

NEW RESOURCE AT-A-GLANCE:

EXTREME TEMPERATURE RESPONSE AND RESILIENCE:

A Guidebook for Maine Communities

Improve your community's resilience to extreme temperature events.

Maine has experienced increasing summertime heat, while winter weather can also be extreme. The Maine CDC's new Extreme Temperature Response and Resilience Guidebook provides tools and guidance to help municipalities and community-based organizations understand how to plan, prepare, and respond to extreme weather events given their unique circumstances.



THE GUIDEBOOK INCLUDES:

- ➔ Checklists and sample tools
- ➔ Warming and cooling center setup
- ➔ Thresholds for action in extreme heat and cold
- ➔ How to develop a plan
- ➔ Common barriers, and strategies to overcome them
- ➔ Protecting higher-risk populations
- ➔ Communications materials and guidance
- ➔ Strategies to strengthen long-term resilience



View and download the Guidebook online



Request a free print copy



Email us to request a Guidebook training or briefing:

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