

**Aroostook Public
Health Council**

Steering Committee:

Dr. Rachel Albert, RN
Chair,
Nursing Professor
University of Maine at Fort
Kent

Susan Bouchard, RN
SCC Representative,
*Director of Clinical Quality
& Risk Management*
Fish River Rural Health

Laura Turner
*Director of Community
Outreach*
NL AR Gould Hospital

Carol Bell
Hiring Manager
Penobscot McCrum

Leah Buck
*Dean of Continuing
Education*
Northern Maine Community
College

Ellen Bemis
Chief Executive Officer
Aroostook Mental Health
Center

Jane Rioux, RN
Clinical Manager –
Aroostook North
NL Home Care & Hospice

Stacy Boucher
District Liaison
Maine Center for Disease
Control and Prevention



Quarterly Meeting

Wednesday, February 5, 2025

Aroostook Public Health Council

In attendance: Rachel Albert, **UMFK**; Mark Bourgoïn, **NLHCH**; Tim St. Peter, **City of Presque Isle**; Maura Lockwood, **ME CDC**; Tammy Mitchell, **ME CDC**; Jessica Fowler, **ME CDC**; Leona Alvarado, **Tribal Liaison**; Galan Williamson, **NEWDB**; Laura Turner, **NLARG**; Heidi Warman, **KVHC**; Ellen Bemis, **AMHC**; Renee Chalou, **ME CDC**; Theresa Dow, **ACAP**; Sherri Dumont, **Pines Health**; Judy Anderson, **AAAA**; Jason Perry, **City of Presque Isle**; Sue Bouchard, **FRRH**; **MYAN**; Traci Rogers, **Pines Health**; James Markiewicz, **ME CDC**; Courtney Wall, **ME CDC**; Jessica Collin, **ME CDC**; Jane Rioux, **NLHCH**; Tessa Bartlett, **ME CDC**; Stacy Boucher, **ME CDC**; Viola Belanger, **Memory Clinic @ AAAA**; Katie Espling, **Mi'kmaq Nation**

Minutes 11/2024

- Motion to accept: Mark Bourgoïn, Laura Turner second
- All in favor of minutes as presented. No additional discussion.

District Operations – Maine CDC

- Currently monitoring Executive orders and other Federal level activity, will communicate with members/partners as needed
- Membership: Sheriff Peter Johnson has agreed to assume law enforcement sector seat vacated by Chief Mike Gahagan
- Results of Local Public Health System Assessment Prioritization Vote:
 - 1). Linkage to services
 - a. 2-1-1 [Report](#):
 - b. NL Find-Help [data](#)
 - 2). Increasing member representation
 - 3). Assure competency in health workforce

ACTION: Vote on District Plan

- Motion: Mark, Second: Judy. All in favor.

Tribal Update – Leona Alvarado

- Well Water Testing
 - water safety testing grant acquisition – 30 different tests required.
 - Digital Navigator
 - offering internet safety courses for communities regarding identifying fraud and scams.
 - Wellbriety class
 - 10 AM every Tuesday in Houlton, partnering with ARCH
 - 2 PM every Wednesday in Caribou
 - Mending Broken Hearts
 - 4 PM every Wednesday
 - Issues with funds stemming from Federal Funding Pause Executive Orders
- ACTION:** Houlton Band of Maliseet Health Director will reach out to Stacy with concerns

Presentations:

Tammy Mitchell, ME CDC Public Health Nursing:

**Aroostook Public
Health Council**

Steering Committee:

Dr. Rachel Albert, RN
Chair,
Nursing Professor
University of Maine at Fort
Kent

Susan Bouchard, RN
SCC Representative,
Director of Clinical Quality
& Risk Management
Fish River Rural Health

Laura Turner
Director of Community
Outreach
NL AR Gould Hospital

Carol Bell
Hiring Manager
Penobscot McCrum

Leah Buck
Dean of Continuing
Education
Northern Maine Community
College

Ellen Bemis
Chief Executive Officer
Aroostook Mental Health
Center

Jane Rioux, RN
Clinical Manager –
Aroostook North
NL Home Care & Hospice

Stacy Boucher
District Liaison
Maine Center for Disease
Control and Prevention



- Presentation [here](#)
 - PHN Maternal Child Program
 - CradleME –
 - <https://cradleme.org>
 - Encrypted Email: CradleMe.MECDC@maine.gov
 - Central Referral Line: 1-888-644-1130
 - Willing to work with hospital systems to put referral form in their EMRs
 - Plan of Safe Care
 - Baby & Me – support group

Viola Belanger, Memory Center, AAAA:

- Presentation [here](#)
 - Assessments, Care Planning, Referrals, Connection to Agency Services, Dementia Care Coordination, Respite Services (Adult Day)
 - Caregiver Support
 - Building Better Caregivers Class, Caregiver Support Group, Brain Health Education, Behavior Symptom Management Tips, Alzheimer's & Dementia Education, Care Planning, Respite Services

Roundtable:

- NEWDB
 - Putting together surveys to go out to businesses. Galan is willing to look at the previous survey and see if the data can be modified to meet the need of Aroostook PH concerns. Previous survey [here](#).
- AAAA
 - 20 Access Point sites established in Aroostook
 - Abuse Later in Life Program – trainings in Partnership with AAAA, Hope & Justice, Aroostook County Sheriff's Office
 - Maine Connectivity Authority Grant: Establishing a connectivity hub in Presque Isle with computer labs
- ACAP:
 - Maine Prevention Grant: fostering peer leadership in schools across Aroostook County
 - HEAL: Winter Activity Day in Schools to help encourage outdoor activity.
 - SUPS: Caswell school system- going in every Monday with 3rd-8th graders to provide social emotional learning

ACTIONS:

1. Members helping to develop action steps for LPHSA.
2. Galan will be providing data from workforce survey to target sectors for promotion.

Next quarterly APHC meeting:

- May 7, 2025