WIC Minimum Stocking Requirement—WIC-approved products only—effective October 1, 2016

Food Category and Page in Approved Food List	Description *Means only specific products on Approved Food List	Size	Quantity, Minimum Requirement
Fruits, p.10	Fresh or frozen or canned fruit	any	15 pounds total, 2 kinds
Vegetables, p.10	Fresh or frozen or canned vegetables	any	15 pounds total, 2 kinds
Infant Cereal*, p.11	Beech-Nut Baby Cereal*	8 ounce box	6 boxes, 2 kinds*
Infant Food*, p.11	Vegetables: Beech-Nut Classics*	4 ounce jar	32 jars total, 2 kinds*
	Fruits: Beech-Nut Classics*	4 ounce jar	32 jars total, 2 kinds*
Infant Food Meats*, p.11	Meats: Beech-Nut Classics*	2.5 ounce jar	24 jars total, 2 kinds*
Infant Formula	Similac Advance ® Similac Isomil® Similac Sensitive® Similac for Spit-Up® Similac Total Comfort®	12.0-12.4 ounce cans (dependent upon product)	24 cans of Similac powdered formula
Beans/Peas/Lentils, p.12	Beans/Peas/Lentils -Canned	15-16 ounce can	8 cans or 2 bags
	Beans/Peas/Lentils -Dry	16 ounce bag	
Eggs, p.12	Grade A- Any size, brown or white shells	dozen	2 cartons
Peanut Butter, p.12	Creamy, smooth, chunky, crunchy, or extra crunchy	16-18 ounce jar	2 jars
Fish Canned, p.12	Chunk or light tuna, pink salmon, or sardines	3.75-15 ounce cans, 6 ounce or larger pouches	60 ounces
Milk, p.13	Whole milk	gallon, half gallon, quart	4 gallons total, including at least 2 quart size containers
	1% or skim milk	gallon, half gallon, quart	4 gallons total, including at least 2 quart size containers
Cheese, p.14	Block, shredded or sliced of reduced fat or regular	8 or 16 ounces	32 ounces total
Whole Grains*, p.15-16	Whole wheat bread*	16 ounce loaf	2 loaves*
	Oatmeal*, soft shell whole grain tortillas*, whole wheat pasta*	16 ounce package	2 packages*
	Brown rice	14-16 ounce package	
Cereal*, p.17-18	WIC approved cereal*	12-36 ounce box	6 boxes, two kinds, at least 1 must be whole grain*
100% Juice*, p.19	Bottled juice*	64 ounce bottle	6 bottles, two kinds*
100% Juice Concentrate*, p.20	Frozen or liquid*	11.5-12 ounce can	6 cans, two kinds*