

Body Mass Index (BMI)*

2014 Maine Pregnancy Risk Assessment Monitoring System Survey Results

		Underweight		Normal		Overweight		Obese	
Demographic Groups	Population	%	CI	%	CI	%	CI	%	CI
Total	12,637	8.8	6.9 - 11.3	47.9	44.0 - 51.7	14.6	12.0 - 17.6	28.8	25.4 - 32.4
Age									
<20 years	653	#	# - #	52.0	36.3 - 67.4	#	# - #	21.7	11.3 - 37.5
20-24 years	2,756	8.6	4.9 - 14.9	46.3	37.8 - 55.1	12.0	7.4 - 18.9	33.0	25.4 - 41.7
25-34 years	7,344	9.4	6.8 - 12.8	48.2	43.2 - 53.2	14.8	11.5 - 18.8	27.6	23.3 - 32.4
35+ years	1,884	#	# - #	46.9	37.4 - 56.6	18.4	11.9 - 27.3	30.1	0.0 - 39.7
Mother's Race									
White	11,609	8.7	6.7 - 11.2	47.8	43.8 - 51.8	14.3	11.7 - 17.4	29.2	25.7 - 32.9
Black	421	#	# - #	#	# - #	#	# - #	#	# - #
Other	619	#	# - #	50.8	25.6 - 75.6	#	# - 3.0	#	# - #
Hispanic Origin									
No	12,471**	8.9	6.9 - 11.3	47.9	44.0 - 51.8	14.7	12.1 - 17.7	28.6	25.2 - 32.3
Yes	189**	#	# - #	#	# - #	#	# - #	#	# - #
Education									
< High School	982	#	# - #	38.9	24.9 - 55.0	#	# - #	42.2	27.6 - 58.3
High School	3,581	9.1	5.6 - 14.4	50.9	43.2 - 58.5	12.9	8.5 - 19.0	27.2	21.0 - 34.4
> High School	8,021	8.7	6.4 - 11.8	47.6	42.9 - 52.2	15.7	12.6 - 19.4	28.0	24.0 - 32.4
Marital Status									
Married	7,484	7.6	5.4 - 10.5	48.8	44.0 - 53.6	13.6	10.6 - 17.3	30.1	25.8 - 34.7
Not Married	5,080	10.5	7.2 - 15.0	46.4	40.1 - 52.8	16.1	11.9 - 21.3	27.0	21.7 - 33.1
Income									
\$0 to \$15,000	2,788**	10.4	6.3 - 16.6	42.7	34.5 - 51.3	15.8	10.5 - 23.1	31.2	23.8 - 39.7
\$15,001-\$26,000	1,809**	10.4	5.5 - 18.8	48.8	38.5 - 59.1	14.6	8.7 - 23.5	26.2	18.2 - 36.2
\$26,001-\$52,000	2,950**	7.4	4.3 - 12.5	43.7	36.1 - 51.6	14.1	9.3 - 20.7	34.8	27.8 - 42.6
More than \$52,000	4,220**	7.7	4.9 - 11.8	53.4	47.2 - 59.5	14.3	10.5 - 19.2	24.6	19.7 - 30.3

Enrolled in WIC																	
No	7,472**	7.2	5.1	-	10.1	50.8	46.1	-	55.6	15.5	12.3	-	19.3	26.5	22.5	-	30.9
Yes	4,572**	11.7	8.1	-	16.6	42.3	35.9	-	49.0	13.2	9.2	-	18.4	32.9	27.0	-	39.4
Enrolled in MaineCare/Medicaid																	
No	5,951**	7.3	5.0	-	10.5	52.9	47.6	-	58.1	14.5	11.2	-	18.6	25.4	21.0	-	30.2
Yes	6,154**	10.4	7.4	-	14.3	42.8	37.2	-	48.5	14.7	11.0	-	19.3	32.2	27.1	-	37.7
Infant's birth weight																	
<2500 grams	947	13.7	11.1	-	16.8	42.9	38.9	-	47.0	16.2	13.4	-	19.5	27.2	23.7	-	31.0
2500 grams or more	11,701	8.5	6.4	-	11.1	48.2	44.1	-	52.4	14.5	11.8	-	17.7	28.9	25.3	-	32.8

NOTES: CI = 95% Confidence Interval

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

**Recoded responses to Survey Question 1 and 2: How tall are you without shoes?*

Just before you got pregnant with your new baby, how much did you weigh?

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2014 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

Maine Department of Health and Human Services
Data, Research, and Vital Statistics