Telepsychiatry: Re-Imagining Psychiatric Care in Rural Communities

Telepsychiatry has become an accepted modality of care to address the ongoing challenges of psychiatric recruitment and retention. The presenters will describe the implementation of a successful telepsychiatry program in a rural outpatient clinic.

**Date:** Tuesday, March 6, 2018  
**Time:** 1:00 - 2:00 PM Central Time / 2:00 - 3:00 PM Eastern Time  
**Cost:** Free  
**Target Audience:** Chief Executive Officer, Chief Medical Officer, Chief Nursing Officers and emergency room officers and clinicians in hospital and primary care settings

**Presenters:**

Jonathan Evans  
*President and CEO, Founder*  
*InnovaTel Telepsychiatry*

Kathy Mosher, MS, MBA  
*Executive Director*  
*Central Kansas Mental Health Center (CKMHC)*

Jill Martinez, MD  
*Psychiatrist*  
*InnovaTel Telepsychiatry*

Jonathan has been in the behavioral healthcare field for more than 30 years. Jonathan was the founding President and CEO of Safe Harbor Behavioral Health. SHBH initiated and implemented a full-time Telepsychiatry program enhancing access to care in the outpatient clinic Safe Harbor currently provides outpatient services to approximately 7000 individuals and employs over 250 full and part-time staff.

He founded InnovaTel Telepsychiatry providing telepsychiatric coverage in multiple states in partnership with community provider organizations.

Kathy Mosher, MS, MBA has served as the Executive Director of Central Kansas Mental Health Center (CKMHC) in Salina, Kansas for the past four years. She has twenty-four years
of Community Mental Health Center experience and two years as the State of Kansas Assistant Director of Mental Health overseeing the licensing of all CMHCs in Kansas. She is a Licensed Clinical Psychotherapist with a Master of Science Degree in Counseling Psychology from the University of Kansas, a Master in Business Administration from Baker University, and a Bachelor of Arts Degree in Psychology from Washburn University. In addition to her current role, she is co-chair of the statewide KanCare Clinical Committee, a member of the Children's Continuum of Care Committee within the Governor's Services Behavioral Health Planning Council, Vice-Chair of the Tower Foundation for Mental Health under the Attorney General, and a member of the KS Department of Education Mental Health Advisory Committee.

Ms. Mosher's passion for mental health was sparked as an undergraduate when she started volunteering and then became employed at the renowned Menninger Clinic in the children's inpatient hospital. She switched her major from education to psychology and since has enjoyed roles from case manager to outpatient therapist to various supervisory positions. By implementing telepsychiatry through her partnership with InnovaTel along with an integrated care model, CKMHC has been able to increase access to psychiatric medication services, overcome the worker shortage, improve the quality of psychiatric services, negotiate with insurance companies, and create a more cost-efficient and sustainable psychiatry department.

Dr. Martinez was born and raised in Maine. She completed her undergraduate training in Molecular Genetics from the University of Vermont and worked in genetics research at Massachusetts General Hospital before attending medical school. She graduated New York Medical College in 2009 and took a leave of absence during that time to travel throughout Argentina. She was a resident in psychiatry at Mount Sinai St. Luke's - Mount Sinai Roosevelt in New York City and elected as a chief resident in her last year. After training, she worked in a CPEP at the St. Luke's-Roosevelt Hospital emergency department and in an integrative care internal medicine clinic at Montefiore Medical Center. She relocated to Florida working in a private practice, until joining InnovaTel Telepsychiatry in 2016. Her areas of interest include the treatment of substance use disorders, borderline personality disorder, and severe, persistent mental illness.

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