



NOVEMBER 21, 2019 IS  
NATIONAL RURAL HEALTH DAY

# How Will Your Facility Celebrate?

We know there is work to be done, but we also believe there is plenty to celebrate -- and we invite you to join the celebration! Join the Rural Health and Primary Care Program as we celebrate the "Power of Rural" by honoring the selfless, community-minded, can do spirit that prevails in rural America.

Looking for ideas?  
See our "Ways to Celebrate" poster

To share your activities or to sign your facility on as a supporter, please complete our form:

[www.123formbuilder.com/form-5053392](http://www.123formbuilder.com/form-5053392)

# WAYS TO Celebrate



Looking for ways to celebrate National Rural Health Day? Here are a few ideas!

## Hospitals/Rural Health Providers




Display National Rural Health Day banners & posters



Give tours of your facilities



Have a "staff appreciation" luncheon

Link the National Rural Health Day website to your website 


Host a field trip for local students



Job shadow a student interested in the health professions


+  
Plan/host a community health fair

"Hello! Happy National Rural Health Day"




Answer the phone with a custom NRHD greeting

Host or promote a Walk with a Doc Power of Rural Walk!



#powerofrural powerofrural.org

Use the hashtag #powerofrural in all of your social media on 11.21.19.



Do something "healthy" that day--eat more vegetables, bike instead of drive to work or get your cholesterol checked.

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