

# Colorectal Cancer (CRC) in Maine

2021 STATS AND FACTS FROM THE MAINE CANCER REGISTRY



706

NEW CASES IN 2021

6,691

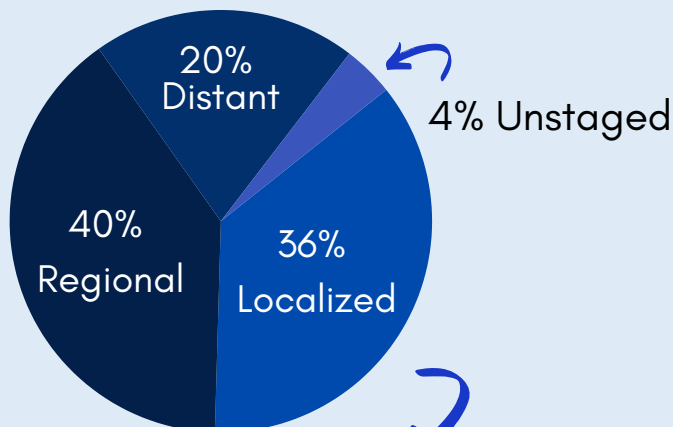
CRC SURVIVORS SINCE 2000<sup>+</sup>

CRC is the **3rd** leading cause of cancer death.

The 5-year relative survival is **67.7%**.<sup>1</sup>

Maine ranks **4th** in the US for CRC 5-year survival rate.<sup>2</sup>

## STAGE AT DIAGNOSIS DISTRIBUTION



Nearly **9 in 10**



people diagnosed at a localized stage will survive at least 5 years (vs 2 in 10 at a distant stage).<sup>4</sup>

## CRC CASES PER 100,000



## CRC MORTALITY PER 100,000



## Risk Factors

- Age
- Poor diet
- Obesity
- Physical inactivity
- Smoking
- Alcohol consumption



**7 in 10 people**

45-75 years old were up to date with their CRC screening in 2022.<sup>3\*</sup>

1, 2, 4. U.S. Cancer Statistics Data Visualizations Tool.

<https://www.cdc.gov/cancer/dataviz>

3. Behavioral Risk Factor Surveillance System (BRFSS).

+ Prevalence counts are an estimate of the number of survivors on 1/1/2022 who were diagnosed between 2000-2021.

\* In 2021, CRC screening recommendations changed from screening at age 50 to screening at age 45.

# MAINE CANCER REGISTRY



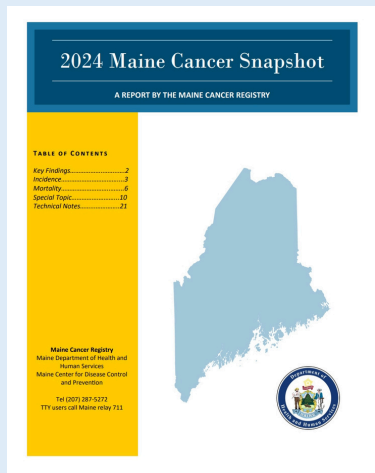
The MCR collects information about all newly diagnosed cancers in Maine residents to better understand cancer, identify areas in need of public health interventions, and improve cancer prevention, treatment and control.

## MAINE COLORECTAL CANCER CONTROL PROGRAM



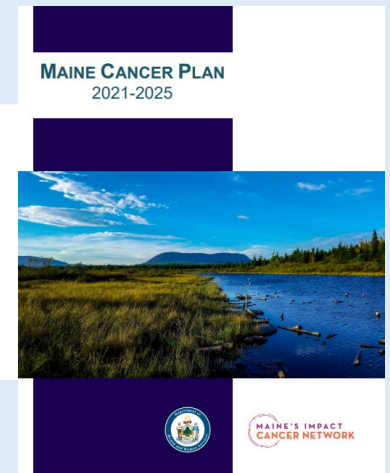
The purpose of the MCRCCP is to increase colorectal cancer screening rates among Maine residents between 45-75 years of age. Our program works with participating federally qualified health centers to use and strengthen strategies that have been shown to increase colorectal cancer screening, called evidence-based interventions.

## REPORTS



← Maine 2024 Annual Snapshot

Maine Cancer Plan 2021-2025 →



For more on screening options for CRC visit: [Screen Maine](#)

For more on health behaviors, chronic diseases, and social determinants of health in Maine visit: [Maine Community Health Needs Assessment](#)

Questions? Contact Colorectal Cancer Program Manager Gretchen Sminkey at [Gretchen.Sminkey@maine.gov](mailto:Gretchen.Sminkey@maine.gov)

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