

Health Report Card

Maine CDC

Submitted to
The Joint Committee on
Health and Human Services

June 2016



Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

Legislative Mandate

The Maine CDC, in consultation with the Statewide Coordinating Council for Public Health, is mandated to produce an annual brief report card on health status statewide and for each district by June 1, based on MRS 22 Chapter 152 §413:

3. Report card on health. The Maine Center for Disease Control and Prevention, in consultation with the Statewide Coordinating Council for Public Health, shall develop, distribute and publicize an annual brief report card on health status statewide and for each district by June 1st of each year. The report card must include major diseases, evidence-based health risks and determinants that impact health.

[2009, c. 355, §5 (NEW) .]

Acknowledgements

The following District Report Card was created from the work of the Shared Health Needs Assessment and Planning, a partnership between Maine CDC and four health systems: Central Maine Health Care, Eastern Maine Health System, Maine General Health and Maine Health.

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I. Introduction

This report uses data analyzed for the 2016 Shared Community Health Needs Assessment (Shared CHNA). This assessment, conducted jointly by Maine CDC, Central Maine Healthcare, Eastern Maine Health System, Maine General Health and Maine Health, analyzed 160 health-related indicators by county, district and other sub-populations. In addition, a stakeholder survey was conducted in 2015 to identify perceptions of top priorities for health issues and factors that affect health where people live, work, learn and play (social determinants of health). The summary tables from the shared CHNA form the core of this report. More data from the shared CHNA can be found at www.maine.gov/SHNAPP/.

Due to the limitations in the data sources, data for the Tribal District is not available from the Shared CHNA. The data from the Tribal District summary was contributed by Maine's Tribes, and is from the Wapanahki Health Assessment.

Maine's Public Health Districts

There are nine public health districts; eight geographical public health districts, created from the sixteen counties and one Tribal public health district, which spreads across many of the geographical public health districts.

District level public health became operational in 2008 with eight defined districts, each having a District Coordinating Council and a district liaison. District liaisons are Maine CDC staff stationed in their respective districts to provide public health coordination and communication functions between the Maine CDC and the district public health community. District Coordinating Councils are representative district-wide bodies of local public health stakeholders working towards collaborative public health goals. They provide leadership in their communities for public health planning, programming and improved results.



For more information on the public health districts, please see their websites at <http://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/index.shtml>.

Maine Shared Community Health Needs Assessment County Summary: 2015

Aroostook County

Updated: October 2015

Maine Shared CHNA Health Indicators	Aroostook	Maine	U.S.
Demographics			
Total Population	70,055	1,328,302	319 Mil
Population – % ages 0-17	19.1%	19.7%	23.3%
Population – % ages 18-64	60.4%	62.6%	62.6%
Population – % ages 65+	20.6%	17.7%	14.1%
Population – % White	95.5%	95.2%	77.7%
Population – % Black or African American	0.8%	1.4%	13.2%
Population – % American Indian and Alaska Native	1.8%	0.7%	1.2%
Population – % Asian	0.5%	1.1%	5.3%
Population – % Hispanic	1.1%	1.4%	17.1%
Socioeconomic Status Measures			
Adults living in poverty	16.3%	13.6%	15.4%
Children living in poverty	23.7%	18.5%	21.6%
High school graduation rate	88.1%	86.5%	81.0%
Unemployment rate	7.6%	5.7%	6.2%
65+ living alone	45.5%	41.2%	37.7%
General Health Status			
Adults who rate their health fair to poor	21.0%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.5%	12.4%	NA
Adults with 14+ days lost due to poor physical health	17.2%	13.1%	NA
Adults with three or more chronic conditions	35.1%	27.6%	NA
Access			
Adults with a usual primary care provider	87.0%	87.7%	76.6%
MaineCare enrollment	37.4%	27.0%	23.0%
Percent uninsured	10.9%	10.4%	11.7%
Health Care Quality			
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,791.9	1,499.3	1457.5
Oral Health			
Adults with visits to a dentist in the past 12 months	51.9%	65.3%	67.2%
Respiratory			
Asthma emergency department visits per 10,000 population	113.5	67.3	NA
COPD hospitalizations per 100,000 population	380.7	216.3	NA
Current asthma (Adults)	13.2%	11.7%	9.0%
Current asthma (Youth 0-17)	13.6%†	9.1%	NA
Cancer			
Mortality – all cancers per 100,000 population	197.5	185.5	168.7
Mammograms females age 50+ in past two years	85.3%	82.1%	77.0%
Colorectal screening	72.2%	72.2%	NA
Pap smears females ages 21-65 in past three years	89.4%	88.0%	78.0%
Cardiovascular Disease			
Hypertension prevalence	40.7%	32.8%	31.4%
High cholesterol	47.7%	40.3%	38.4%
Diabetes			
Diabetes prevalence (ever been told)	14.2%	9.6%	9.7%
Pre-diabetes prevalence	9.5%	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	NA	73.2%	NA
Environmental Health			
Children with confirmed elevated blood lead levels (% among those screened)	0.7%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	3.8%	4.2%	NA
Homes with private wells tested for arsenic	30.2%	43.3%	NA
Immunization			
Adults immunized annually for influenza	36.5%	41.5%	NA

Maine Shared CHNA Health Indicators	Aroostook	Maine	U.S.
Adults immunized for pneumococcal pneumonia (ages 65 and older)	69.5%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	0.6%	3.7%	NA
Infectious Disease			
Hepatitis B (acute) incidence per 100,000 population	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	1.4†	2.3	0.7
Lyme disease incidence per 100,000 population	7.2†	105.3	10.5
Pertussis incidence per 100,000 population	97.9	41.9	10.3
STD/HIV			
Chlamydia incidence per 100,000 population	161.3	265.5	452.2
Gonorrhea incidence per 100,000 population	1.4†	17.8	109.8
Intentional Injury			
Nonfatal child maltreatment per 1,000 population	NA	14.6	9.1
Suicide deaths per 100,000 population	14.5	15.2	12.6
Unintentional Injury			
Unintentional and undetermined intent poisoning deaths per 100,000 population	9.9	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	427.9	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	14.2	10.8	10.5
Mental Health			
Adults who have ever had anxiety	21.5%	19.4%	NA
Adults who have ever had depression	23.2%	23.5%	18.7%
Co-morbidity for persons with mental illness	NA	35.2%	NA
Physical Activity, Nutrition and Weight			
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	27.7%	22.4%	25.3%
Obesity (Adults)	38.3%	28.9%	29.4%
Obesity (High School Students)	11.5%	12.7%	13.7%
Overweight (Adults)	31.1%	36.0%	35.4%
Overweight (High School Students)	18.1%	16.0%	16.6%
Pregnancy and Birth Outcomes			
Infant deaths per 1,000 live births	6.4	6.0	6.0
Live births for which the mother received early and adequate prenatal care	85.1%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	25.5	20.5	26.5
Low birth weight (<2500 grams)	7.6%	6.6%	8.0%
Substance and Alcohol Abuse			
Binge drinking of alcoholic beverages (Adults)	13.9%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	8.9%	7.8%	NA
Past-30-day alcohol use (High School Students)	26.5%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	16.5%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.8%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.0%	5.6%	NA
Tobacco Use			
Current smoking (Adults)	22.8%	20.2%	19.0%
Current tobacco use (High School Students)	18.4%	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

Maine Shared Community Health Needs Assessment

District Summary: 2015

Central District

Updated: October 2015

Maine Shared CHNA Health Indicators	Central	Kennebec	Somerset	Maine	U.S.
Demographics					
Total Population	172,870	121,164	51,706	1,328,302	319 Mil
Population – % ages 0-17	20.0%	19.9%	20.3%	19.7%	23.3%
Population – % ages 18-64	62.5%	63.0%	61.5%	62.6%	62.6%
Population – % ages 65+	17.5%	17.1%	18.3%	17.7%	14.1%
Population – % White	96.6%	96.4%	97.0%	95.2%	77.7%
Population – % Black or African American	0.6%	0.6%	0.5%	1.4%	13.2%
Population – % American Indian and Alaska Native	0.5%	0.5%	0.5%	0.7%	1.2%
Population – % Asian	0.7%	0.8%	0.6%	1.1%	5.3%
Population – % Hispanic	1.3%	1.4%	1.0%	1.4%	17.1%
Socioeconomic Status Measures					
Adults living in poverty	14.8%	13.4%	17.8%	13.6%	15.4%
Children living in poverty	19.9%	17.7%	24.9%	18.5%	21.6%
High school graduation rate	84.9%	85.5%	83.9%	86.5%	81.0%
Unemployment rate	6.1%	5.4%	7.9%	5.7%	6.2%
65+ living alone	40.7%	42.7%	36.3%	41.2%	37.7%
General Health Status					
Adults who rate their health fair to poor	17.9%	16.1%	22.1%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	14.3%	14.0%	14.9%	12.4%	NA
Adults with 14+ days lost due to poor physical health	15.0%	14.1%	17.1%	13.1%	NA
Adults with three or more chronic conditions	29.2%	27.7%	32.5%	27.6%	NA
Access					
Adults with a usual primary care provider	87.3%	88.0%	85.5%	87.7%	76.6%
MaineCare enrollment	30.9%	29.0%	35.5%	27.0%	23.0%
Percent uninsured	10.2%	9.6%	12.2%	10.4%	11.7%
Health Care Quality					
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,472.2	1,390.4	1,665.2	1,499.3	1458
Oral Health					
Adults with visits to a dentist in the past 12 months	64.8%	67.4%	59.1%	65.3%	67.2%
Respiratory					
Asthma emergency department visits per 10,000 population	77.5	67.6	101.2	67.3	NA
COPD hospitalizations per 100,000 population	191.1	166.5	246.8	216.3	NA
Current asthma (Adults)	13.1%	12.6%	14.4%	11.7%	9.0%
Current asthma (Youth 0-17)	11.2%†	10.7%†	12.1%†	9.1%	NA
Cancer					
Mortality – all cancers per 100,000 population	200.8	199.4	204.9	185.5	169
Mammograms females age 50+ in past two years	82.9%	82.9%	82.8%	82.1%	77.0%
Colorectal screening	75.2%	77.7%	70.1%	72.2%	NA
Pap smears females ages 21-65 in past three years	85.9%	85.7%	86.7%	88.0%	78.0%

