ■ Influenza A (unsubtyped)
- Influenza B (Victoria)      ■ Influenza B (Yamagata)      ■ Influenza B (no lineage)
- Influenza (untyped)



Maine Reference Laboratories	Week 52	2024-25 Season
No. of specimens tested	1,219	12,084
No. of positive specimens (%)	118 (10%)	205 (1.7%)
<i>Positive specimens by type</i>		
<b>Influenza A</b>	112 (95%)	191 (93%)
<b>Influenza B</b>	6 (5%)	14 (7%)



All Reported Laboratory Results	Week 52	2024-25 Season
No. of specimens positive by antigen test	63	146
No. of specimens positive by molecular test	275	471
<i>Positive specimens by type</i>		
<b>Influenza A</b>	317 (94%)	560 (91%)
<b>Influenza B</b>	21 (6%)	617 (9%)



## Antigenic Characterization (Vaccine Strain Match)

US CDC characterizes antigenicity by how well antibodies made against the vaccine strains recognize circulating virus that have been grown in cell culture. Of the characterized viruses, the vaccine strain antibodies recognized:

- 96.3% of influenza A/H1N1 viruses were well-recognized by ferret antisera raised against the cell-grown A/Wisconsin/67/2022-like reference virus for the season
- 74.9% of influenza A/H3N2 ) viruses were well-recognized by ferret antisera raised against the cell-grown A/Massachusetts/18/2022-like reference virus for the season.
- 100% of influenza B/Victoria lineage viruses were well-recognized by ferret antisera raised against the cell-grown B/Austria/1359417/2021-like reference virus.
- No influenza B/Yamagata samples were available for characterization

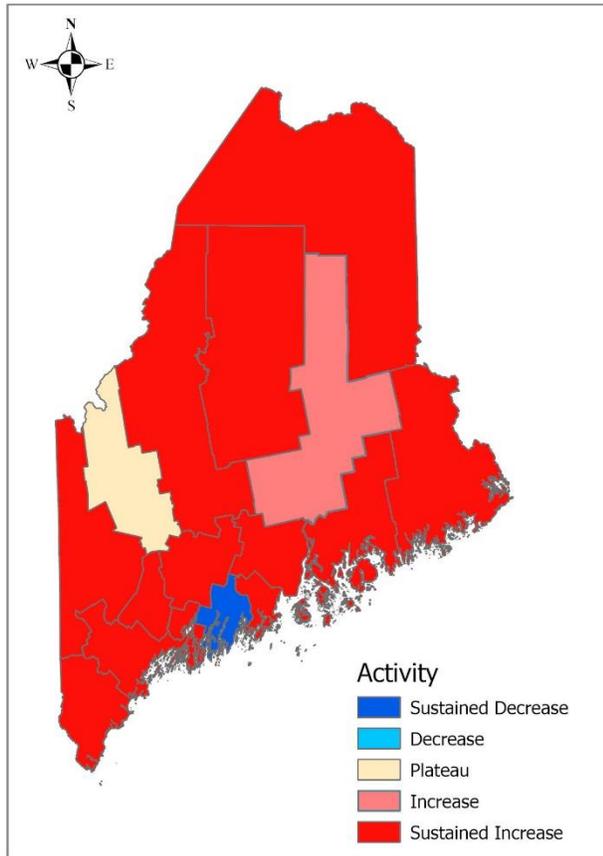
### Weekly County-level Influenza, Maine, Week 52

County	Positive labs	Hospitalizations	Activity Trend	Severity Estimate <sup>§</sup>
Androscoggin	18	3	Sustained Increase	Low
Aroostook	22	0	Sustained Increase	Low
Cumberland	84	13	Sustained Increase	Low
Franklin	2	1	Plateau	Low
Hancock	17	2	Sustained Increase	Low
Kennebec	13	1	Sustained Increase	Low
Knox	9	2	Sustained Increase	Low
Lincoln	4	0	Sustained Decrease	Low
Oxford	12	1	Sustained Increase	Low
Penobscot	36	4	Increase	Low
Piscataquis	5	0	Sustained Increase	Low
Sagadahoc	7	1	Sustained Increase	Low
Somerset	14	0	Sustained Increase	Low
Waldo	0	0	Sustained Increase	Low
Washington	6	0	Sustained Increase	Low
York	89	5	Sustained Increase	Low
<b>Total</b>	<b>338</b>	<b>33</b>	-	-

