

How to Test

- ◆ Blood collection supplies and mailers may be obtained at no cost by calling the State of Maine Health and Environmental Testing Lab (HETL) at 207-287-2727.
- ◆ Collect either a capillary or venous specimen.
- ◆ Wash and scrub any dust or dirt off the finger or toe with a surgical brush or soft toothbrush to obtain an accurate capillary specimen.
- ◆ State law requires that all blood lead specimens obtained from Maine children less than 6 years old be processed by HETL. Mail the specimen to HETL, 221 State Street, SHS #12, Augusta, ME 04333. Mailing labels are included with the HETL supplies.

Follow-Up Blood Lead Tests

- ◆ All capillary results $\geq 10\mu\text{g/dl}$ must be confirmed with a venous specimen.
- ◆ Use the following CDC recommendations to determine timing of follow-up blood lead testing:

Venous Blood Level	Routine Follow-Up (2-4 tests after identification)	Long-term Follow-Up (after BLL begins to decline)
10-14 $\mu\text{g/dl}$	Within 3 months	6-9 months
15-19 $\mu\text{g/dl}$	Within 2 months	3-6 months
$\geq 20 \mu\text{g/dl}$	Within 1 month	1-3 months
$\geq 45 \mu\text{g/dl}$	Repeat venous blood test immediately; Chelation therapy	Based on chelation protocol

How to Bill

- ◆ Children with private insurance or private pay: Bill patient or insurance for both the lab analysis fee and the blood draw. HETL will bill providers for the lab analysis fee.
- ◆ Children with MaineCare as primary insurance: Bill MaineCare for the blood draw. Check MaineCare on the HETL lab slip, include the Maine Care number and HETL will bill MaineCare for the lab analysis fee.
- ◆ For maximum reimbursement, include the diagnosis and procedure codes. If you have questions about billing, call your provider relations specialist at 1-800-321-5557.

Maine Healthy Homes & Lead Poisoning Prevention Program Interventions

Venous Blood Level	Interventions
10-14 $\mu\text{g/dl}$	<ul style="list-style-type: none"> ◆ Educational materials sent to family ◆ Offer for lead dust test ◆ Offer for Public Health Nursing home visit
$\geq 15 \mu\text{g/dl}$	<ul style="list-style-type: none"> ◆ Educational materials sent to family ◆ Offer for Public Health Nursing home visit ◆ Referral for environmental lead investigation (mandatory for rental units, voluntary for owner-occupied homes)

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