Maine Shared CHNA Health Indicators	Central	Kennebec	Somerset	Maine	U.S.
Cardiovascular Disease					
Hypertension prevalence	34.6%	32.4%	39.6%	32.8%	31.4%
High cholesterol	41.0%	40.0%	43.3%	40.3%	38.4%
Diabetes					
Diabetes prevalence (ever been told)	10.2%	9.5%	11.8%	9.6%	9.7%
Pre-diabetes prevalence	6.0%	5.0%	8.1%†	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	70.4%	NA	NA	73.2%	NA
Environmental Health					
Children with confirmed elevated blood lead levels (% among those screened)	2.3%	2.3%	2.4%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	6.9%	5.7%	9.1%	4.2%	NA
Homes with private wells tested for arsenic	52.6%	56.5%	45.4%	43.3%	NA
Immunization					
Adults immunized annually for influenza	41.6%	43.4%	37.6%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	73.7%	74.0%	73.1%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	3.4%	3.1%	3.9%	3.7%	NA
Infectious Disease					
Hepatitis B (acute) incidence per 100,000 population	2.9†	4.1†	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	2.9†	3.3†	2.0†	2.3	0.7
Lyme disease incidence per 100,000 population	90.0	113.9	33.2†	105.3	10.5
Pertussis incidence per 100,000 population	35.4	14.0†	86.0	41.9	10.3
STD/HIV					
Chlamydia incidence per 100,000 population	276.3	295.6	230.6	265.5	452
Gonorrhea incidence per 100,000 population	16.3	19.0	9.8†	17.8	110
Intentional Injury					
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	15.6	14.7	17.7	15.2	12.6
Unintentional Injury					
Unintentional and undetermined intent poisoning deaths per 100,000 population	12.7	13.6	10.4	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	421.0	400.1	470.7	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	12.5	12.0	13.8	10.8	10.5
Mental Health					
Adults who have ever had anxiety	20.9%	20.5%	21.8%	19.4%	NA
Adults who have ever had depression	24.8%	24.1%	26.5%	23.5%	18.7%
Co-morbidity for persons with mental illness	38.1%	36.0%	NA	35.2%	NA
Physical Activity, Nutrition and Weight					
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	24.6%	22.6%	29.3%	22.4%	25.3%
Obesity (Adults)	30.0%	28.3%	33.8%	28.9%	29.4%
Obesity (High School Students)	15.2%	14.3%	16.9%	12.7%	13.7%
Overweight (Adults)	38.9%	38.8%	39.0%	36.0%	35.4%
Overweight (High School Students)	16.9%	16.7%	17.4%	16.0%	16.6%
Pregnancy and Birth Outcomes					
Infant deaths per 1,000 live births	6.2	5.7	7.5	6.0	6.0

Maine Shared CHNA Health Indicators	Central	Kennebec	Somerset	Maine	U.S.
Live births for which the mother received early and adequate prenatal care	79.7%	81.3%	75.5%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	24.9	23.7	27.8	20.5	26.5
Low birth weight (<2500 grams)	6.7%	6.9%	6.1%	6.6%	8.0%
Substance and Alcohol Abuse					
Binge drinking of alcoholic beverages (Adults)	16.1%	15.5%	17.3%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	9.4%	8.3%	12.3%	7.8%	NA
Past-30-day alcohol use (High School Students)	24.4%	24.0%	25.1%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	20.5%	20.0%	21.6%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	0.9%†	0.1%†	2.5%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	4.3%	4.5%	4.1%	5.6%	NA
Tobacco Use					
Current smoking (Adults)	20.4%	17.9%	26.1%	20.2%	19.0%
Current tobacco use (High School Students)	19.0%	18.6%	19.6%	18.2%	22.4%

 Indicates district/county is significantly better than state average (using a 95% confidence level).

 Indicates district/county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

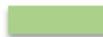
Maine Shared Community Health Needs Assessment County Summary: 2015

Cumberland County

Updated: October 2015

Maine Shared CHNA Health Indicators	Cumberland	Maine	U.S.
Demographics			
Total Population	285,456	1,328,302	319 Mil
Population – % ages 0-17	19.8%	19.7%	23.3%
Population – % ages 18-64	64.3%	62.6%	62.6%
Population – % ages 65+	15.9%	17.7%	14.1%
Population – % White	92.9%	95.2%	77.7%
Population – % Black or African American	2.8%	1.4%	13.2%
Population – % American Indian and Alaska Native	0.4%	0.7%	1.2%
Population – % Asian	2.2%	1.1%	5.3%
Population – % Hispanic	1.9%	1.4%	17.1%
Socioeconomic Status Measures			
Adults living in poverty	11.4%	13.6%	15.4%
Children living in poverty	15.7%	18.5%	21.6%
High school graduation rate	88.2%	86.5%	81.0%
Unemployment rate	4.4%	5.7%	6.2%
65+ living alone	43.1%	41.2%	37.7%
General Health Status			
Adults who rate their health fair to poor	11.5%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.4%	12.4%	NA
Adults with 14+ days lost due to poor physical health	10.6%	13.1%	NA
Adults with three or more chronic conditions	23.2%	27.6%	NA
Access			
Adults with a usual primary care provider	89.5%	87.7%	76.6%
MaineCare enrollment	19.0%	27.0%	23.0%
Percent uninsured	8.9%	10.4%	11.7%
Health Care Quality			
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,167.5	1,499.3	1457.5
Oral Health			
Adults with visits to a dentist in the past 12 months	72.8%	65.3%	67.2%
Respiratory			
Asthma emergency department visits per 10,000 population	57.3	67.3	NA
COPD hospitalizations per 100,000 population	159.1	216.3	NA
Current asthma (Adults)	10.8%	11.7%	9.0%
Current asthma (Youth 0-17)	8.6%†	9.1%	NA
Cancer			
Mortality – all cancers per 100,000 population	174.9	185.5	168.7
Mammograms females age 50+ in past two years	83.1%	82.1%	77.0%
Colorectal screening	72.5%	72.2%	NA
Pap smears females ages 21-65 in past three years	91.6%	88.0%	78.0%
Cardiovascular Disease			
Hypertension prevalence	29.5%	32.8%	31.4%
High cholesterol	36.7%	40.3%	38.4%
Diabetes			
Diabetes prevalence (ever been told)	7.6%	9.6%	9.7%
Pre-diabetes prevalence	6.9%	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	78.3%	73.2%	NA
Environmental Health			
Children with confirmed elevated blood lead levels (% among those screened)	3.2%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	2.5%	4.2%	NA
Homes with private wells tested for arsenic	53.1%	43.3%	NA
Immunization			
Adults immunized annually for influenza	43.4%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	73.2%	72.4%	69.5%

Maine Shared CHNA Health Indicators	Cumberland	Maine	U.S.
Immunization exemptions among kindergarteners for philosophical reasons	4.7%	3.7%	NA
Infectious Disease			
Hepatitis B (acute) incidence per 100,000 population	0.3†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	1.4†	2.3	0.7
Lyme disease incidence per 100,000 population	117.4	105.3	10.5
Pertussis incidence per 100,000 population	10.4	41.9	10.3
STD/HIV			
Chlamydia incidence per 100,000 population	287.4	265.5	452.2
Gonorrhea incidence per 100,000 population	20.8	17.8	109.8
Intentional Injury			
Nonfatal child maltreatment per 1,000 population	NA	14.6	9.1
Suicide deaths per 100,000 population	13.4	15.2	12.6
Unintentional Injury			
Unintentional and undetermined intent poisoning deaths per 100,000 population	11.7	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	306.0	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	6.4	10.8	10.5
Mental Health			
Adults who have ever had anxiety	18.8%	19.4%	NA
Adults who have ever had depression	23.1%	23.5%	18.7%
Co-morbidity for persons with mental illness	29.2%	35.2%	NA
Physical Activity, Nutrition and Weight			
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	16.9%	22.4%	25.3%
Obesity (Adults)	23.7%	28.9%	29.4%
Obesity (High School Students)	9.3%	12.7%	13.7%
Overweight (Adults)	35.1%	36.0%	35.4%
Overweight (High School Students)	13.9%	16.0%	16.6%
Pregnancy and Birth Outcomes			
Infant deaths per 1,000 live births	5.7	6.0	6.0
Live births for which the mother received early and adequate prenatal care	85.9%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	12.2	20.5	26.5
Low birth weight (<2500 grams)	6.5%	6.6%	8.0%
Substance and Alcohol Abuse			
Binge drinking of alcoholic beverages (Adults)	20.7%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	3.9%	7.8%	NA
Past-30-day alcohol use (High School Students)	25.6%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	22.0%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.0%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.5%	5.6%	NA
Tobacco Use			
Current smoking (Adults)	17.0%	20.2%	19.0%
Current tobacco use (High School Students)	16.4%	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

Maine Shared Community Health Needs Assessment

District Summary: 2015

Downeast District

Updated: October 2015

Maine Shared CHNA Health Indicators	Downeast	Hancock	Washington	Maine	U.S.
Demographics					
Total Population	87,035	54,845	32,190	1,328,302	319 Mil
Population – % ages 0-17	18.1%	17.6%	18.9%	19.7%	23.3%
Population – % ages 18-64	61.0%	61.7%	59.7%	62.6%	62.6%
Population – % ages 65+	20.9%	20.7%	21.4%	17.7%	14.1%
Population – % White	94.9%	96.7%	92.0%	95.2%	77.7%
Population – % Black or African American	0.6%	0.6%	0.6%	1.4%	13.2%
Population – % American Indian and Alaska Native	2.2%	0.5%	5.1%	0.7%	1.2%
Population – % Asian	0.9%	1.0%	0.5%	1.1%	5.3%
Population – % Hispanic	1.5%	1.3%	1.7%	1.4%	17.1%
Socioeconomic Status Measures					
Adults living in poverty	16.0%	14.0%	19.5%	13.6%	15.4%
Children living in poverty	23.3%	21.5%	26.2%	18.5%	21.6%
High school graduation rate	86.2%	84.3%	89.4%	86.5%	81.0%
Unemployment rate	7.5%	7.0%	8.4%	5.7%	6.2%
65+ living alone	42.6%	41.4%	44.3%	41.2%	37.7%
General Health Status					
Adults who rate their health fair to poor	17.2%	15.2%	20.4%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	10.9%	9.9%	12.6%	12.4%	NA
Adults with 14+ days lost due to poor physical health	12.6%	11.6%	14.4%	13.1%	NA
Adults with three or more chronic conditions	28.4%	26.6%	31.6%	27.6%	NA
Access					
Adults with a usual primary care provider	84.9%	85.7%	83.6%	87.7%	76.6%
MaineCare enrollment	29.8%	23.6%	40.3%	27.0%	23.0%
Percent uninsured	14.1%	14.7%	13.7%	10.4%	11.7%
Health Care Quality					
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,677.3	1,600.0	1,809.0	1,499.3	1458
Oral Health					
Adults with visits to a dentist in the past 12 months	63.2%	67.6%	56.9%	65.3%	67.2%
Respiratory					
Asthma emergency department visits per 10,000 population	83.6	62.5	118.0	67.3	NA
COPD hospitalizations per 100,000 population	207.2	220.8	187.7	216.3	NA
Current asthma (Adults)	10.4%	10.5%	10.2%	11.7%	9.0%
Current asthma (Youth 0-17)	7.1%†	4.4%†	10.9%†	9.1%	NA
Cancer					
Mortality – all cancers per 100,000 population	186.1	171.4	210.5	185.5	169
Mammograms females age 50+ in past two years	77.6%	82.9%	70.0%	82.1%	77.0%
Colorectal screening	70.1%	73.0%	66.3%	72.2%	NA
Pap smears females ages 21-65 in past three years	80.5%	79.0%	82.6%	88.0%	78.0%

