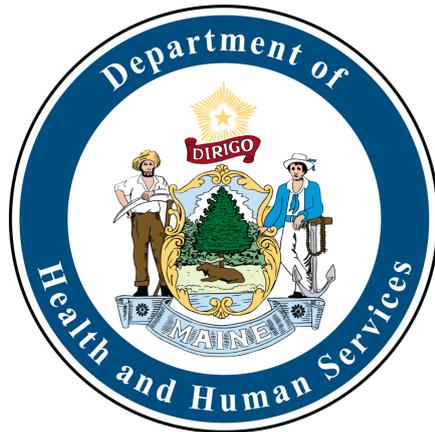
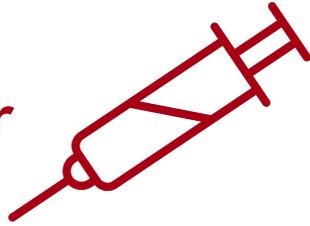


Protect yourself:

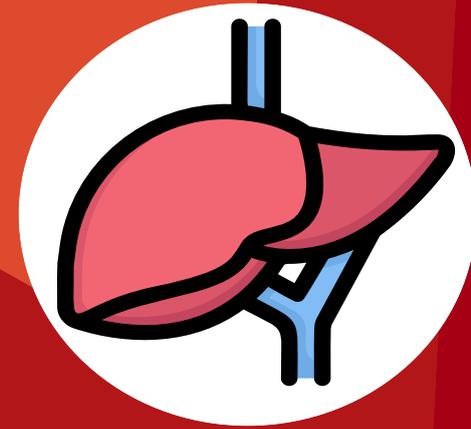
Talk with a health care provider or pharmacist about getting vaccinated for hepatitis A.



Maine Center for Disease
Control and Prevention

www.maine.gov/dhhs/hepatitis

Hepatitis A



- Hepatitis A is a serious liver infection.
- It is very contagious and can affect anyone.
- It can make you very sick for up to several months.
- Some people may even be hospitalized.

How does it spread?

- Close personal contact with an infected person
- Eating contaminated food or drink

People at greater risk:

- International travelers
- People who use or inject drugs
- People with occupational risk for exposure
- People experiencing homelessness

Symptoms:

- Feeling very tired
- Fever
- Not wanting to eat
- Nausea and vomiting
- Yellow skin or eyes
- Dark urine

Be good to your liver.
Vaccines are available.