

Mother Exercised Before Pregnant*

2014 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		No			Yes		
	Population	%	CI		%	CI	
Total	12,637	45.5	41.8	- 49.4	54.5	50.6	- 58.2
Age							
<20 years	653	38.1	24.4	- 54.1	61.9	45.9	- 75.6
20-24 years	2,756	54.3	45.8	- 62.6	45.7	37.4	- 54.2
25-34 years	7,344	44.2	39.3	- 49.2	55.8	50.8	- 60.8
35+ years	1,884	41.2	32.3	- 50.8	58.8	49.2	- 67.7
Mother's Race							
White	11,609	45.4	41.5	- 49.3	54.6	50.7	- 58.5
Black	421	73.4	50.3	- 88.2	26.6	11.8	- 49.7
Other	619	#	#	- #	81.0	56.1	- 93.4
Hispanic Origin							
No	12,471**	45.3	41.5	- 49.2	54.7	50.8	- 58.5
Yes	189**	#	#	- #	#	#	- #
Education							
< High School	982	68.4	53.2	- 80.4	31.7	19.6	- 46.8
High School	3,581	57.0	49.5	- 64.2	43.0	35.8	- 50.5
> High School	8,021	38.1	33.7	- 42.7	61.9	57.3	- 66.4
Marital Status							
Married	7,484	38.3	33.8	- 43.1	61.7	57.0	- 66.2
Not Married	5,080	55.0	48.7	- 61.1	45.0	38.9	- 51.3
Income							
\$0 to \$15,000	2,788**	55.0	46.6	- 63.0	45.0	37.0	- 53.4
\$15,001-\$26,000	1,809**	48.7	38.6	- 58.9	51.3	41.2	- 61.4
\$26,001-\$52,000	2,950**	52.1	44.4	- 59.8	47.9	40.2	- 55.6
More than \$52,000	4,220**	32.8	27.4	- 38.8	67.2	61.2	- 72.6

Enrolled in WIC							
No	7,472**	38.3	33.8	-	43.1	61.7	57.0 - 66.2
Yes	4,572**	57.2	50.7	-	63.4	42.8	36.6 - 79.3
Enrolled in MaineCare/Medicaid							
No	5,951**	37.3	32.4	-	42.5	62.7	57.5 - 67.6
Yes	6,154**	53.5	48.0	-	59.0	46.5	41.0 - 52.0
Infant's birth weight							
<2500 grams	947	44.5	40.5	-	48.6	55.5	51.4 - 59.5
2500 grams or more	11,701	45.6	41.6	-	49.7	54.4	50.3 - 58.4

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

* *Survey Question 7b: During the 12 months before you got pregnant with your new baby, did you exercise 3 or more days of the week?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2014 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services
Data, Research, and Vital Statistics