Maine Shared CHNA Health Indicators	Downeast	Hancock	Washington	Maine	U.S.
Cardiovascular Disease					
Hypertension prevalence	38.1%	37.3%	39.7%	32.8%	31.4%
High cholesterol	42.6%	40.7%	45.9%	40.3%	38.4%
Diabetes					
Diabetes prevalence (ever been told)	9.5%	8.9%	10.4%	9.6%	9.7%
Pre-diabetes prevalence	5.2%	6.5%†	3.4%†	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	NA	NA	NA	73.2%	NA
Environmental Health					
Children with confirmed elevated blood lead levels (% among those screened)	1.4%	1.5%	1.2%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	4.3%	3.3%	5.3%	4.2%	NA
Homes with private wells tested for arsenic	47.4%	54.9%	34.1%	43.3%	NA
Immunization					
Adults immunized annually for influenza	39.8%	38.4%	42.0%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	64.5%	62.3%	68.0%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	6.5%	10.0%	0.4%	3.7%	NA
Infectious Disease					
Hepatitis B (acute) incidence per 100,000 population	2.3†	1.8†	3.1†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	3.5†	1.8†	6.3†	2.3	0.7
Lyme disease incidence per 100,000 population	154.9	219.4	44.0†	105.3	10.5
Pertussis incidence per 100,000 population	55.5	14.6†	125.8	41.9	10.3
STD/HIV					
Chlamydia incidence per 100,000 population	161.8	164.5	157.2	265.5	452
Gonorrhea incidence per 100,000 population	8.1†	3.7†	15.7†	17.8	110
Intentional Injury					
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	18.0	16.1	21.1	15.2	12.6
Unintentional Injury					
Unintentional and undetermined intent poisoning deaths per 100,000 population	12.1	10.0	15.6	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	349.5	309.8	415.6	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	16.4	14.5	19.5	10.8	10.5
Mental Health					
Adults who have ever had anxiety	17.5%	15.7%	20.1%	19.4%	NA
Adults who have ever had depression	21.8%	21.1%	23.0%	23.5%	18.7%
Co-morbidity for persons with mental illness	38.1%	NA	40.0%	35.2%	NA
Physical Activity, Nutrition and Weight					
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	23.0%	20.1%	27.9%	22.4%	25.3%
Obesity (Adults)	30.0%	29.8%	30.4%	28.9%	29.4%
Obesity (High School Students)	NA	NA	15.9%	12.7%	13.7%
Overweight (Adults)	36.5%	37.3%	35.0%	36.0%	35.4%
Overweight (High School Students)	NA	NA	17.1%	16.0%	16.6%
Pregnancy and Birth Outcomes					
Infant deaths per 1,000 live births	4.0	3.8	4.3	6.0	6.0

Maine Shared CHNA Health Indicators	Downeast	Hancock	Washington	Maine	U.S.
Live births for which the mother received early and adequate prenatal care	88.2%	90.9%	84.3%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	23.0	19.2	28.7	20.5	26.5
Low birth weight (<2500 grams)	5.7%	6.4%	4.7%	6.6%	8.0%
Substance and Alcohol Abuse					
Binge drinking of alcoholic beverages (Adults)	16.2%	15.7%	17.0%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	10.0%	7.6%	13.9%	7.8%	NA
Past-30-day alcohol use (High School Students)	NA	NA	28.2%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	NA	NA	23.6%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	0.7%†	1%†	0.3%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	NA	NA	4.2%	5.6%	NA
Tobacco Use					
Current smoking (Adults)	19.1%	14.2%†	28.8%	20.2%	19.0%
Current tobacco use (High School Students)	NA	NA	23.6%	18.2%	22.4%

 Indicates district/county is significantly better than state average (using a 95% confidence level).

 Indicates district/county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

Maine Shared Community Health Needs Assessment

District Summary: 2015

Midcoast District

Updated: October 2015

Maine Shared CHNA Health Indicators	Midcoast	Knox	Lincoln	Sagadahoc	Waldo	Maine	U.S.
Demographics							
Total Population	147,591	39,550	34,088	35,013	38,940	1,328,302	319 Mil
Population – % ages 0-17	19.1%	18.6%	17.7%	19.9%	20.0%	19.7%	23.3%
Population – % ages 18-64	60.1%	59.7%	57.7%	61.3%	61.4%	62.6%	62.6%
Population – % ages 65+	20.8%	21.7%	24.6%	18.8%	18.6%	17.7%	14.1%
Population – % White	96.9%	97.0%	97.4%	96.3%	97.0%	95.2%	77.7%
Population – % Black or African American	0.6%	0.6%	0.4%	0.8%	0.5%	1.4%	13.2%
Population – % American Indian and Alaska Native	0.4%	0.4%	0.3%	0.4%	0.5%	0.7%	1.2%
Population – % Asian	0.6%	0.5%	0.6%	0.8%	0.5%	1.1%	5.3%
Population – % Hispanic	1.1%	1.1%	0.9%	1.5%	1.1%	1.4%	17.1%
Socioeconomic Status Measures							
Adults living in poverty	12.5%	10.8%	11.7%	11.1%	16.4%	13.6%	15.4%
Children living in poverty	18.5%	14.6%	19.8%	17.2%	22.2%	18.5%	21.6%
High school graduation rate	84.3%	86.2%	88.9%	77.9%	85.4%	86.5%	81.0%
Unemployment rate	5.5%	5.2%	5.9%	4.6%	6.1%	5.7%	6.2%
65+ living alone	38.9%	41.5%	34.3%	37.3%	42.3%	41.2%	37.7%
General Health Status							
Adults who rate their health fair to poor	14.1%	14.5%	12.5%	13.6%	15.9%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.3%	12.3%	11.8%	11.3%	9.7%	12.4%	NA
Adults with 14+ days lost due to poor physical health	12.3%	11.8%	11.3%	11.1%	14.8%	13.1%	NA
Adults with three or more chronic conditions	27.2%	24.9%	26.1%	29.4%	28.7%	27.6%	NA
Access							
Adults with a usual primary care provider	89.9%	88.5%	93.6%	90.6%	87.1%	87.7%	76.6%
MaineCare enrollment	25.4%	25.5%	23.6%	21.0%	30.7%	27.0%	23.0%
Percent uninsured	11.2%	13.0%	11.9%	8.0%	12.3%	10.4%	11.7%
Health Care Quality							
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,504.7	1,609.9	1,353.7	1,530.0	1,509.1	1,499.3	1458
Oral Health							
Adults with visits to a dentist in the past 12 months	65.2%	67.4%	66.8%	64.8%	62.2%	65.3%	67.2%
Respiratory							
Asthma emergency department visits per 10,000 population	53.1	60.8	49.3	50.5	50.9	67.3	NA
COPD hospitalizations per 100,000 population	183.0	153.7	175.5	238.0	180.7	216.3	NA
Current asthma (Adults)	10.8%	11.2%	8.3%	12.6%	11.2%	11.7%	9.0%
Current asthma (Youth 0-17)	6.5%†	9.6%†	3.1%†	6.7%†	5.7%†	9.1%	NA
Cancer							
Mortality – all cancers per 100,000 population	174.2	173.8	167.8	166.8	189.2	185.5	169
Mammograms females age 50+ in past two years	78.2%	78.4%	78.9%	84.9%	71.7%	82.1%	77.0%
Colorectal screening	69.6%	70.1%	75.0%	73.0%	61.2%	72.2%	NA
Pap smears females ages 21-65 in past three years	88.7%	89.6%	88.9%	90.6%	85.8%	88.0%	78.0%
Cardiovascular Disease							
Hypertension prevalence	35.9%	29.6%	37.9%	42.3%	34.9%	32.8%	31.4%

Maine Shared CHNA Health Indicators	Midcoast	Knox	Lincoln	Sagadahoc	Waldo	Maine	U.S.
High cholesterol	39.3%	37.6%	41.3%	39.8%	38.4%	40.3%	38.4%
Diabetes							
Diabetes prevalence (ever been told)	9.0%	8.0%	9.1%	9.5%	9.4%	9.6%	9.7%
Pre-diabetes prevalence	7.4%	8.0%	9.2%	6.6%†	5.9%†	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	74.6%	NA	NA	NA	NA	73.2%	NA
Environmental Health							
Children with confirmed elevated blood lead levels (% among those screened)	3.3%	5.0%	4.5%	3.3%	1.3%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	2.8%	2.0%	2.0%	1.4%	5.0%	4.2%	NA
Homes with private wells tested for arsenic	39.6%	47.4%	31.8%	38.9%	41.9%	43.3%	NA
Immunization							
Adults immunized annually for influenza	43.6%	41.9%	47.0%	47.0%	39.0%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	70.8%	69.3%	69.8%	74.4%	70.2%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	4.7%	5.7%	2.5%	3.0%	6.5%	3.7%	NA
Infectious Disease							
Hepatitis B (acute) incidence per 100,000 population	0.0†	0.0†	0.0†	0.0†	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	2.7†	5.0†	5.9†	0.0†	0.0†	2.3	0.7
Lyme disease incidence per 100,000 population	203.5	267.2	240.0	182.6	125.5	105.3	10.5
Pertussis incidence per 100,000 population	66.9	45.4†	58.5	25.7†	133.2	41.9	10.3
STD/HIV							
Chlamydia incidence per 100,000 population	197.4	128.5	187.3	219.7	256.1	265.5	452
Gonorrhea incidence per 100,000 population	9.5†	7.6†	8.8†	11.4†	10.2†	17.8	110
Intentional Injury							
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	16.3	15.2	20.3	15.2	15.5	15.2	12.6
Unintentional Injury							
Unintentional and undetermined intent poisoning deaths per 100,000 population	10.8	12.3	9.4†	7.1†	13.6	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	390.3	416.5	396.5	360.2	383.9	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	12.3	14.8	10.3	9.1†	14.6	10.8	10.5
Mental Health							
Adults who have ever had anxiety	17.1%	18.3%	16.0%	17.7%	16.5%	19.4%	NA
Adults who have ever had depression	23.0%	24.0%	23.0%	24.2%	20.8%	23.5%	18.7%
Co-morbidity for persons with mental illness	32.9%	26.2%	NA	NA	NA	35.2%	NA
Physical Activity, Nutrition and Weight							
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	21.8%	19.5%	23.7%	19.1%	24.8%	22.4%	25.3%
Obesity (Adults)	25.0%	24.3%	22.4%	24.4%	29.2%	28.9%	29.4%
Obesity (High School Students)	13.2%	NA	13.4%	12.8%	NA	12.7%	13.7%
Overweight (Adults)	40.1%	33.8%	40.8%	46.7%	40.1%	36.0%	35.4%
Overweight (High School Students)	17.8%	NA	20.7%	15.7%	NA	16.0%	16.6%
Pregnancy and Birth Outcomes							
Infant deaths per 1,000 live births	5.6	6.2	3.4	5.2	7.2	6.0	6.0
Live births for which the mother received early and adequate prenatal care	86.8%	88.5%	90.5%	90.5%	79.5%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	24.2	24.5	20.0	22.5	28.4	20.5	26.5
Low birth weight (<2500 grams)	6.1%	6.6%	5.7%	5.2%	6.6%	6.6%	8.0%
Substance and Alcohol Abuse							
Binge drinking of alcoholic beverages (Adults)	15.6%	15.3%	16.9%	17.0%	13.3%	17.4%	16.8%

