

Department of Health and Human Services Health and Environmental Testing Laboratory 221 State Street # 12 State House Station

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Detection of Listeria by Culture

Laboratory Submission Information Sheet

Reporting of suspect case to Maine CDC	•Yes: Listeria is a Notifiable Condition. If you have not already done so, please report suspect or confirmed cases to the Maine CDC via the disease reporting line: 1-800-821-5821 (24hrs/day 7 days/week.)
Required To Submit Laboratory Specimen	•Yes
Required Information	•Information on requisition must include: suspected organism if known or required, patient name, DOB, date of collection, specimen source or type, submitter name and contact information. •Important: all specimens must be labeled with patient name and be accompanied by a HETL requisition.
Specimen Requirements	• Stool samples in Cary-Blair • Raw stool • Isolates
Collection Instructions	•Stool: If possible, collect before start of treatment. Specimen may be raw stool, or stool in Cary-Blair. Samples in Cary-Blair should arrive at the laboratory within 48 hours of collection. Raw stool samples must be transported to lab within 2 hours of collection. Isolates should be sent on appropriate biological growth media. Ship samples at ambient temperature, raw stool must be shipped cold.
Turn Around Time	•Results are generally available within 18-36 hrs of specimen receipt. •Samples requiring culture and isolation may extend turn-around-time by 72 hours.
Unacceptable Conditions	• Specimens received without a form and clinical details or with insufficient material to analyze. • Specimens in poorly labeled/unlabeled or leaking containers. • Raw specimens not refrigerated or frozen, or not received in the lab within 2 hours of collection.
Results	•Report will include species identification. •Results will only be reported to the submitter listed on the requisition.
Laboratory Testing Fee	•Fee Waived
Applicable CPT Codes	•87046 (culture-clinical specimens)
Additional Information	•Bacteriology at 207-287-1704 •Virology, Respiratory, Arbovirus, Serology, and STI at 207-287-1722 •Molecular Biology, Sequencing, and Foodborne at 207-287-5769 •Mycobacterium and Rabies at 207-287-1706