

Mother Dieted Before Pregnant*

2014 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		No		Yes	
	Population	%	CI	%	CI
Total	12,637	69.9	66.3 - 73.2	30.2	26.8 - 33.8
Age					
<20 years	653	77.8	62.6 - 88.0	22.2	12.0 - 37.5
20-24 years	2,756	70.9	62.6 - 78.0	29.1	22.0 - 37.4
25-34 years	7,344	69.2	64.4 - 73.6	30.8	26.4 - 35.6
35+ years	1,884	67.5	58.1 - 75.7	32.5	24.3 - 41.9
Mother's Race					
White	11,609	69.3	65.6 - 72.8	30.7	27.2 - 34.4
Black	421	92.9	74.7 - 98.3	#	# - #
Other	619	62.9	35.8 - 83.8	#	# - #
Hispanic Origin					
No	12,471**	69.6	66.0 - 73.0	30.4	27.0 - 34.0
Yes	189**	#	# - #	#	# - #
Education					
< High School	982	79.0	64.1 - 88.7	21.0	11.3 - 35.9
High School	3,581	79.4	72.8 - 84.7	20.6	15.3 - 27.2
> High School	8,021	64.7	60.1 - 69.0	35.3	31.0 - 39.0
Marital Status					
Married	7,484	66.3	61.7 - 70.6	33.7	29.4 - 38.4
Not Married	5,080	74.0	68.2 - 79.1	26.0	20.9 - 31.8
Income					
\$0 to \$15,000	2,788**	77.3	69.7 - 83.4	22.7	16.6 - 30.3
\$15,001-\$26,000	1,809**	74.5	64.6 - 82.3	25.5	17.7 - 35.4
\$26,001-\$52,000	2,950**	68.7	61.0 - 75.4	31.3	24.6 - 39.0
More than \$52,000	4,220**	64.6	58.6 - 70.3	35.4	29.7 - 41.4

Enrolled in WIC							
No	7,472**	64.9	60.3	-	69.3	35.1	30.7 - 39.7
Yes	4,572**	78.0	72.3	-	82.8	22.0	17.2 - 27.7
Enrolled in MaineCare/Medicaid							
No	5,951**	68.3	63.3	-	72.9	31.7	27.1 - 36.7
Yes	6,154**	71.4	66.1	-	76.1	28.7	23.9 - 33.9
Infant's birth weight							
<2500 grams	947	74.4	70.7	-	77.7	25.6	22.3 - 29.3
2500 grams or more	11,701	69.5	65.7	-	73.1	30.5	26.9 - 34.3

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

* *Survey Question 7a: During the 12 months before you got pregnant with your new baby, did you diet to lose weight?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2014 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services
Data, Research, and Vital Statistics