Maine Shared CHNA Health Indicators	Midcoast	Knox	Lincoln	Sagadahoc	Waldo	Maine	U.S.
Drug-affected baby referrals received as a percentage of all live births	6.8%	5.7%	10.7%	2.2%	9.6%	7.8%	NA
Past-30-day alcohol use (High School Students)	26.9%	NA	24.9%	29.0%	NA	26.0%	34.9%
Past-30-day marijuana use (High School Students)	25.1%	NA	22.8%	28.0%	NA	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.7%†	2.4%†	1.6%†	1.8%†	1.0%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.7%	NA	4.1%	7.9%	NA	5.6%	NA
Tobacco Use							
Current smoking (Adults)	17.7%	24.5%	12.5%†	17.2%†	15.4%†	20.2%	19.0%
Current tobacco use (High School Students)	19.7%	NA	16.7%	24.0%	NA	18.2%	22.4%

 Indicates district/county is significantly better than state average (using a 95% confidence level).

 Indicates district/county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

Maine Shared Community Health Needs Assessment

District Summary: 2015

Penquis District

Updated: October 2015

Maine Shared CHNA Health Indicators	Penquis	Penobscot	Piscataquis	Maine	U.S.
Demographics					
Total Population	170,488	153,364	17,124	1,328,302	319 Mil
Population – % ages 0-17	18.7%	18.8%	17.9%	19.7%	23.3%
Population – % ages 18-64	64.6%	65.2%	59.2%	62.6%	62.6%
Population – % ages 65+	16.7%	16.0%	22.9%	17.7%	14.1%
Population – % White	95.5%	95.4%	96.8%	95.2%	77.7%
Population – % Black or African American	0.8%	0.9%	0.5%	1.4%	13.2%
Population – % American Indian and Alaska Native	1.1%	1.2%	0.6%	0.7%	1.2%
Population – % Asian	1.0%	1.0%	0.8%	1.1%	5.3%
Population – % Hispanic	1.2%	1.2%	1.1%	1.4%	17.1%
Socioeconomic Status Measures					
Adults living in poverty	17.2%	17.0%	18.5%	13.6%	15.4%
Children living in poverty	21.6%	20.8%	28.9%	18.5%	21.6%
High school graduation rate	86.6%	86.9%	83.3%	86.5%	81.0%
Unemployment rate	6.3%	6.2%	7.5%	5.7%	6.2%
65+ living alone	40.5%	40.5%	40.0%	41.2%	37.7%
General Health Status					
Adults who rate their health fair to poor	18.1%	18.3%	17.1%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	13.7%	13.8%	13.2%	12.4%	NA
Adults with 14+ days lost due to poor physical health	13.9%	14.0%	13.3%	13.1%	NA
Adults with three or more chronic conditions	29.6%	29.7%	29.0%	27.6%	NA
Access					
Adults with a usual primary care provider	86.4%	86.4%	86.8%	87.7%	76.6%
MaineCare enrollment	29.9%	29.2%	35.8%	27.0%	23.0%
Percent uninsured	10.8%	10.6%	14.4%	10.4%	11.7%
Health Care Quality					
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,993.4	1,981.9	2,095.3	1,499.3	1458
Oral Health					
Adults with visits to a dentist in the past 12 months	64.2%	63.8%	66.5%	65.3%	67.2%
Respiratory					
Asthma emergency department visits per 10,000 population	56.3	55.5	67.6	67.3	NA
COPD hospitalizations per 100,000 population	307.2	307.1	312.4	216.3	NA
Current asthma (Adults)	13.1%	13.4%	11.0%	11.7%	9.0%
Current asthma (Youth 0-17)	10.4%†	10.9%†	7.4%†	9.1%	NA
Cancer					
Mortality – all cancers per 100,000 population	190.4	189.4	197.4	185.5	169
Mammograms females age 50+ in past two years	85.3%	85.4%	84.8%	82.1%	77.0%
Colorectal screening	72.9%	72.7%	73.7%	72.2%	NA
Pap smears females ages 21-65 in past three years	89.3%	89.0%	91.4%	88.0%	78.0%

Maine Shared CHNA Health Indicators	Penquis	Penobscot	Piscataquis	Maine	U.S.
Cardiovascular Disease					
Hypertension prevalence	33.9%	33.5%	36.9%	32.8%	31.4%
High cholesterol	41.7%	42.1%	39.5%	40.3%	38.4%
Diabetes					
Diabetes prevalence (ever been told)	10.6%	10.3%	12.1%	9.6%	9.7%
Pre-diabetes prevalence	7.1%	7.1%	6.8%†	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	76.6%	78.1%	NA	73.2%	NA
Environmental Health					
Children with confirmed elevated blood lead levels (% among those screened)	1.9%	1.6%	5.5%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	2.0%	2.1%	1.4%	4.2%	NA
Homes with private wells tested for arsenic	35.2%	35.5%	33.7%	43.3%	NA
Immunization					
Adults immunized annually for influenza	43.3%	44.2%	37.6%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	76.8%	77.0%	76.2%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	3.1%	2.9%	4.8%	3.7%	NA
Infectious Disease					
Hepatitis B (acute) incidence per 100,000 population	0.6†	0.7†	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	4.1†	4.6†	0.0†	2.3	0.7
Lyme disease incidence per 100,000 population	30.5	32.6	11.7†	105.3	10.5
Pertussis incidence per 100,000 population	73.3	63.2	164.5	41.9	10.3
STD/HIV					
Chlamydia incidence per 100,000 population	336.2	350.0	211.4	265.5	452
Gonorrhea incidence per 100,000 population	10.6†	11.7†	0.0†	17.8	110
Intentional Injury					
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	15.9	15.3	21.8†	15.2	12.6
Unintentional Injury					
Unintentional and undetermined intent poisoning deaths per 100,000 population	11.1	11.1	11.1†	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	311.5	303.3	392.3	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	9.8	10.0	8.2†	10.8	10.5
Mental Health					
Adults who have ever had anxiety	21.5%	21.8%	19.7%	19.4%	NA
Adults who have ever had depression	25.2%	25.8%	21.8%	23.5%	18.7%
Co-morbidity for persons with mental illness	32.9%	33.6%	NA	35.2%	NA
Physical Activity, Nutrition and Weight					
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	26.1%	25.8%	28.2%	22.4%	25.3%
Obesity (Adults)	33.5%	32.4%	NA	28.9%	29.4%
Obesity (High School Students)	14.6%	14.8%	14.1%	12.7%	13.7%
Overweight (Adults)	35.9%	36.7%	30.2%	36.0%	35.4%
Overweight (High School Students)	15.8%	15.9%	15.5%	16.0%	16.6%
Pregnancy and Birth Outcomes					
Infant deaths per 1,000 live births	6.5	6.6	6.5	6.0	6.0

Maine Shared CHNA Health Indicators	Penquis	Penobscot	Piscataquis	Maine	U.S.
Live births for which the mother received early and adequate prenatal care	90.0%	90.9%	80.6%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	18.7	18.2	24.4	20.5	26.5
Low birth weight (<2500 grams)	6.2%	6.3%	4.7%	6.6%	8.0%
Substance and Alcohol Abuse					
Binge drinking of alcoholic beverages (Adults)	16.2%	16.2%	16.0%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	15.6%	16.0%	11.9%	7.8%	NA
Past-30-day alcohol use (High School Students)	27.7%	28.1%	27.0%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	20.0%	21.0%	15.8%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.1%†	1.4%†	NA	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.8%	6.3%	3.9%	5.6%	NA
Tobacco Use					
Current smoking (Adults)	22.8%	22.5%	24.5%†	20.2%	19.0%
Current tobacco use (High School Students)	19.3%	19.6%	18.2%	18.2%	22.4%

 Indicates district/county is significantly better than state average (using a 95% confidence level).

 Indicates district/county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

Maine Shared Community Health Needs Assessment

District Summary: 2015

Western District

Updated: October 2015

Maine Shared CHNA Health Indicators	Western	Androscoggin	Franklin	Oxford	Maine	U.S.
Demographics						
Total Population	195,376	107,604	30,495	57,277	1,328,302	319 Mil
Population – % ages 0-17	20.9%	22.2%	18.7%	19.8%	19.7%	23.3%
Population – % ages 18-64	62.1%	62.4%	62.6%	61.4%	62.6%	62.6%
Population – % ages 65+	16.9%	15.5%	18.7%	18.8%	17.7%	14.1%
Population – % White	94.8%	93.0%	97.2%	97.0%	95.2%	77.7%
Population – % Black or African American	2.3%	3.8%	0.4%	0.4%	1.4%	13.2%
Population – % American Indian and Alaska Native	0.4%	0.4%	0.4%	0.4%	0.7%	1.2%
Population – % Asian	0.7%	0.7%	0.6%	0.6%	1.1%	5.3%
Population – % Hispanic	1.5%	1.7%	1.2%	1.2%	1.4%	17.1%
Socioeconomic Status Measures						
Adults living in poverty	15.4%	15.6%	15.6%	14.9%	13.6%	15.4%
Children living in poverty	22.3%	23.8%	19.9%	20.4%	18.5%	21.6%
High school graduation rate	84.0%	80.6%	89.6%	86.5%	86.5%	81.0%
Unemployment rate	6.1%	5.5%	6.6%	7.0%	5.7%	6.2%
65+ living alone	39.0%	42.2%	31.8%	37.3%	41.2%	37.7%
General Health Status						
Adults who rate their health fair to poor	16.8%	16.8%	15.9%	17.3%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	12.7%	13.5%	11.9%	11.8%	12.4%	NA
Adults with 14+ days lost due to poor physical health	13.6%	13.2%	14.1%	13.9%	13.1%	NA
Adults with three or more chronic conditions	30.9%	31.5%	29.9%	30.5%	27.6%	NA
Access						
Adults with a usual primary care provider	88.0%	89.7%	87.8%	85.4%	87.7%	76.6%
MaineCare enrollment	32.7%	32.9%	27.8%	34.7%	27.0%	23.0%
Percent uninsured	10.4%	9.5%	11.6%	11.8%	10.4%	11.7%
Health Care Quality						
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,611.6	1,466.0	1,741.7	1,807.0	1,499.3	1458
Oral Health						
Adults with visits to a dentist in the past 12 months	61.7%	61.9%	58.5%	63.0%	65.3%	67.2%
Respiratory						
Asthma emergency department visits per 10,000 population	75.9	81.8	58.0	73.9	67.3	NA
COPD hospitalizations per 100,000 population	254.8	237.1	264.8	277.3	216.3	NA
Current asthma (Adults)	11.8%	13.0%	12.7%	9.3%	11.7%	9.0%
Current asthma (Youth 0-17)	6.6%†	5.3%†	9.8%†	7.0%†	9.1%	NA
Cancer						
Mortality – all cancers per 100,000 population	193.4	195.5	182.9	196.4	185.5	169
Mammograms females age 50+ in past two years	81.8%	82.3%	81.4%	81.1%	82.1%	77.0%