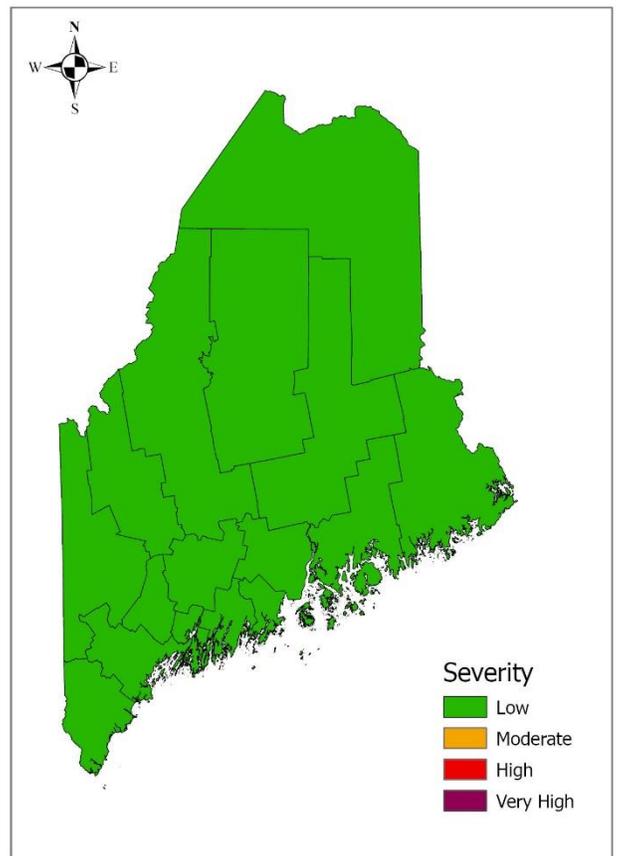
\*Activity trends are determined by county-level emergency department visits due to ILI. Activity trend levels include “sustained increase”, “increase”, “plateau”, “decrease”, and “sustained decrease.” This will become available when enough weeks of data have been collected.

<sup>§</sup>Severity is estimated using county-level P&I deaths, syndromic surveillance, and hospitalizations. Thresholds are calculated statewide from previous seasons’ data using the moving epidemic method, as described at <https://www.cdc.gov/flu/about/classifies-flu-severity.htm>

### Influenza Activity Trends, Maine, Week 52



### Influenza Severity Estimates, Maine Week 52

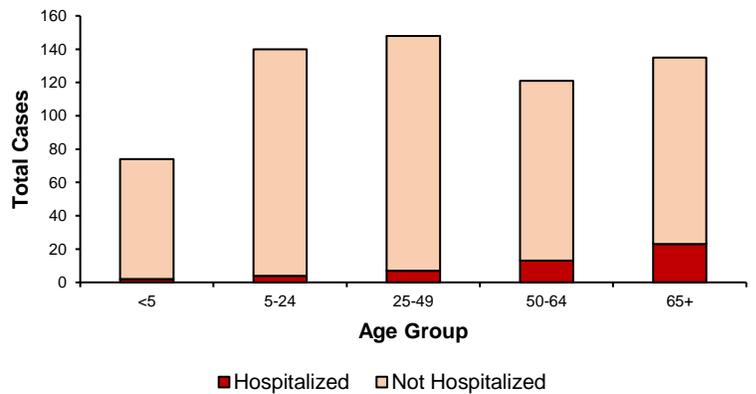


### Age Information – Maine, 2024-25 Influenza Season

	Age (years)		
	Min.	Mean	Max
<b>Cases</b>	< 1	40	94
<b>Hospitalizations</b>	2	59	90
<b>Deaths</b>	*	*	*

\*Data suppressed.

Positive Influenza Tests by Age and Hospitalization Status – Maine, 2024-25



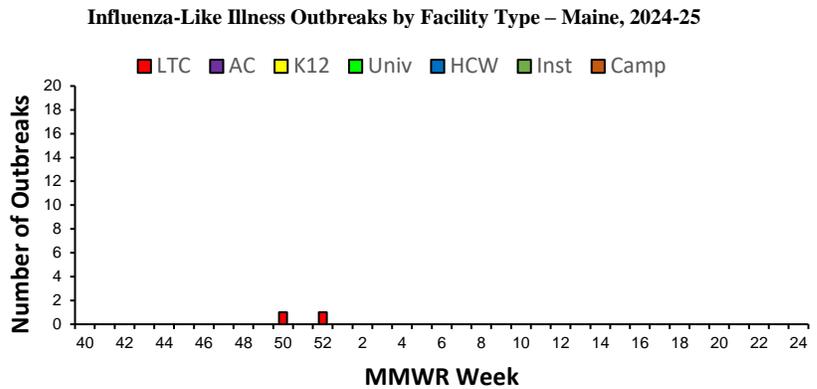
## Influenza-Like Illness Outbreaks – Maine, 2024-25 Influenza Season

