

Frequently Asked Questions:

Where can I use my farmers' market benefits?

- Refer to this brochure
- Use the WIC Shopper App to locate local markets and farm stands

How do I use my farmers' market benefits?

- It is all digital!
- Download the BNFT App or go to www.mybnft.com and create an account
- Use the barcode in the BNFT App or print your barcode from www.mybnft.com and use it at the market or farm stand

What can I buy with the farmers' market benefits?

- Fresh, unprepared, Maine grown fruits and vegetables
- You can also use your fruit and vegetable benefits (CVB) at the market and farm stands year-round using the BNFT App barcode

What am I not allowed to buy with the farmers' market benefits?

- Honey, maple syrup, eggs, cheese, meat, seafood, baked goods or other prepared items, dried herbs and fruits/veggies/herbs that are not Maine grown.

Shop Early! The FMNP season is July 1st to Oct 31st. Shop with farmers year-round with your monthly fruit and veggie benefit!



Important

- You can purchase more than the face value of the farmers' market benefit(s) by using the Cash Value Benefit (CVB) if available.
- If your total is more than your farmers' market benefit, the extra amount will come out of your CVB balance automatically at checkout.
- You can use another form of payment if the total is more than your WIC benefits.

You have the right to file a complaint about any improper farmer or farmers' market practices. A complaint may be filed by calling 1- 800-437-9300 or emailing WICVendor@maine.gov



Farmers' Market Guide 2025



For more information call:

1-800-470-3769 or (207) 992-4571

TTY Maine relay 711

or visit: www.maine.gov/wic



BANGOR PUBLIC HEALTH
& COMMUNITY SERVICES



CITY OF BANGOR

This institution is an equal opportunity provider

Penobscot and Piscataquis County Farmers' Markets and Farm Stands:

Bangor

Abbot Square, Bangor Farmers' Market

140 Harlow Street
Sunday 11am-1:30pm
- Tiny Acres, Peacemeal Farm,
Nettie Fox Farm, Verdant Harvest Farms, LLC

Brewer

Brewer Farmers' Market

318 Wilson Street
Tues, Thurs, & Sat 8:30am-1pm
- Village Green, Beddington Ridge Farm

Chester

Chiron Farms

840 N Chester Rd
Mon-Fri 9am-5pm

Dixmont

Maine-ly Apples

372 Moosehead Trl
Fri-Sun 10am-5pm

Peacemeal Farm Stand

25 Peacemeal Lane
Tuesday 2pm-6pm

Dover-Foxcroft

Dover Cove Farmers' Market

1049 W Main St. July and August
Sat 9am-1pm and Tues 2pm-6pm
-Leaves and Blooms

Greenville

Moosehead Family Village Farmers' Market

215 Pritham Ave
Friday 3pm-6pm
- Farm in the Woods

Hampden

Hampden Farmers' Market

70 Western Ave (St. Matthew's Church)
Friday 2pm-5:30pm
- Cedar Mill Farm,
Payson Rd Farm and Greenhouse

Howland

Foxgreen Farm Stand

527 N. Howland Road
Call for appt
(508) 212-2468

Howland Farmers' and Artisans' Market

5 Bridge St. (Across from Handy
Stop Car Wash)
Sun 10am-2pm
-Foxgreen Farm LLC

Lincoln

Lincoln Farmers' and Artisans' Market

75 Main St. (Across from Mardens)
Friday 10am-2pm
-Foxgreen Farm LLC

Monson

Farm in the Woods

245 Steward Road
Call or e-mail for appointment
(207) 717-0762
Farminthemaine woods@gmail.com

Orono

Orono Farmers' Market

300 College Ave
University Steam Plant Parking Lot
Sat 8am-12pm
-Peacemeal Farm, Snakeroot Organic Farm, Marr
Pond Farm

*Maine WIC does its best to keep farmer information current.
Farmers' Market and Farm Stand hours may vary due to the
seasonal nature of farming. Check out their social media for
more information.*

Updated 6.3.25