Maine Shared CHNA Health Indicators	Western	Androscoggin	Franklin	Oxford	Maine	U.S.
Colorectal screening	73.3%	71.5%	69.6%	77.7%	72.2%	NA
Pap smears females ages 21-65 in past three years	89.0%	94.3%	NA	81.4%	88.0%	78.0%
Cardiovascular Disease						
Hypertension prevalence	34.9%	37.0%	30.6%	33.8%	32.8%	31.4%
High cholesterol	42.3%	41.0%	44.6%	43.2%	40.3%	38.4%
Diabetes						
Diabetes prevalence (ever been told)	10.6%	11.5%	9.1%	10.0%	9.6%	9.7%
Pre-diabetes prevalence	5.9%	5.4%	4.7%†	7.2%	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	70.4%	74.0%	NA	NA	73.2%	NA
Environmental Health						
Children with confirmed elevated blood lead levels (% among those screened)	3.7%	4.7%	2.3%	2.3%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	5.6%	5.4%	4.7%	6.5%	4.2%	NA
Homes with private wells tested for arsenic	38.5%	44.5%	26.7%	37.5%	43.3%	NA
Immunization						
Adults immunized annually for influenza	40.1%	42.8%	37.0%	37.5%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	73.1%	75.8%	74.5%	68.6%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	3.9%	3.4%	4.2%	5.3%	3.7%	NA
Infectious Disease						
Hepatitis B (acute) incidence per 100,000 population	1.0†	0.9†	3.3†	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	2.6†	3.7†	0.0†	1.7†	2.3	0.7
Lyme disease incidence per 100,000 population	74.9	87.5	33.0†	73.4	105.3	10.5
Pertussis incidence per 100,000 population	52.8	34.4	165.0	28.0†	41.9	10.3
STD/HIV						
Chlamydia incidence per 100,000 population	365.2	485.9	214.5	218.4	265.5	452
Gonorrhea incidence per 100,000 population	38.0	63.3	16.5†	1.7†	17.8	110
Intentional Injury						
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	13.1	13.5	9.9†	14.0	15.2	12.6
Unintentional Injury						
Unintentional and undetermined intent poisoning deaths per 100,000 population	9.8	11.9	6.9†	7.5	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	431.1	436.4	431.0	421.9	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	13.4	11.2	17.7	15.4	10.8	10.5
Mental Health						
Adults who have ever had anxiety	18.9%	20.9%	17.4%	16.7%	19.4%	NA
Adults who have ever had depression	24.8%	27.0%	22.5%	22.3%	23.5%	18.7%
Co-morbidity for persons with mental illness	45.6%	44.4%	NA	43.4%	35.2%	NA
Physical Activity, Nutrition and Weight						
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	24.0%	24.2%	23.8%	23.9%	22.4%	25.3%
Obesity (Adults)	33.5%	37.9%	29.0%	28.4%	28.9%	29.4%
Obesity (High School Students)	16.0%	16.0%	NA	15.7%	12.7%	13.7%
Overweight (Adults)	35.3%	33.4%	35.0%	39.0%	36.0%	35.4%

Maine Shared CHNA Health Indicators	Western	Androscoggin	Franklin	Oxford	Maine	U.S.
Overweight (High School Students)	17.0%	17.0%	NA	16.7%	16.0%	16.6%
Pregnancy and Birth Outcomes						
Infant deaths per 1,000 live births	6.8	7.1	6.9	6.0	6.0	6.0
Live births for which the mother received early and adequate prenatal care	88.5%	89.2%	84.4%	88.7%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	27.3	31.7	21.8	22.8	20.5	26.5
Low birth weight (<2500 grams)	7.5%	7.7%	7.7%	6.8%	6.6%	8.0%
Substance and Alcohol Abuse						
Binge drinking of alcoholic beverages (Adults)	16.2%	15.4%	18.0%	16.6%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	7.5%	8.5%	2.8%	7.5%	7.8%	NA
Past-30-day alcohol use (High School Students)	25.6%	23.6%	NA	28.5%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	22.5%	18.9%	NA	26.8%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	0.8%†	0.6%†	NA	1.7%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	5.5%	4.7%	NA	6.3%	5.6%	NA
Tobacco Use						
Current smoking (Adults)	24.4%	24.4%	20.3%†	26.8%	20.2%	19.0%
Current tobacco use (High School Students)	18.3%	16.1%	NA	21.1%	18.2%	22.4%

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 Indicates district/county is significantly worse than state average (using a 95% confidence level).

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Maine Shared Community Health Needs Assessment County Summary: 2015

York County

Updated: October 2015

Maine Shared CHNA Health Indicators	York	Maine	U.S.
Demographics			
Total Population	199,431	1,328,302	319 Mil
Population – % ages 0-17	20.1%	19.7%	23.3%
Population – % ages 18-64	62.6%	62.6%	62.6%
Population – % ages 65+	17.3%	17.7%	14.1%
Population – % White	96.3%	95.2%	77.7%
Population – % Black or African American	0.7%	1.4%	13.2%
Population – % American Indian and Alaska Native	0.3%	0.7%	1.2%
Population – % Asian	1.2%	1.1%	5.3%
Population – % Hispanic	1.5%	1.4%	17.1%
Socioeconomic Status Measures			
Adults living in poverty	9.5%	13.6%	15.4%
Children living in poverty	11.5%	18.5%	21.6%
High school graduation rate	89.0%	86.5%	81.0%
Unemployment rate	5.3%	5.7%	6.2%
65+ living alone	41.1%	41.2%	37.7%
General Health Status			
Adults who rate their health fair to poor	13.4%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	11.7%	12.4%	NA
Adults with 14+ days lost due to poor physical health	12.2%	13.1%	NA
Adults with three or more chronic conditions	27.2%	27.6%	NA
Access			
Adults with a usual primary care provider	89.9%	87.7%	76.6%
MaineCare enrollment	21.2%	27.0%	23.0%
Percent uninsured	9.1%	10.4%	11.7%
Health Care Quality			
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,261.0	1,499.3	1457.5
Oral Health			
Adults with visits to a dentist in the past 12 months	68.9%	65.3%	67.2%
Respiratory			
Asthma emergency department visits per 10,000 population	61.1	67.3	NA
COPD hospitalizations per 100,000 population	166.2	216.3	NA
Current asthma (Adults)	11.2%	11.7%	9.0%
Current asthma (Youth 0-17)	10.2%†	9.1%	NA
Cancer			
Mortality – all cancers per 100,000 population	178.9	185.5	168.7
Mammograms females age 50+ in past two years	82.0%	82.1%	77.0%
Colorectal screening	71.9%	72.2%	NA
Pap smears females ages 21-65 in past three years	86.4%	88.0%	78.0%
Cardiovascular Disease			
Hypertension prevalence	33.6%	32.8%	31.4%
High cholesterol	41.0%	40.3%	38.4%
Diabetes			
Diabetes prevalence (ever been told)	9.4%	9.6%	9.7%
Pre-diabetes prevalence	8.5%	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	81.9%	73.2%	NA
Environmental Health			
Children with confirmed elevated blood lead levels (% among those screened)	2.1%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	4.5%	4.2%	NA
Homes with private wells tested for arsenic	44.6%	43.3%	NA
Immunization			
Adults immunized annually for influenza	41.7%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	73.8%	72.4%	69.5%

Maine Shared CHNA Health Indicators	York	Maine	U.S.
Immunization exemptions among kindergarteners for philosophical reasons	2.0%	3.7%	NA
Infectious Disease			
Hepatitis B (acute) incidence per 100,000 population	0.5†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	1.0†	2.3	0.7
Lyme disease incidence per 100,000 population	134.0	105.3	10.5
Pertussis incidence per 100,000 population	11.5	41.9	10.3
STD/HIV			
Chlamydia incidence per 100,000 population	198.8	265.5	452.2
Gonorrhea incidence per 100,000 population	17.4	17.8	109.8
Intentional Injury			
Nonfatal child maltreatment per 1,000 population	NA	14.6	9.1
Suicide deaths per 100,000 population	17.1	15.2	12.6
Unintentional Injury			
Unintentional and undetermined intent poisoning deaths per 100,000 population	10.3	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	326.5	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	9.6	10.8	10.5
Mental Health			
Adults who have ever had anxiety	19.2%	19.4%	NA
Adults who have ever had depression	22.1%	23.5%	18.7%
Co-morbidity for persons with mental illness	36.1%	35.2%	NA
Physical Activity, Nutrition and Weight			
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	20.7%	22.4%	25.3%
Obesity (Adults)	28.4%	28.9%	29.4%
Obesity (High School Students)	11.6%	12.7%	13.7%
Overweight (Adults)	35.7%	36.0%	35.4%
Overweight (High School Students)	16.3%	16.0%	16.6%
Pregnancy and Birth Outcomes			
Infant deaths per 1,000 live births	5.3	6.0	6.0
Live births for which the mother received early and adequate prenatal care	87.0%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	18.1	20.5	26.5
Low birth weight (<2500 grams)	6.2%	6.6%	8.0%
Substance and Alcohol Abuse			
Binge drinking of alcoholic beverages (Adults)	18.3%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	5.2%	7.8%	NA
Past-30-day alcohol use (High School Students)	26.6%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	22.7%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.0%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	7.4%	5.6%	NA
Tobacco Use			
Current smoking (Adults)	20.1%	20.2%	19.0%
Current tobacco use (High School Students)	18.5%	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

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Waponahki Health Assessment

Tribal District

District Summary: 2015

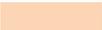
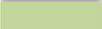
Updated: July 2016

Qualitative Input

The relatively small number of AI/AN who participate in state wide surveys, such as the BRFSS prevents the analysis of data at individual tribal levels that will provide meaningful results. In order to address the lack of health data on Tribal Members residing in Maine, the Tribal Health Directors, in collaboration with Wabanaki Public Health, identified the need for a comprehensive Tribal health assessment. In 2010, the University of Nebraska School of Public Health was selected to create and administer a health survey modeled after the BRFSS. This survey consisted of in-person interviews, providing valuable data on many of the same topics that are included in the BRFSS (chronic disease, health risk behaviors, demographic information, etc.) with the addition of questions about historical loss and trauma caused by centuries of loss of culture, language, land, and much more.