Number of New Outbreak Investigations
1

Total Outbreaks This Season
2

### Outbreak Facility Type Key:

- LTC - Long Term Care Facility
- AC - Acute Care Facility (nosocomial)
- K12 - School (K-12) or daycare
- Univ - School (residential) or University
- HCW - Health care workers
- Inst - Other institutions (workplaces, correctional facilities etc)
- Camp - Camp



### Influenza-Like Illness Outbreak by Facility Type and County – Maine, 2024-25

County	LTC	AC	K12	Univ	HCW	Inst	Camp	Total
Androscoggin								
Aroostook								
Cumberland	1							
Franklin								
Hancock								
Kennebec	1							
Knox								
Lincoln								
Oxford								
Penobscot								
Piscataquis								
Sagadahoc								
Somerset								
Waldo								
Washington								
York								
<b>Total</b>	2	-	-	-	-	-	-	-

# National Influenza Surveillance Data

Source: <https://gis.cdc.gov/grasp/fluview/main.html>

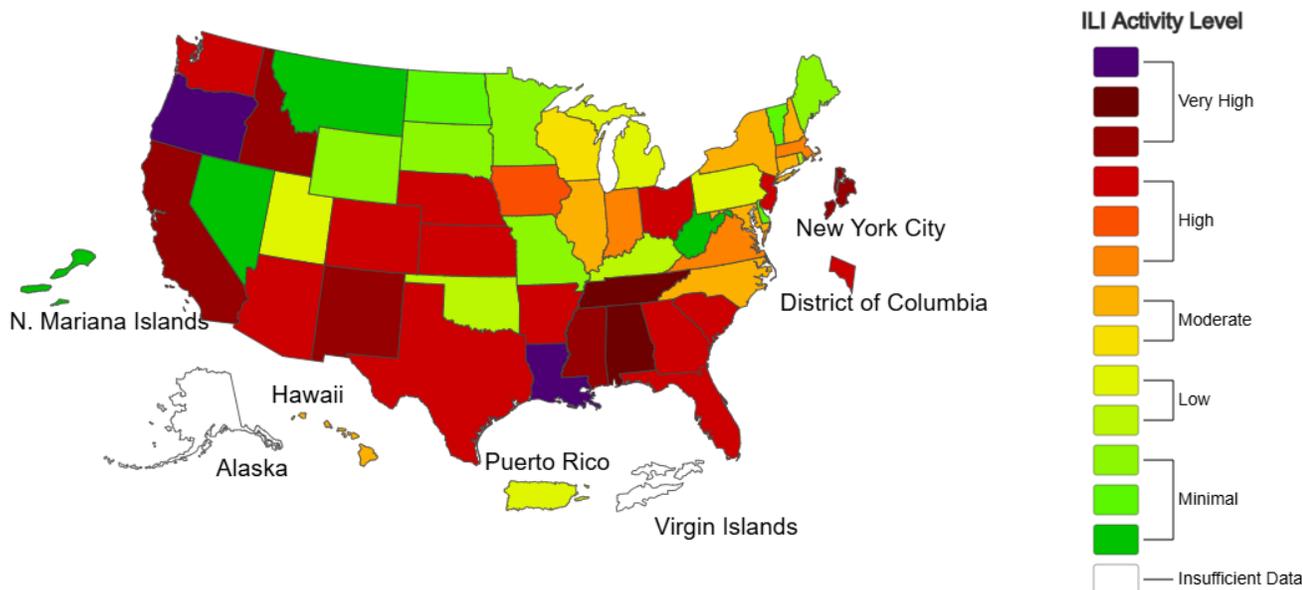


## A Weekly Influenza Surveillance Report Prepared by the Influenza Division

### Outpatient Respiratory Illness Activity Map Determined by Data Reported to ILINet

This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, also referred to as ILI, not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.

2024-25 Influenza Season Week 51 ending Dec 21, 2024



\*This map uses the proportion of outpatient visits to healthcare providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

\*Data collected in ILINet may disproportionately represent certain populations within a state, and therefore may not accurately depict the full picture of influenza activity for the whole state.

\*Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

\*Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

\*For the data download you can use Activity Level for the number and Activity Level Label for the text description.

\*This graphic notice means that you are leaving an HHS Web site.

For more information, please see CDC's Exit Notification and Disclaimer policy.

For more information on the methodology, please visit Outpatient Illness Surveillance methods section.

- All current and archived influenza surveillance reports are located at [www.maine.gov/dhhs/flu/weekly](http://www.maine.gov/dhhs/flu/weekly)
- Sign up to automatically receive influenza surveillance report at <https://public.govdelivery.com/accounts/MEHHS/subscriber/new?preferences=true>
- An overview of Maine influenza surveillance, including descriptions of the surveillance systems and data used to generate surveillance reports can be found at <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/influenza/documents/Flu-Surveillance-Data-Overview-24-25.pdf>

*All data are preliminary and subject to change*