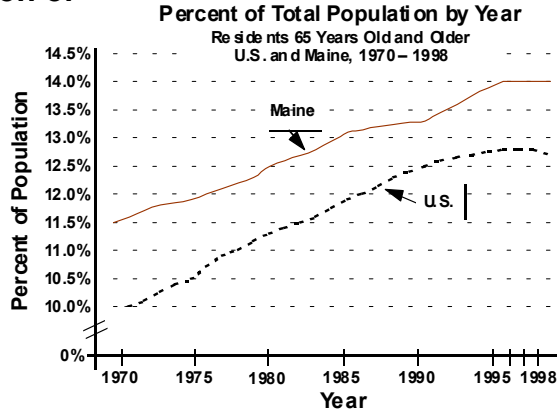


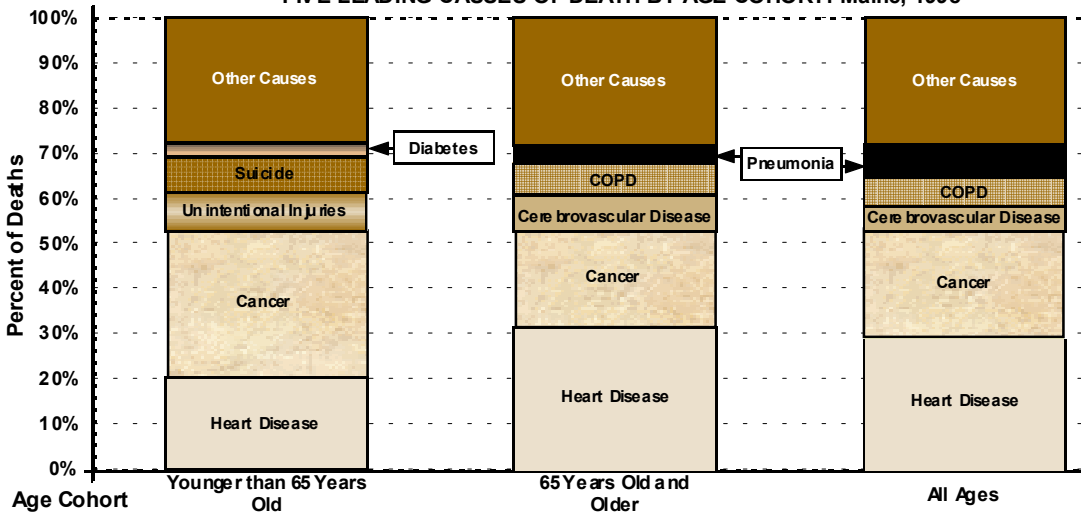
# MAINE RESIDENTS AGED 65 AND OLDER

Maine: 1998

- ➔ In 1998, there were 174,832 elderly residents in Maine – 71,927 males and 102,905 females. They represented 14% of the state’s population; nationally, this age group represented 12.7 % of the population.
- ➔ Since 1970, this age group has accounted for a larger segment of the population, nationally and in Maine. In Maine, residents 65 years old and older comprised a 2½% larger portion of the population in 1998 than they did in 1970. This was comparable to what was observed nationally.
- ➔ Although females made up nearly 60% of the population aged 65 years old and older, they represented 72% of the population 85 and older.
- ➔ In 1998, 80 % of Maine deaths were to residents aged 65 years old and older – 9,715 elderly Maine residents died. The leading cause of death for this age group was heart disease followed by cancer. In fact, deaths from these 2 causes represented more than half of all elderly deaths.



FIVE LEADING CAUSES OF DEATH BY AGE COHORT: Maine, 1998



- ➔ When asked, “How is your general health?”, 75% of Maine’s elderly residents reported that their health was excellent, very good, or good; 87.5% of Maine’s total adult population reported the same answers.<sup>1</sup>

Maine Residents	“How is Your General Health?”				
	Excellent	Very Good	Good	Fair	Poor
65 and Older	14.4%	24.3%	36.4%	17.1%	7.9%
18 and Older	26.7%	33.6%	27.2%	8.8%	3.7%

Notes: Population data for the years 1980 – 1998 were obtained from the U.S. Census Bureau web site. Population data for the 1970s were obtained from the Statistical Abstracts of the United States, Census Bureau, 1972 and 1977.

Footnote 1: Maine Behavioral Risk Factor Surveillance System, 1998 data. A full citation is available upon request.

For further data on this topic, please contact:  
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