

**Use your Farmers Market benefits to purchase fresh, unprepared Maine grown fresh fruits, vegetables, and/or herbs.**

**You can also use your monthly CVB benefits to purchase any variety of fresh fruits and vegetables!**



**The following items are NOT allowed for purchase with your Farmers Market Benefits or CVB Benefits:**

Baked goods, plants, flowers, milk, cheese, cider, dried beans, dried herbs, eggs, honey, jams & jellies, maple syrup, meats, seafood, nuts, pickles etc.

**Reminder: create your Bnft app account before shopping!**



- Farmers Market benefits (eFMNP) are available on the Bnft app or mybnft.com.
- To use your benefits at the farmers market, show the barcode on the Bnft app or bring a printed copy of the barcode from mybnft.com.
- If the total exceeds your eFMNP balance, it will be deducted automatically from your monthly fruit and veggie amount (CVB).
- If the total exceeds your eFMNP and CVB combined, you may pay the remaining balance with an alternative form of payment.

**Please call 855-250-8945 if you have issues with the Bnft app such as login or logout**



**You have the right to file a complaint about any improper farmer or Farmer Market practices. A complaint may be filed by calling 1-800-437-9300 or emailing [WICvendor@maine.gov](mailto:WICvendor@maine.gov)**

(Revised 06/12/25)



York County  
**COMMUNITY  
ACTION**  
Corporation

This institution is an equal opportunity provider

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# WIC Approved Farm Stands and Farmers Markets

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This list will be updated throughout the season, so for the most up to date list:

- check the WICShopper app
- visit [Maine.gov/WIC](http://Maine.gov/WIC)

ME WIC does its best to keep this information current. Farmer's hours may vary. Please call or check social media for the most current hours.

Make sure to visit early in the day for the best selection!

## Farm Stands:

**Girard Farm** open 06/01-10/15  
207-332-4814 [girardfarm.com](http://girardfarm.com)  
385 Main St. Waterboro  
Tues-Fri 12pm-6pm, Sat 8am-1pm

**November's Harvest Farm** open 06/06-10/03  
207-310-0976  
46 Shaving Hill Rd. Limington  
\*Call for an appointment

**McDougal Orchards** open 08/09-10/31  
207-324-5054 [mcdougalorchards.com](http://mcdougalorchards.com)  
201 Hanson Ridge Rd. Sanford  
Sat-Wed 9am-5pm & Thurs-Fri 9am-6pm



## Farmers Markets:

**Cherry Hill Farmers Market** open 05/21-10/01  
(November's Harvest Farm)  
207-310-0976  
616 Main St. Gorham  
Wed 2pm-6pm

**Kennebunk Farmers Market** open 05/03-11/22  
(Tiny Roots Organic Farm, NR Batula Ismail, NR Seynab Ali)  
207-370-1524 [kennebunkfarmersmarket.com](http://kennebunkfarmersmarket.com)  
3 Garden St., at the Municipal parking lot  
Saturday 8am-12:30 pm

**Kittery Community Market** open 06/01-11/23  
(Tiny Roots Organic Farm)  
207-805-2025 [kitterycommunitymarket.com](http://kitterycommunitymarket.com)  
10 Shapleigh Rd, at Kittery Post Office  
Sunday 10am-2pm

**Portland Farmers Market** open 04/19-11/26  
(Alewives Brook Farm LLC, FSF Christine Pompeo, Goranson Farm, Tiny Acres Farm)  
207-382-6007 [portlandmainefarmersmarket.org](http://portlandmainefarmersmarket.org)  
92 Deering Ave, at Deering Oaks Park  
Sat. and Wed. 7am-1pm

**Saco Farmers Market** open 05/10-10/18  
(Alewives Brook Farm LLC, Girard Farm)  
207-710-1540 [sacofarmersmarket.com](http://sacofarmersmarket.com)  
4 Scammon St, at Saco Valley Shopping Ctr.  
Saturday 8am-12pm

**Scarborough Farmers Market** open 06/01-10/26  
(Girard Farm)  
207-799-7743  
259 US Route 1, Scarborough  
Sunday 9am-1pm

**South Portland Farmers Market** open 05/04-10/26  
(Alewives Brook Farm, NR Mohamed Abukar)  
207-799-7743  
25 Cottage Rd, at City Hall parking lot  
Sunday 10am-2pm

**Portland Winter Farmers Market** *\*Winter only\**  
open 12/06-04/11  
(Alewives Brook Farm LLC, Goranson Farm)  
207-382-6007  
631 Stevens Ave. Portland, at Maine Girls Academy Gym  
Saturday 9am-1pm