

Health Care Worker Talked About Weight Gain During Prenatal Care Visit*

2014 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		No		Yes	
	Population	%	CI	%	CI
Total	12,637	20.7	17.8 - 24.0	79.3	76.1 - 82.2
Age					
<20 years	653	13.7	6.1 - 28.0	86.3	72.0 - 93.9
20-24 years	2,756	21.8	15.5 - 29.6	78.2	70.4 - 84.5
25-34 years	7,344	19.6	15.9 - 23.9	80.4	76.2 - 84.1
35+ years	1,884	26.1	18.6 - 35.3	73.9	64.7 - 81.4
Mother's Race					
White	11,609	21.0	18.0 - 24.4	79.0	75.6 - 82.0
Black	421	#	# - #	75.7	50.3 - 90.5
Other	619	#	# - #	87.7	57.5 - 97.4
Hispanic Origin					
No	12,471**	20.8	17.9 - 24.1	79.2	75.9 - 82.1
Yes	189**	#	# - #	#	# - #
Education					
< High School	982	19.2	10.0 - 33.9	80.8	66.1 - 90.1
High School	3,581	21.5	16.0 - 28.3	78.5	71.7 - 84.0
> High School	8,021	20.5	17.0 - 24.5	79.5	75.5 - 83.0
Marital Status					
Married	7,484	22.3	18.6 - 26.6	77.7	73.4 - 81.5
Not Married	5,080	18.5	14.1 - 23.8	81.5	76.2 - 85.9
Income					
\$0 to \$15,000	2,788**	19.4	13.7 - 26.8	80.6	73.2 - 86.3
\$15,001-\$26,000	1,809**	22.9	15.4 - 32.7	77.1	67.3 - 84.6
\$26,001-\$52,000	2,950**	24.5	18.5 - 31.7	75.5	68.3 - 81.5
More than \$52,000	4,220**	18.9	14.5 - 24.2	81.1	75.8 - 85.5

Enrolled in WIC							
No	7,472**	19.2	15.7 - 23.1	80.9	76.9 - 84.3		
Yes	4,572**	22.9	17.9 - 28.7	77.2	71.3 - 82.1		
Enrolled in MaineCare/Medicaid							
No	5,951**	20.1	16.2 - 24.5	80.0	75.5 - 83.8		
Yes	6,154**	21.3	17.1 - 26.2	78.7	73.8 - 82.9		
Infant's birth weight							
<2500 grams	947	22.8	19.5 - 26.4	77.2	73.6 - 80.5		
2500 grams or more	11,701	20.5	17.4 - 24.0	79.5	76.0 - 82.6		

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

* *Survey Question 23a: During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about how much weight you should gain during your pregnancy?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2014 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services
Data, Research, and Vital Statistics