

## Mom Felt Down, Depressed, or Hopeless Since Birth

*2014 Maine Pregnancy Risk Assessment Monitoring System Survey Results*

Demographic Groups	Population	Always		Often		Sometimes		Rarely		Never	
		%	CI	%	CI	%	CI	%	CI	%	CI
<b>Total</b>	<b>12,637</b>	<b>0.6</b>	<b>0.3 - 1.3</b>	<b>6.0</b>	<b>4.4 - 8.1</b>	<b>19.8</b>	<b>16.9 - 23.0</b>	<b>31.7</b>	<b>28.2 - 35.3</b>	<b>42.0</b>	<b>38.2 - 45.8</b>
<b>Age</b>											
<20 years	653	#	# - #	12.1	5.0 - 26.3	#	# - #	28.1	15.9 - 44.7	40.8	26.3 - 57.0
20-24 years	2,756	#	# - #	6.9	3.7 - 12.7	29.9	22.6 - 38.4	21.6	15.3 - 29.6	40.4	32.2 - 49.1
25-34 years	7,344	#	# - #	5.6	3.6 - 8.4	18.0	14.5 - 22.1	34.8	30.2 - 39.7	41.3	36.4 - 46.3
35+ years	1,884	#	# - #	#	# - #	12.8	7.6 - 20.7	35.8	27.4 - 45.2	47.3	38.1 - 56.7
<b>Mother's Race</b>											
White	11,609	0.5	0.2 - 1.2	5.9	4.3 - 8.1	20.0	17.0 - 23.4	32.9	29.3 - 36.7	40.8	37.0 - 44.8
Black	421	#	# - #	#	# - #	#	# - #	#	# - #	#	# - #
Other	619	#	# - #	#	# - #	#	# - #	#	# - #	#	# - #
<b>Hispanic Origin</b>											
No	12,471**	0.6	0.3 - 1.3	5.8	4.3 - 7.9	19.9	17.0 - 23.2	31.7	28.2 - 35.4	42.0	38.2 - 45.8
Yes	189**	#	# - #	#	# - #	#	# - #	#	# - #	#	# - #
<b>Education</b>											
< High School	982	#	# - #	#	# - #	27.6	15.9 - 43.4	27.6	15.9 - 43.4	39.5	25.9 - 55.0
High School	3,581	1.9	0.8 - 4.7	6.9	4.0 - 11.7	19.6	14.3 - 26.2	27.1	20.8 - 34.3	44.6	37.2 - 52.1
> High School	8,021	#	# - #	5.7	3.8 - 8.3	19.0	15.6 - 22.9	34.1	29.9 - 38.6	41.1	36.7 - 45.8
<b>Marital Status</b>											
Married	7,484	#	# - #	3.6	2.3 - 5.8	18.2	14.9 - 22.2	34.4	30.1 - 39.1	43.4	38.7 - 48.1
Not Married	5,080	#	# - #	9.2	6.2 - 13.5	21.7	17.0 - 27.3	28.0	22.6 - 34.0	40.3	34.3 - 46.7
<b>Income</b>											
\$0 to \$15,000	2,788**	#	# - #	11.4	7.2 - 17.7	18.9	13.3 - 26.2	27.8	21.0 - 36.0	40.6	32.7 - 49.0
\$15,001-\$26,000	1,809**	#	# - #	9.2	4.6 - 17.5	25.2	17.3 - 35.3	29.9	21.3 - 40.3	35.3	26.1 - 45.6
\$26,001-\$52,000	2,950**	#	# - #	#	# - #	23.6	17.6 - 30.8	25.5	19.3 - 32.8	46.7	39.0 - 54.5
More than \$52,000	4,220**	#	# - #	2.8	1.4 - 5.5	14.6	10.8 - 19.4	40.4	34.5 - 46.5	41.8	35.9 - 47.9

Enrolled in WIC												
No	7,472**	#	# - #	4.8	3.2 - 7.3	16.7	13.5 - 20.5	35.3	30.9 - 40.0	42.8	38.1 - 47.5	
Yes	4,572**	#	# - #	8.0	5.2 - 12.3	24.4	19.2 - 30.4	25.5	20.2 - 31.6	41.3	35.0 - 47.8	
Enrolled in MaineCare/Medicaid												
No	5,951**	#	# - #	3.2	1.8 - 5.5	16.0	12.6 - 20.2	36.9	32.0 - 42.1	43.6	38.5 - 48.8	
Yes	6,154**	0.8	0.3 - 2.1	8.8	6.1 - 12.5	23.5	19.1 - 28.5	26.6	21.9 - 31.8	40.4	35.1 - 46.0	
Infant's birth weight												
<2500 grams	947	3.4	2.2 - 5.2	12.2	9.8 - 15.2	24.0	20.7 - 27.6	26.1	22.8 - 29.8	34.2	30.5 - 38.2	
2500 grams or more	11,701	#	# - #	5.6	3.9 - 7.8	19.5	16.4 - 23.0	32.1	28.4 - 36.0	42.5	38.5 - 46.6	

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

\*Survey Question 79: *Since your new baby was born, how often have you felt down, depressed, or hopeless?*

*Always, Often, Sometimes, Rarely, Never*

\*\* Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2014 birth file.

# There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services  
Data, Research, and Vital Statistics