Waponahki Tribal Health Assessment Health Indicators	Waponahki	Maine	US
Demographics			
Total Population	3,014 ^a	1,330,089 ^b	319 Mil ^b
Population - % White	1.6%	95.2% ^b	77.7% ^b
Population - % Black or African American	0.2%	1.4% ^b	13.2% ^b
Population - % American Indian and Alaskan Native	96.4%	0.7% ^b	1.2% ^b
Population - % Asian	0.0%	1.1% ^b	5.3% ^b
Population - % Hispanic	NA	1.4% ^b	17.1% ^b
Unemployment Rate			
Unemployment Rate	28.9%	5.7% ^c	6.2% ^c
Percentage of people living in rural areas	100.0%	66.4% ^d	19.3% ^d
Median Household Income	\$21,467	\$48,457 ^e	\$53,162 ^e
HS Graduation Rate (includes GED)	83.6%	89.3%	86.5%
General Health Status			
Adults who rate their health fair to poor	27.4%	15.9%	18.1%
Adults with 14+ days lost due to poor mental health	23.4%	12.7%	11.9%
Adults with 14+ days lost due to poor physical health	22.4%	13.6%	12.2%
Access			
Adults with a usual primary care provider	78.3%	87.3% ^f	77.1% ⁱ
Percent uninsured (Adults)	22.4%	12.6%	17.9%
Oral Health			
Adults with visits to a dentist in the past 12 months	66.5%	68.7% ^g	69.6% ^g
Maternal and Child Health			
Women who received prenatal care as early as they wanted to (who gave birth in the past five years)	95.4%	NA	NA
Live birth, for which the mother received early & adequate prenatal care (Adults)	NA	86.4% ^h	NA
Unintentional Injury			
Adult Seatbelt Use	85.1% ⁱ	85.2%	86.9%
Youth Seatbelt Use	95.9% ^j	61.6% ^k	89% ^k
Cardiovascular Disease			
Adults who have had their cholesterol checked and have been told it was high	46.7%	40.9%	38.3%
Adults who have been told they have high blood pressure	40.1%	32.2%	30.8%
Ever told you had angina or coronary heart disease (Adults)	5.6%	5.2%	4.3%
Ever told you had a heart attack? (Adults)	7.5%	5.4%	4.3%
Ever told you had a stroke? (Adults)	2.7%	2.8%	2.9%
Respiratory			
Adults who have ever been told they have asthma	22.5%	16.8%	13.6%

Waponahki Tribal Health Assessment Health Indicators	Waponahki	Maine	US
Cancer			
Colorectal screening	66.2%	74.3%	64.2%
Mammograms females age 50+ in past two years	80.1%	83.6%	77.8%
Pap smears females ages 21-65 in past three years	83.3%	85.0%	81.0%
Diabetes			
Diabetes prevalence (ever been told)	17.0%	9.6%	9.8%
Adults with diabetes who have had an A1C test in the last year	93.6%	89% ^l	86.3%
Adults with diabetes who have had a pupil dilation/eye exam in the last year	78.1%	76% ^l	70.4%
Adults with diabetes who have had a foot exam in the last year	79.5%	78% ^l	74.6%
Adults with diabetes who have ever taken a course or class on how to self-manage diabetes	43.5%	54% ^l	52.2%
Physical Activity, Nutrition and Weight			
Overweight (Adults)	31.9%	37.2%	35.8%
Obesity (Adults)	45.0%	27.8%	27.7%
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	59.0%	77.0%	73.8%
Recommended physical activity (Adults)	30.8%	53.4%	50.8%
Fruit consumption among Adults 18+ (<1 serving/day)	56.3%	34% ^f	39.2% ^f
Vegetable consumption among Adults 18+ (<1 serving/day)	36.0%	17.9% ^f	22.9% ^f
Substance and Alcohol Abuse			
Chronic heavy drinking (Adults)	11.6%	7.3% ^m	6.2% ^m
Binge drinking of alcoholic beverages (Adults)	17.2%	17.2%	16.8%
Tobacco Use			
Current smoking (Adults)	51.6%	20.2%	17.8%
Mental Health			
Adults who have ever had depression	34.5%	24.4%	16.8%
Adults who have ever had anxiety	32.3%	19.4% ⁿ	16.7%
Immunization			
Adults immunized for pneumococcal pneumonia (ages 65 and older)	75.5%	72.7%	69.0%
Adults immunized annually for influenza (ages 65 and older)	80.7%	61.6%	60.2%

 Indicates district has a relative difference of 10% or more, below the state average
 Indicates district has a relative difference of 10% or more, above the state average

- a) 19 years and older
- b) 2013 U.S. Census
- c) 2014 Bureau of Labor Statistics
- d) 2012 U.S. Census
- e) 2011 American Community 1-Year Survey
- f) 2013 BRFSS
- g) 2010 BRFSS
- h) Maine CDC Vital Records 2010-2012
- i) Always or nearly always wear
- j) Limited to children under 18 riding with adults
- k) 2013 MIYHS
- l) One Maine Community Health Needs Assessment 2010
- m) 2011-13 BRFSS
- NA - Not applicable

The data used in this report card is owned by the tribes and anyone who wishes to access them must first obtain permission from the tribes. The tribes plan to conduct this survey every ten years.

Maine Shared Community Health Needs Assessment Data Sources

Indicator	Data Source	Year(s)	Comparison Year for Trends	Other Notes
Demographics				
Population	U.S. Census	2014	NA	2013 data was used for all age, racial and ethnic groups.
Population with a disability	U.S. Census	2013	NA	Adults reporting any one of the six disability types are considered to have a disability: hearing difficulty, vision difficulty, cognitive difficulty, ambulatory difficulty, self-care difficulty, independent living difficulty.
Population density	U.S. Census	2010	NA	Based on 2010 U.S. Census population.
Socioeconomic Status Measures				
Individuals living in poverty	U.S. Census	2009-2013	2008	The poverty status of the household is determined by the poverty status of the householder. Households are classified as poor when the total income of the householder's family is below the appropriate poverty threshold. The American Community Survey measures poverty in the previous 12 months instead of the previous calendar year.
Children living in poverty	U.S. Census	2009-2013	2008	The poverty status of the household is determined by the poverty status of the householder. Households are classified as poor when the total income of the householder's family is below the appropriate poverty threshold. The American Community Survey measures poverty in the previous 12 months instead of the previous calendar year.
High school graduation rate	Maine Dept of Education	2013-14 School Year	2009-10 School Year	Proportion of students who graduate with a regular diploma four years after starting ninth grade. Graduation rates include all public schools and all private schools that have 60% or more publicly funded students.
Median household income	U.S. Census	2009-2013	2008	In 2013 inflation-adjusted dollars. This includes the income of the householder and all other individuals 15 years old and older in the household, whether they are related to the householder or not.
Percentage of people living in rural areas	U.S. Census	2012	NA	The urban/rural categories used in this analysis were defined by the New England Rural Health Roundtable available in Rural Data For Action 2nd Edition: http://www.newenglandruralhealth.org/rural_data
Single-parent families	U.S. Census	2013	NA	Families consist of a householder and one or more other people related to the householder by birth, marriage, or adoption. They do not include same-sex married couples even if the marriage was performed in a state issuing marriage certificates for same-sex couples. "Householder without a spouse present" is defined as a male householder without a wife present or a female householder without a husband present.
Unemployment rate	Bureau of Labor Statistics	2014	2009	Unemployment rate of the civilian noninstitutionalized population averaged for the full year of 2014.
65+ living alone	U.S. Census	2013	2009	Estimated number of one-person households with a person 65 years and older.
General Health Status				
Adults who rate their health fair to poor	BRFSS	2013	2011	Adults rating their health as fair or poor vs. excellent, very good or good.
Adults with 14+ days lost due to poor mental health	BRFSS	2013	2011	Now thinking about your mental health, which includes stress, depression and problems with emotions, for how many days during the past 30 days was your mental health not good?
Adults with 14+ days lost due to poor physical health	BRFSS	2013	2011	Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Adults with three or more chronic conditions	BRFSS	2013	2011	Chronic conditions available in 2013 BRFSS: arthritis, asthma, cancer, cardiovascular disease, chronic kidney disease, chronic obstructive pulmonary disease (COPD), coronary heart disease, diabetes, hypertension, high cholesterol, obesity.
Mortality				
Life expectancy (Female)	National Center for Health Statistics	2012	NA	Life expectancy at birth.
Life expectancy (Male)	National Center for Health Statistics	2012	NA	Life expectancy at birth.
Overall mortality rate per 100,000 population	DRVS	2013	NA	All deaths are defined as deaths in which the underlying cause of death was coded as ICD-10 any listed.
Access				
Adults with a usual primary care provider	BRFSS	2013	2011	Adults that have one or more person they think of as their personal doctor or health care provider.
Individuals who are unable to obtain or delay obtaining necessary medical care due to cost	BRFSS	2013	2011	Adults reporting that there was a time during the last 12 months when they needed to see a doctor but could not because of the cost.
MaineCare enrollment	MaineCare	2015	NA	The number and percent of individuals participating in MaineCare. These data are reported as of April 2015. Percentages calculated based on the 2014 US Census population estimates. Individuals are reported by county of residence at the end of the SFY or the end of participation in the program. Figures exclude individuals who were nonresidents or who were out of state.
Percent of children ages 0-19 enrolled in MaineCare	MaineCare	2015	NA	The number and percent of individuals participating in MaineCare. These data are reported as of April 2015. Individuals are reported by county of residence at the end of the SFY or the end of participation in the program. Figures exclude individuals who were nonresidents or who were out of state.
Percent uninsured	U.S. Census	2014	2009	Estimated number of Maine people who do not currently have health insurance.
Health Care Quality				
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	MHDO	2011	2008	PQI = Prevention Quality Indicators, a set of measures that can be used with hospital inpatient discharge data to identify quality of care for ambulatory care-sensitive conditions. Additional information at: AHRQ Quality Indicators, Version 4.4, Agency for Healthcare Research and Quality: U.S. Department of Health and Human Services. http://www.qualityindicators.ahrq.gov .
Ambulatory care-sensitive condition emergency department rate per 100,000 population	MHDO	2011	NA	PQI = Prevention Quality Indicators, a set of measures that can be used with hospital inpatient discharge data to identify quality of care for ambulatory care-sensitive conditions. Additional information at: AHRQ Quality Indicators, Version 4.4, Agency for Healthcare Research and Quality: U.S. Department of Health and Human Services. http://www.qualityindicators.ahrq.gov .
Oral Health				
Adults with visits to a dentist in the past 12 months	BRFSS	2012	NA	Adults who last visited the dentist or a dental clinic for any reason in the past 12 months.
MaineCare members under 18 with a visit to the dentist in the past year	Maine Care	2014	NA	Total members younger than 18 with dental claims during calendar year 2014 was 67,871. Of those, only 61,948 had eligibility as of April 2015. Members were younger than 18 on date of service, but some turned 18 by April 2015.
Respiratory				
Asthma emergency department visits per 10,000 population	MHDO	2011	NA	ICD-9 CM - 493

