NOVEMBER 19, 2020 IS NATIONAL RURAL HEALTH DAY

The Rural Health and Primary Care Program will join the National Organization of State Offices of Rural Health (NOSORH) and other state/national rural stakeholders in commemorating National Rural Health Day on Thursday, November 19, 2020.

NRHD is an important, once-a-year opportunity to showcase rural America while focusing on the unique healthcare challenges facing an estimated 57 million rural citizens. Events, including those held virtually, recognizing National Rural Health Day and commemorating the power of rural are being planned throughout the nation. We hope you will take some time on November 19th to recognize and commemorate National Rural Health Day as well!

Looking for ideas? Attached is a poster of COVID-safe activities.

Please make every effort to share your activities and/or consider making your facility a supporter of National Rural Health Day by completing our online form:
http://www.123formbuilder.com/form-5053392/form -or- https://bit.ly/2GFUHFc

Thank you for your attention and do not hesitate to contact our office at (207) 287-5504 should you have any questions or would like additional information.

The Rural Health and Primary Care Team

Nicole Nate Merica

WAYS TO Commemorate

November 19, 2020 #powerofrural

National Rural Health Day™

Celebrating the Power of Rural!

IT'S NOT JUST A DAY, IT'S A MOVEMENT.

National Rural Health Day is November 19, 2020. Here are a few ideas!

Hospitals/Rural Health Providers

Display National Rural Health Day banners & posters

Host a virtual chat with a class at your local school

Have a "staff appreciation" luncheon

Link the National Rural Health Day website to your website

Sign up to become a supporter of National Rural Health Day

https://bit.ly/2GFUHFc

Present awards to honor your provider and community heroes

Develop a campaign to encourage flu vaccination in your area

"Hello! Happy National Rural Health Day"

Answer the phone with a custom NRHD greeting

Host or promote a Walk with a Doc Power of Rural Walk!

Use the hashtag #powerofrural in all of your social media on 11/19/2020

Do something healthy -- eat more vegetables or bike to work that day

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