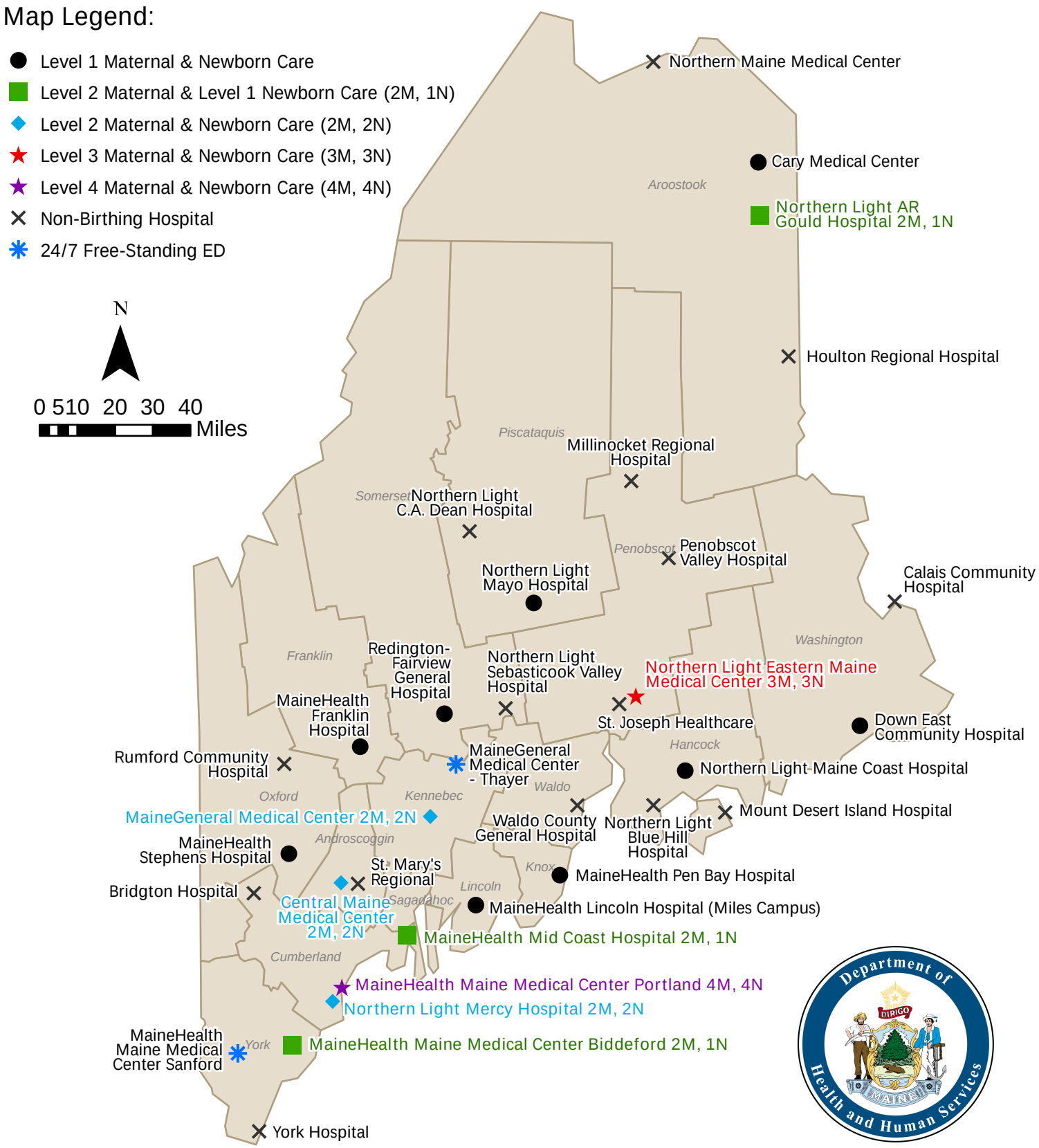
Maine Hospitals by Level of Maternal & Newborn Care 2025



Revised 09/09/2025

Birthing Hospital Name	Map Icon	Newborn Level of Care	Maternal Level of Care	OB Phone Number	Hospital Phone Number
Cary Medical Center	●	1	1	207-498-1179	207-498-3111
Central Maine Medical Center	◆	2	2	207-795-2530	207-795-0111
Down East Community Hospital	●	1	1	207-255-0242	207-255-3356
MaineGeneral Medical Center	◆	2	2	207-248-5230	207-626-1000
MaineHealth Franklin Hospital	●	1	1	207-779-2295	207-778-6031
MaineHealth Lincoln Hospital (Miles Campus)	●	1	1	207-563-4536	207-563-1234
MaineHealth Maine Medical Center Portland	★	4	4	207-662-2589	207-662-0111
MaineHealth Maine Medical Center Biddeford	■	1	2	207-283-7350	207-283-7000
MaineHealth Mid Coast Hospital	■	1	2	207-373-6500	207-373-6000
MaineHealth Pen Bay Medical Center	●	1	1	207-301-8343	207-301-8000
MaineHealth Stephens Hospital	●	1	1	207-744-6151	207-743-5933
Northern Light AR Gould Hospital	■	1	2	207-768-4330	207-768-4000
Northern Light Eastern Maine Medical Center	★	3	3	207-973-8730	207-973-7000
Northern Light Maine Coast Hospital	●	1	1	207-664-5464	207-664-5311
Northern Light Mayo Hospital	●	1	1	207-564-4293	207-564-8401
Northern Light Mercy Hospital	◆	2	2	207-553-6300	207-879-3000
Redington-Fairview General Hospital	●	1	1	207-858-2405	207-474-5121

Phone numbers for consultations/transfers for Level 3 and Level 4 hospitals in Maine

- MMC MFM and Neonatology (One Call): 207-662-6632
- NL-EMMC OB via Northern Light Health Integrated Transfer Center: 973-9000 and NLH EMMC Neonatology: 207-275-1082 (EMMC NICU)

Non-Birthing Hospitals

- Bridgton Hospital
- Calais Community Hospital
- Houlton Regional Hospital
- Millinocket Regional Hospital
- Mount Desert Island Hospital
- Northern Light Blue Hill Hospital
- Northern Light CA Dean Hospital
- Northern Light Sebasticook Valley Hospital
- Northern Maine Medical Center
- Penobscot Valley Hospital
- Rumford Community Hospital
- St. Joseph Healthcare
- St. Mary's Regional Medical Center
- Waldo County General Hospital
- York Hospital

24/7 Free Standing ED only (not a birthing facility)

- MaineGeneral Medical Center - Thayer
- MaineHealth Maine Medical Center Sanford

Last Updated: 09/09/25: Please send updates on phone numbers to the Maine CDC Maternal and Child Health Director (maryann.harakall@maine.gov) and the DHHS Child Health Officer (amy.belisle@maine.gov)