COPD diagnosed	BRFSS	2013	2011	Adults that have been told by a doctor, nurse or health professional that they have COPD chronic obstructive pulmonary disease, emphysema, or chronic bronchitis.
COPD hospitalizations per 100,000 population	MHDO	2011	2007	ICD-9 CM - 490, 491, 492, 494, 496
Current asthma (Adults)	BRFSS	2013	2011	Adults that have been told by a doctor, nurse or health professional that they had asthma and that they still have asthma.
Current asthma (Youth 0-17)	BRFSS	2011-2013	NA	Children that have been told by a doctor, nurse or health professional that they had asthma and that they still have asthma.
Pneumonia emergency department rate per 100,000 population	MHDO	2011	2007	ICD-9 CM - 480-486
Pneumonia hospitalizations per 100,000 population	MHDO	2011	2007	ICD-9 CM - 480-486
Cancer				
Mortality – all cancers per 100,000 population	MCR	2011	2006	All cancer: SEER Cause of Death Recode: 20010-37000 (which include ICD-10 codes: C00-C97).
Incidence – all cancers per 100,000 population	MCR	2009-2011	2004-2006	All cancer: SEER Site Recode: 20010-37000 (which include ICD-O-3 codes: C00-C97).
Bladder cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Female breast cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Breast cancer late-stage incidence (females only) per 100,000 population	Maine Cancer Registry (MCR)	2009-2011	NA	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Female breast cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Mammograms females age 50+ in past two years	BRFSS	2012	NA	Females ages 50 years and older who reported they had a mammogram within the past 2 years.
Colorectal cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Colorectal late-stage incidence per 100,000 population	MCR	2009-2011	NA	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Colorectal cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Colorectal screening	BRFSS	2012	NA	Adults ages 50 years and older who reported that they had a home blood stool test (e.g., FOBT or FIT) within the past year OR sigmoidoscopy within the past 5 years and home blood stool test within the past 3 years OR a colonoscopy within the past 10 years.
Lung cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Lung cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.

Melanoma incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Pap smears females ages 21-65 in past three years	BRFSS	2012	NA	Females with intact cervix, that have received a pap smear within the past three years.
Prostate cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Prostate cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Tobacco-related neoplasms, mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Tobacco-related neoplasms, incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Cardiovascular Disease				
Acute myocardial infarction hospitalizations per 10,000 population	MHDO	2012	2007	ICD-9 CM - 410
Acute myocardial infarction mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 I21-I22
Cholesterol checked every five years	BRFSS	2013	2011	Adults reporting that they last had their blood cholesterol checked within the past 5 years.
Coronary heart disease mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 I20-I25
Heart failure hospitalizations per 10,000 population	MHDO	2012	NA	ICD-9 CM - 428
Hypertension prevalence	BRFSS	2013	2011	Adults who have ever been told by a doctor, nurse, or other health professional that they have high blood pressure.
High cholesterol	BRFSS	2013	2011	Adults who have been told by a doctor or other health professional that their blood cholesterol is high.
Hypertension hospitalizations per 100,000 population	MHDO	2011	2007	ICD-9 CM - 401, 402, 403, 404

Stroke hospitalizations per 10,000 population	MHDO	2012	2007	ICD-9 CM - 430-438
Stroke mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 I60-I69
Diabetes				
Diabetes prevalence (ever been told)	BRFSS	2013	2011	Adults that have ever been told by a doctor or other health professional that they have diabetes.
Pre-diabetes prevalence	BRFSS	2013	NA	Adults that have ever been told by a doctor or other health professional that they have pre-diabetes or borderline diabetes.
Adults with diabetes who have eye exam annually	BRFSS	2011-2013	NA	Adults with diabetes who report having an eye exam in which the pupils were dilated within the past year.
Adults with diabetes who have foot exam annually	BRFSS	2011-2013	NA	Adults with diabetes who report having a health professional check their feet for any sores or irritations within the past year.
Adults with diabetes who have had an A1C test twice per year	BRFSS	2011-2013	NA	Adults who have had a doctor, nurse, or other health professional checked them for "A one C" in the past 12 months.
Adults with diabetes who have received formal diabetes education	BRFSS	2013	NA	Adults with diabetes who have ever taken a course or class in how to manage your diabetes themselves.
Diabetes emergency department visits (principal diagnosis) per 100,000 population	MHDO	2011	2006	ICD-9 CM - 250
Diabetes hospitalizations (principal diagnosis) per 10,000 population	MHDO	2012	2007	ICD-9 CM - 250
Diabetes long-term complication hospitalizations	MHDO	2011	2007	Diabetes long-term complication hospitalizations are defined as hospitalizations of Maine residents for which diabetes long-term complication was the primary diagnosis, coded as ICD 9 - 25040, 25070, 25041, 25071, 25042, 25072, 25043, 25073, 25050, 25051, 25052, 25053, 25080, 25081, 25082, 25083, 25060, 25061, 25062, 25063, 25090, 25091, 25092.
Diabetes mortality (underlying cause) per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 E10-E14
Environmental Health				
Children with confirmed elevated blood lead levels (% among those screened)	Maine CDC Lead Program	2013	2008	In 2012, CDC defined a reference level of 5 micrograms per deciliter (µg/dL) to identify children with elevated blood lead levels. These children are exposed to more lead than most children. For more information, visit: www.cdc.gov/nceh/lead/ACCLPP/blood_lead_levels.htm (http://www.cdc.gov/nceh/lead/acclpp/blood_lead_levels.htm
Children with unconfirmed elevated blood lead levels (% among those screened)	Maine CDC Lead Program	2013	2008	In 2012, CDC defined a reference level of 5 micrograms per deciliter (µg/dL) to identify children with elevated blood lead levels. These children are exposed to more lead than most children. For more information, visit: www.cdc.gov/nceh/lead/ACCLPP/blood_lead_levels.htm (http://www.cdc.gov/nceh/lead/acclpp/blood_lead_levels.htm
Homes with private wells tested for arsenic	BRFSS	2009, 2012	NA	Data are weighted to the household. At the county level, 9.7%-32.2% of those surveyed did not know whether they had tested their well water for arsenic.
Lead screening among children age 12-23 months	Maine CDC Lead Program	2009-2013	NA	A blood lead test is considered a "screening test" only when a child has no prior history of a confirmed elevated blood lead level.
Lead screening among children age 24-35 months	Maine CDC Lead Program	2009-2013	NA	A blood lead test is considered a "screening test" only when a child has no prior history of a confirmed elevated blood lead level.
Immunization				
Adults immunized annually for influenza	BRFSS	2013	2011	Adults who have had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in your nose during the past 12 months.

Adults immunized for pneumococcal pneumonia (ages 65 and older)	BRFSS	2013	2011	Risk factor for adults aged 65 or older that have ever had a pneumonia shot.
Immunization exemptions among kindergarteners for philosophical reasons	Maine Immunization Program	2015	NA	Available from: http://www.maine.gov/dhhs/mecdc/infectious-disease/immunization/publications/index.shtml
Two-year-olds up to date with "Series of Seven Immunizations" 4-3-1-3-3-1-4	Maine Immunization Program	2015	2012	The Maine Immunization Program conducts an annual immunization assessment on January 1 of each calendar year that includes all 2-year-olds in the State of Maine immunization registry, ImmPact, associated to a practice that enters client specific data. These assessments follow the standard Centers for Disease Control and Prevention childhood assessment criteria of 24-35 months of age immunized as of 24 months for the 4 DTaP (Diphtheria, Tetanus, Polio): 3 IPV (Polio): 1 MMR (Measles, Mumps, Rubella): 3 Hib (Haemophilus influenza type B): 3 HepB (Hepatitis B):1 Var (Varicella):4 PCV (Pneumococcal Conjugate) schedule.
Infectious Disease				
Hepatitis A (acute) incidence per 100,000 population	Maine Infectious Disease Surveillance System (MIDSS)	2014	NA	Defined as the number of new infections during 2014.
Hepatitis B (acute) incidence per 100,000 population	MIDSS	2014	NA	Defined as the number of new infections during 2014.
Hepatitis C (acute) incidence per 100,000 population	MIDSS	2014	NA	Defined as the number of new infections during 2014.
Incidence of past or present hepatitis C virus (HCV) per 100,000 population	MIDSS	2014	NA	New diagnoses, regardless of when infection occurred or stage of disease at diagnosis.
Incidence of newly reported chronic hepatitis B virus (HBV) per 100,000 population	MIDSS	2014	NA	New diagnoses, regardless of when infection occurred or stage of disease at diagnosis.
Lyme disease incidence per 100,000 population	MIDSS	2014	2009	Defined as the number of new infections during 2014.
Pertussis incidence per 100,000 population	MIDSS	2014	2009	Incidence is defined as the number of new infections during 2014.
Tuberculosis incidence per 100,000 population	MIDSS	2014	2008	New diagnoses, regardless of when infection occurred or stage of disease at diagnosis.
STD/HIV				
AIDS incidence per 100,000 population	Maine CDC HIV Program	2014	2008	Incidence is defined as the number of new infections during 2014.
Chlamydia incidence per 100,000 population	Maine CDC STD Program	2014	NA	Incidence is defined as the number of new infections during 2014.
Gonorrhea incidence per 100,000 population	Maine CDC STD Program	2014	NA	Incidence is defined as the number of new infections during 2014.
HIV incidence per 100,000 population	Maine CDC HIV Program	2014	2009	Incidence is defined as the number of new infections during 2014.
HIV/AIDS hospitalization rate per 100,000 population	MHDO	2011	2007	DRG-MDC 25
Syphilis incidence per 100,000 population	Maine CDC STD Program	2014	2009	Incidence is defined as the number of new infections during 2014.
Intentional Injury				
Domestic assaults reports to police per 100,000 population	Maine Dept of Public Safety	2013	2009	All offenses of assault between family or household members are reported as domestic assault.
Firearm deaths per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 W32-W34 ,X72-X74, X93-X95, Y22-Y24, Y350 or U014.
Intentional self-injury (Youth)	MIYHS	2013	2009	High school students who have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose.
Lifetime rape/non-consensual sex (among females)	BRFSS	2012	2011	Females who have ever had sex with someone after they said or showed that they didn't want them to or without their consent.
Nonfatal child maltreatment per 1,000 population	Child Maltreatment Report ACYF	2013	2008	Rates are unique child victims per 1,000 population under age 18.

