



**CDPHC March Meeting  
March 21, 2025 10am-12pm**

**Attendees:**

Hamda Ahmed (MeCDC/OPE), Peggy Akers (NLHC&H), Eve Ali (PCSRIMTP), Madonna Arsenault (SCSME), Cathy Bean-Kelley (NLHC&H), Liz Blackwell-Moore (CCPH), Kim Beaudoin, Anna Bullet (WIC), Matthew Cohen (MeCDC/PHN), Ahmed Daher (GCSME), Nick Farley (GCSME), Rachel Gallo (USM), Barbara Ginley (MH), Cassie Grantham (GPH), Susie Guthro (TOA), Allie Harvell (MeCDC), Amanda Hutchins (PPH), Kristine Jenkins (MeCDC), Courtney Kennedy (GSFB), Katie Karr (Mercy Hospital), Janet Lewin (MH), Sofia Licht MeCDC/DWP), Micaela Maynard (UNE), Melissa Maurais (DHHS/CBHS), Erin McGann (MeCDC/DBH), Nina Misra (UWSM), Victoria Morales (QHC), Darcy Pomelo, (BCC), Bridget Rauscher (PPH), Hannah Siladi (UNE), Melinda Thomas (Tear Cap Workshops), Jackie Thornton (SPSME), Brian Townsend (CommonSpace), Anne Tucker (GPH), Andrew Volkers (Preble Street)

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**Chair:**

**Cathy Bean Kelley**

Northern Light Home Care and Hospice

**Vice Chair:**

**Bridget Rauscher**

City of Portland

**Council Representative to**

**SCC:**

**Courtney Kennedy**

Good Shepherd Food Bank

**Barbara Ginley**

MaineHealth

**Susie Guthro**

The Opportunity Alliance

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Preble Street

**Mission**

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**Vision**

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Meeting Agenda Item	Notes	Additional Material(s) and Link(s)
Funds Update Other Items	<p>-Voting members approved giving \$500 to the Cross Cultural Community Services for their Black History Month. It was a two-day event; titled "Racism as a Public Health Issue." This fell within our council priorities</p> <p>-Allie and Kristine tabled for the council on day two</p> <p>-CDPHC Executive Committee has two subcommittees reviewing: the bylaws and council position paper on youth mental health. Anyone interested in participating or learning more contact Kristine or Allie</p> <p>-New CDPHC monthly newsletter. Contact Allie for ideas/additions</p> <p>-CDPHC Facebook page. (please LIKE/ Follow) <b>CDPHC-Maine</b></p> <p>-Cathy's last meeting of the council. She's leaving her position at Northern Light Home Care and Hospice.</p> <p>-CDPHC is looking for a new council Chair; if you're interested in that position please contact Kristine.</p>	
<b>Spiritual Well-being and Resilience</b> -Madonna Arsenault -Jackie Thornton	<p>-Cooperate with Strengthen Me to offer webinar, Spiritual Well-Being and Resiliency.</p> <p>- Program was coordinated by Maine DHHS, Office of Behavioral Health and partnership with Maine CDC in response to last year's severe weather storms that were declared disasters. It's funded by FEMA and a partnership with SAMHSA.</p> <p>-Goal at Spiritual Care Services Maine is to have Maine people prepared and well-resourced to meet similar challenges in the future especially when it comes to resiliency and emotional and spiritual well-being.</p> <p>- Call at 207-261-5200 for more information</p>	 Spiritual Well-Being and Resiliency Rev. M
<b>Mental Health Benefits of Creative Activities</b> Melinda Thomas, Tear Cap Workshops	<p><b>Rachel Gallo-</b> Been conducting interviews with participants of Maine's Office of Behavioral Health Self-Directed Care Pilot Program, which for people who qualify for mental health services. Pilot project is ending in nine days but art and maker spaces and creativity have been some of the biggest positive outcomes of this pilot project.</p> <p><b>Link:</b> <a href="https://alphaonenow.org/self-direction-pilot-program/">https://alphaonenow.org/self-direction-pilot-program/</a></p> <p><b>Brian Townsend-</b> <a href="#">CommonSpace</a> operates a drop-in day space in the middle of Portland. It's almost entirely people with chronic</p>	 TCW- crafting and health copy (1).pdf

