

**Maine PRAMS Selected Maternal Child Health Indicators  
Phase 8 (2016-2020)**

Topic/Variable	2016		2017		2018		2019		2020	
	n*	% (95% CI)'	n*	% (95% CI)'	n*	% (95% CI)'	n*	% (95% CI)'	n*	% (95% CI)'
<b>Birth Weight &amp; prematurity (from corresponding year birth certificates)</b>										
Low birth wt.**	12,698	7.1	12,291	6.4	12,300	6.6				
Premature***	12,698	8.6	12,291	6.6	12,300	7.0				
<b>Pre-pregnancy weight (BMI)</b>										
Q 1 & 2: (recoded) 1. How tall are you without shoes, and 2. Just before you got pregnant with your new baby, how much did you weigh?										
Underweight	12,698	8.2 (6.1-11.0)	12,291	9.2 (7.3-11.7)	12,300	9.2 (7.1-11.9)				
Overweight	12,698	13.9 (11.3-17.0)	12,291	14.7 (12.1-17.7)	12,300	16.6 (13.7-19.9)				
Obese	12,698	32.0 (28.3-36.1)	12,291	28.2 (24.8-31.8)	12,300	29.6 (25.9-33.5)				
<b>Cesarean deliveries</b>										
Q 46: Did you plan or schedule a cesarean delivery (c-section) at least one week before your new baby was born?										
Yes	12,698	15.6 (12.9-18.7)	12,291	18.08 (15.3-21.2)	12,300	18.3 (15.4-21.7)				
Q 47: How was your new baby delivered?										
C-section	12,698	24.7 (21.5-28.2)	12,291	29.7 (26.3-33.3)	12,300	30.8 (27.3-34.7)				
<b>Birth Control</b>										
Q 14: When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant? (among women who were not trying to get pregnant)										
No	4,708	54.1 (46.9-61.2)	4,502	60.1 (53.8-66.1)	4,672	63.8 (57.1-69.9)				
Q 68: Are you or your husband or partner doing anything now to keep from getting pregnant?										
No	12,698	20.7 (17.3-24.6)	12,291	22.7 (19.6-26.2)	12,300	81.3 (77.9-84.3)				
<b>Unintended births</b>										
Q 12: (recoded) Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant?										
Unintended	12,698	20.6 (17.6-24.4)	12,291	20.1 (17.2-23.4)	12,300	19.2 (16.2-22.7)				
Unsure	12,698	16.3 (13.2-20.1)	12,291	14.2 (11.7-17.2)	12,300	13.1 (10.5-16.2)				
<b>Infants who ever breastfed</b>										
Q 54: Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?										
Yes	12,698	89.7 (86.7-92.2)	12,291	90.7 (88.2-92.7)	12,300	88.3 (85.3-90.7)				

n\* Weighted sample size (n X % = count)

% Weighted percent

(95% CI)' Confidence interval

Unweighted low birth weight\*\* <2,500 grams

Unweighted premature birth\*\*\* <37 weeks

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<b>Sleep position</b>										
Q 63: In which position do you most often lay your baby down to sleep now?										
Back	12,698	85.4 (82.1-88.2)	12,291	89.2 (86.5-91.5)	12,300	88.4 (85.3-90.9)				
<b>Asthma</b>										
Q 4d: During the 3 months before you got pregnant with your new baby, did you have any of the following health conditions?										
Asthma	12,698	14.9 (12.1-18.2)	12,291	14.6 (12.0-17.6)	12,300	15.9 (13.1-19.3)				
Q 24d: During your most recent pregnancy, did you have any of the following health conditions?										
Asthma	12,698	10.3 (7.9-13.3)	12,291	11.2 (8.9-13.9)	12,300	13.2 (10.5-16.3)				
<b>Smoking during pregnancy</b>										
Q 28: (recoded) In the last 3 months of your pregnancy, how many cigarettes did you smoke on an average day?										
Smoked	12,698	14.3 (11.2-18.2)	12,291	13.7 (11.3-16.7)	12,300	11.9 (9.5-14.9)				
<b>Alcohol during pregnancy (among women who reported drinking in the past two years)</b>										
Q 39: (recoded) During the last 3 months of your pregnancy, how many alcoholic drinks did you have in an average week?										
Drank	9,270	9.6 (7.3-12.4)	9,255	9.9 (9.8-15.6)	9,361	9.0 (8.7-14.3)				
<b>Marijuana use</b>										
Q 77: During any of the following time periods, did you use marijuana or hash in any form?										
12 mo. before	12,698	21.6 (18.1-25.6)	12,291	23.5 (20.3-26.9)	12,300	25.7 (22.2-29.5)				
During preg.	12,698	8.8 (6.4-12.0)	12,291	10.8 (8.6-13.5)	12,300	11.8 (9.3-14.7)				
Since birth	12,698	9.8 (7.5-12.7)	12,291	14.4 (11.9-17.4)	12,300	14.1 (11.4-17.3)				
<b>Lead poisoning</b>										
Q 82: Which of the following do you think is the most common cause of lead poisoning in children? (2 of 5 responses)										
Paint dust	12,698	54.0 (49.6-58.4)	12,291	68.2 (64.1-72.1)	12,300	67.0 (62.1-71.6)				
Don't know	12,698	22.5 (19.0-26.5)	12,291	19.0 (16.1-22.3)	12,300	26.5 (22.8-30.6)				
<b>Dental Insurance</b>										
Q 83: Do you have any insurance that pays for some or all of your dental care?										
Yes	12,698	63.6 (59.3-67.6)	12,291	65.7 (61.9-69.3)	12,300	62.8 (58.7-66.7)				

n\* Weighted sample size (n X % = count)

% Weighted percent

(95% CI)' Confidence interval

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