Reported rape per 100,000 population	Maine Dept of Public Safety	2013	2009	Includes rape by force and attempted forcible rape. Excludes carnal abuse without force (statutory rape) and other sex offenses.
Suicide deaths per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 U03 X60-X84 or Y87.0
Violence by current or former intimate partners in past 12 months (among females)	BRFSS	2012	2011	Females who have experienced physical violence or had unwanted sex with a current or former intimate partner within the past 12 months.
Violent crime rate per 100,000 population	Maine Dept of Public Safety	2013	2008	Reported violent crime offenses. Violent crime includes murder, rape, robbery and aggravated assault.
Unintentional Injury				
Always wear seatbelt (Adults)	BRFSS	2013	NA	Adults reporting they always use seatbelts when they drive or ride in a car.
Always wear seatbelt (High School Students)	MIYHS	2013	NA	High School students who report they always wear a seatbelt when riding in a vehicle.
Traumatic brain injury related emergency department visits (all intents) per 10,000 population	MHDO	2011	2006	Emergency department visits by Maine residents at Maine acute care hospitals that did not end with the patient being admitted to that hospital as an inpatient, for which the principal diagnosis is an injury (ICD 9 CM 800–909.2, 909.4, 909.9–994.9, 995.5–995.59 or 995.80–995.85) or any external cause of injury code is ICD 9 CM E800-E869, E880-E929 or E950-E999, and the principal or any other diagnosis is ICD-9-CM 800.00–801.99, 803.00–804.99, 850.0–850.9, 851.00–854.19, 950.1–950.3, 959.01 or 995.55.
Unintentional and undetermined intent poisoning deaths per 100,000 population	Maine CDC Vital Records	2013	2008	Deaths of Maine residents for which the underlying cause of death is ICD-10 X40-X49 or Y10-Y19.
Unintentional fall related deaths per 100,000 population	Maine CDC Vital Records	2013	2008	Deaths of Maine residents for which the underlying cause of death is ICD-10 W00-W19.
Unintentional fall related injury emergency department visits per 10,000 population	MHDO	2011	NA	Unintentional fall-related injury ED Visits are defined as ED Visits in which external cause of injury was coded as ICD--9CM E880-E886 or E888.
Unintentional motor vehicle traffic crash related deaths per 100,000 population	Maine CDC Vital Records	2013	2008	Deaths of Maine residents for which the underlying cause of death is ICD-10 V02-V04 (.1, .9), V09.2, V12-V14 (.3-.9), V19 (.4-.6), V20-V28 (.3-.9), V29 (.4-.9), V30-V39 (.4-.9), V40-V49 (.4-.9), V50-V59 (.4-.9), V60-V69 (.4-.9), V70-V79 (.4-.9), V80 (.3-.5), V81.1, V82.1, V83-V86 (.0-.3), V87 (.0-.8) or V89.2.”
Occupational Health				
Deaths from work-related injuries (number)	Maine Dept. of Labor	2013	2009	Includes self-employed workers, owners of unincorporated businesses and farms, paid and unpaid family workers, members of partnerships and may include owners of incorporated businesses.
Nonfatal occupational injuries (number)	U.S. Bureau of Labor Statistics	2013	2009	Includes both injuries that required days away from work and those that required job transfer or restriction. Data do not reflect the relative FTEs worked by the various groups of employees.
Mental Health				
Adults who have ever had anxiety	BRFSS	2013	2011	Adults who have ever been told by a doctor or other healthcare provider that they have an anxiety disorder?
Adults who have ever had depression	BRFSS	2013	2011	Adults who have ever been told by a doctor or other healthcare provider that they have a depressive disorder.
Adults with current symptoms of depression	BRFSS	2013	2011	Indicator of current depression coded using two items from the PHQ-2 depression screener.
Adults currently receiving outpatient mental health treatment	BRFSS	2013	2011	Adults now taking medicine or receiving treatment from a doctor for any type of mental health condition or emotional problem.
Co-morbidity for persons with mental illness	BRFSS	2013	2011	Adults with current symptoms of depression from the PHQ-2 depression screener with 3 or more chronic conditions.
Mental health emergency department rates per 100,000 population	MHDO	2011	2007	ICD-9 CM- 209-302, 306-319, which exclude substance use related disorders.

Sad/hopeless for two weeks in a row (High School Students)	MIYHS	2013	2011	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? Percentage of students who answered "Yes".
Seriously considered suicide (High School Students)	MIYHS	2013	2011	During the past 12 months, did you ever seriously consider attempting suicide? Percentage of students who answered "Yes".
Physical Activity, Nutrition and Weight				
Fewer than two hours combined screen time (High School Students)	MIYHS	2013	NA	Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day.
Fruit and vegetable consumption (High School Students)	MIYHS	2013	2009	Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days.
Fruit consumption among Adults 18+ (less than one serving per day)	BRFSS	2013	NA	Adults with less than one serving per day of fruits or fruit juice.
Met physical activity recommendations (Adults)	BRFSS	2013	NA	Adults who reported doing enough physical activity to meet the aerobic and strengthening recommendations.
Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)	MIYHS	2013	2009	Percentage of students who were physically active for a total of at least 60 minutes per day on five of the past seven days.
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	BRFSS	2013	2011	Adults reporting that during the past month, other than their regular job, they did not participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise.
Soda/sports drink consumption (High School Students)	MIYHS	2013	NA	Percentage of students who drank at least one can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight (Not counting diet soda, other diet drinks, or 100% fruit juice.) per day during the past week.
Vegetable consumption among Adults 18+ (less than one serving per day)	BRFSS	2013	NA	Adults with less than one serving per day of vegetables.
Obesity (Adults)	BRFSS	2013	2011	Adults with a BMI of 30 or more.
Obesity (High School Students)	MIYHS	2013	2009	Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT.
Overweight (Adults)	BRFSS	2013	2011	Adults with a BMI between 25.0 and 29.9.
Overweight (High School Students)	MIYHS	2013	2009	Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT.
Pregnancy and Birth Outcomes				
Children with special health care needs	National Survey of Children with Special Health Care Needs	2011-2012	2009-2010	Survey respondents who reported that their child has a special health care need.
Infant deaths per 1,000 live births	Maine CDC Vital Records	2008-2012	2006	Number of babies who died before their first birthday per 1,000 live births. Average annual number of infant deaths and infant mortality rate might be slightly underestimated due to possible missing out-of-state deaths of Maine infants in 2010.
Live births for which the mother received early and adequate prenatal care	Maine CDC Vital Records	2010-2012	2007	Defined as an adequate or adequate-plus rating on the Kotelchuck Adequacy of Prenatal Care Utilization Index.
Live births to 15-19 year olds per 1,000 population	Maine CDC Vital Records	2012	2007	Defined as the number of live births among 15- to 19-year-old Maine women per 1,000 population.
Low birth weight (<2500 grams)	Maine CDC Vital Records	2010-2012	2007	Low birth weight defined as less than 2500 grams.
Substance and Alcohol Abuse				
Alcohol-induced mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 - E24.4 , F10, G31.2, G62.1, G72.1, I42.6, K29.2, K70, K85.2, K86.0, R78.0, X45, X65 or Y15

Binge drinking of alcoholic beverages (High School Students)	MIYHS	2013	2011	During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? Percentage of students who answered at least 1 day.
Binge drinking of alcoholic beverages (Adults)	BRFSS	2013	2011	Risk factor for binge drinking where binge drinking is defined as having 5 or more drinks on 1 occasion for men and 4 or more drinks on 1 occasion for women.
Chronic heavy drinking (Adults)	BRFSS	2013	2011	At risk for heavy alcohol consumption (greater than two drinks per day for men and greater than one drink per day for women).
Drug-affected baby referrals received as a percentage of all live births	OCFS Maine Automated Child Welfare Information System	2014	NA	This measure reflects the number of infants born in Maine where a healthcare provider reported to OCFS that there was reasonable cause to suspect the baby may be affected by illegal substance abuse or demonstrating withdrawal symptoms resulting from prenatal drug exposure or who have fetal alcohol spectrum disorders.
Drug-induced mortality per 100,000 population	CDC Wonder	2013	2009	The population figures for year 2013 are bridged-race estimates of the July 1 resident population, from the Vintage 2013 postcensal series released by NCHS on June 26, 2014.
Emergency medical service overdose response per 100,000 population	Maine Emergency Medical Services	2014	NA	Includes overdoses from drugs/medication, alcohol and inhalants.
Opiate poisoning (ED visits) per 100,000 population	MHDO	2011	2007	Primary diagnoses of: ICD-9 - 9650, 96500, 96501, 96502, 96509
Opiate poisoning (hospitalizations) per 100,000 population	MHDO	2011	2007	Primary diagnoses of: ICD-9 - 9650, 96500, 96501, 96502, 96509
Past-30-day alcohol use (High School Students)	MIYHS	2013	2009	During the past 30 days, on how many days did you have at least one drink of alcohol? Percentage of students who answered at least 1 day.
Past-30-day inhalant use (High School Students)	MIYHS	2013	2011	During the past 30 days, how many times did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high? Percentage of students who answered at least 1 time.
Past-30-day marijuana use (Adults)	BRFSS	2013	2011	During the past 30 days, have you used marijuana?
Past-30-day marijuana use (High School Students)	MIYHS	2013	2009	During the past 30 days, how many times did you use marijuana? Percentage of students who answered at least 1 time.
Past-30-day nonmedical use of prescription drugs (Adult)	BRFSS	2013	2011	Adults who used prescription drugs that were either not prescribed and/or not used as prescribed in order to get high at least once within the past 30 days.
Past-30-day nonmedical use of prescription drugs (High School Students)	MIYHS	2013	2009	During the past 30 days, how many times did you take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? Percentage of students who answered at least 1 time.
Prescription Monitoring Program opioid prescriptions (days supply/pop)	Prescription Monitoring Program	2014-2015	NA	Presented as Days Supply/Population, which is the total days of supply of medication divided by the overall population.
Substance-abuse hospital admissions per 100,000 population	MHDO	2011	2007	Primary diagnoses of DRG-MDC 20
Tobacco Use				
Current smoking (Adults)	BRFSS	2013	2011	Adults that reported having smoked at least 100 cigarettes in their lifetime and currently smoke.
Current smoking (High School Students)	MIYHS	2013	2009	During the past 30 days, on how many days did you smoke cigarettes? Percentage of students who answered at least 1 day.

Current tobacco use (High School Students)	MIYHS	2013	2011	Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days. (Note: Reports read "Percentage of students who smoked cigarettes and/or cigars and/or used chewing tobacco, snuff, or dip on one or more of the past 30 days").
Secondhand smoke exposure (Youth)	MIYHS	2013	2011	Percentage of students who were in the same room with someone who was smoking cigarettes at least 1 day during the past 7 days.



Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

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