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	homelessness, very complex substance use challenges. We're always surprised by the people who engage, by the level of creativity.	
<b>LPHSA Project</b> Kristine Jenkins,	<ul style="list-style-type: none"> <li>-2022 Local Public Health Systems Assessment (LPHSA) based on the 10 essential public health services and how we are delivering them as partners and as part of our own local public health system.</li> <li>-Took the lowest scoring public health services from our report</li> <li>-Had conversations during that assessment on potential opportunities that we would have to address those low scores.</li> <li>-We narrowed that list down with CDPHC Executive Committee</li> <li><b>-Short List Cumberland Public Health System Plan Doc:</b> - Some ideas came from the assessment and then our executive committee conversations had more ideas</li> <li>-Continue to move forward with a small executive committee working group, anybody can be involved in this work: contact Kristine for information</li> </ul>	 Short List Cumberland District P  <a href="#">LPHSA</a>
<b>Survey Introduction</b> Andrew Volkers,	<ul style="list-style-type: none"> <li>-Create some space and time to get feedback and input on the meeting.</li> <li>-Doing a brief whiteboard and sticky note activity.</li> </ul> <b>Survey/White Board Questions:</b> <ul style="list-style-type: none"> <li>-What parts of the meeting or presentation did you like the most?</li> <li>-Anything you would do differently?</li> <li>- What topics would you like the CDPHC to address in the future?</li> </ul>	<a href="#">Survey Link</a>
<b>Partner Updates</b>	<b>Kristine Jenkins (ME CDC Update)</b> - ME CDC is 63% federally funded. We're monitoring what's happening at the federal level, we're expecting some impacts, <ul style="list-style-type: none"> <li>-Cumberland District Vaccination Coordination group will be meeting next week to talk about some of the changes around just vaccinations</li> <li>- Northern Light Home Care and Hospice will focus of vaccinating people who are 60+ and age group and other vulnerable populations, like island communities, immigrant communities – no longer vaccinating schools</li> <li><b>-HCC update (Kristine Jenkins)</b>-</li> <li>-Cumberland District Healthcare Coalition meets quarterly. Recent meeting on March 6th</li> <li>-focused on a "case study" from recent incident at the Portland Center for Assisted Living; their heating system broke and they were looking to find beds for 153 residents.</li> <li>-The HCC reviewed the situation to identify best practices and lessons learned.</li> <li>-One of our HCC member facilities is responding to a flu outbreak and they have requested 250 disposable gowns. Another partner was able to provide those.</li> <li><b>Nina Misra</b>- UWSME has created a quick overdose recognition and response video. It shows how to recognize an opioid overdose and how to respond using naloxone. Video had subtitles in five other languages other than English. These videos are for anyone to use.</li> </ul>	

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<https://uwsme.org/our-work/healthy-community/harm-reduction/>

**Matthew.Cohen-** All PHN positions in York and Cumberland County are filled. Starting to get back into vaccination season. A vaccine event was scheduled earlier this week. We were able to vaccinate 15 children under VFC and one young adult. Still continuing to manage our TB caseload, which has been steady.  
**Rachel Gallo-** USM's Substance Use Research and Evaluation Team has set up a Maine opioid settlement support center with funding through the Maine Attorney General's Office. We're providing free technical assistance to all political subdivisions who have received money through the settlements. We're here to help with community engagement, data, research, and spending plans. Services are free through the Attorney General.

<https://www.themosscenter.org/>

**Ann Tucker-** GPH mobile medical clinic has been piloting at Common Space. Using their parking lot on Wednesday mornings to connect with community members who are in the area. It's been a very successful partnership. Wednesday nights mobile clinic is at the Cumberland County Jail. GPH has hired additional providers. They're open for primary care. If anybody is looking for primary care, regardless of insurance and commercial insurance or sliding fee program. They're also open for dental hygiene and dentists.

**Anna Bullett-** WIC served 3,100 people in January. Every month we they're seeing numbers of 200 to 300 more than the month before. People are getting connected, it tells us that people are in need. Not getting any additional funding for staffing.

-Really exciting food package changes in six months

-If an individual has a kid under five or they're pregnant, tell them to ask their WIC counselor about well testing

-Involved in a diaper pilot program, there are have some spots in Windham for the pilot. Money must be spent before the end of September.

**Peggy-** Group of nurses and some physicians went to Senator Collins office just to ask her to oppose any MaineCare cuts

**Next CDPHC Meeting:**

**May 16, 2025**

**10am-12pm**

**Windham Public Safety Building**

**375 Gray Rd. Windham**

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Group- [CDPHC-Maine](#)**