V. Miscellaneous Medical Formulas

Medical formulas are available for infants, children and women who have been assessed to have a medical condition which precludes or restricts the use of conventional foods and necessitates the use of a formula. ***The medical foods are not to be authorized solely for the purpose of enhancing nutrient intake or managing body weight if the participant is able to eat conventional foods adequately.***

The formula list below is not all inclusive. Other formulas, such as metabolic formulas, may be provided on a case-by-case basis. Provision of medical formulas will be coordinated with MaineCare.

For WIC participants who are enrolled in the MaineCare program:

- ***Hypercaloric and hydrolysate formulas*** will be provided by WIC up to the federal maximum issuance per month. Any medically necessary amounts needed over WIC's federal maximum will be provided by MaineCare.
- All ***elemental (amino acid-based) formulas*** will be provided by MaineCare

If WIC participants who are not enrolled in MaineCare:

- The Maine CDC WIC Nutrition Program will provide the formula in amounts not to exceed the federal maximum issuance per month.

Prescriptions for these formulas must include:

- **specific product requested**
- **diagnosis**
- **length of time the product is needed**
- **amount prescribed per day**

Health care providers may use the ***Maine CDC WIC Nutrition Program/MaineCare Request/Prior Authorization for Medical Formula/WIC-Eligible Nutritionals*** form to obtain approval and prior authorization for MaineCare coverage. **This form must be sent to the local WIC office in order for MaineCare to approve coverage of the formula prescribed.**

<table>
<tr><th colspan="6">Miscellaneous Medical Formulas</th></tr>
<tr><th>Product Name</th><th>Description</th><th>Packaging</th><th>Composition</th><th>Indications</th><th>Maximum Monthly WIC Issuance Amounts</th></tr>
<tr>
<td>Similac® PM 60/40
(Abbott Nutrition)</td>
<td>Low-iron, lower mineral content medical infant formula

Gluten free
Kosher
Halal</td>
<td>Powder:
14.1 oz. (400g) can; 6 cans/case

Reconstitution/can:
102 fl. oz.

NDC: 70074-0608-50</td>
<td>CHO: lactose
PRO: whey protein concentrate, sodium caseinate
FAT: high oleic safflower, soy and coconut oils

Contains vitamins and reduced mineral content
Additional iron should be supplied from other sources.

Standard dilution: 20 cal./fl. oz.
Osmolality = 280 mOsm/kg H20</td>
<td>For infant requiring lower mineral intake, including those with impaired renal function. Calcium to phosphorous ratios designed to manage serum calcium disorders, such as hypercalcemia and hypocalcemia due to hyperphosphatemia. Conditions where infant is losing abnormal quantities of one or more electrolytes, it may be necessary to supply electrolytes from sources other than the formula.

Low birth weight babies (<1500g at birth) may need additional calcium, phosphorus and sodium during periods of rapid growth</td>
<td>
<table>
<tr><th>Non-breastfed infants</th><th>0-3 months</th><th>4-5 months</th><th>6-11 months</th></tr>
<tr><td>Powder: 14.1 oz.</td><td>8 cans</td><td>9 cans</td><td>6 cans</td></tr>
<tr><th>Partially breastfed infants</th><th>1-3 months</th><th>4-5 months</th><th>6-11 months</th></tr>
<tr><td>Powder: 14.1 oz.</td><td>4 cans</td><td>5 cans</td><td>3 cans</td></tr>
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<tr>
<td>Enfaport
(Mead Johnson Nutrition)</td>
<td>Nutritionally complete, iron-fortified, high protein formula for infants with chylothorax or LCHAD deficiency

60:40 whey-to-casein ratio

84% of fat from MCT oil</td>
<td><u>RTU:</u>
6 fl. oz. bottle, 24 bottles/case

NDC: 0087-510525</td>
<td>CHO: corn syrup solids, lactose
PRO: skim milk, whey protein concentrate
FAT: MCT, soy, M. alpina and C. cohnii oils

Contains vitamins and minerals

Ready to use: 30 cal./fl. oz.
Dilution instructions available for mixing to 20 -28 kcal/oz if needed

Osmolality = 360 mOsm/kg H_20</td>
<td>Enfaport is designed to meet the unique nutritional needs of infants with Chylothorax or LCHAD deficiency. Enfaport balances high levels of MCT oil for easier absorption, and has DHA and ARA, important fatty acids for infant development.</td>
<td>
<table>
<tr><th>Non-breastfed infants</th><th>0-3 months</th><th>4-5 months</th><th>6-11 months</th></tr>
<tr><td>RTU</td><td>138 bottles</td><td>152 bottles</td><td>107 bottles</td></tr>
<tr><th>Partially breastfed infants</th><th>1-3 months</th><th>4-5 months</th><th>6-11 months</th></tr>
<tr><td>RTU</td><td>64 bottles</td><td>79 bottles</td><td>56 bottles</td></tr>
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<tr><th colspan="6">Miscellaneous Medical Formulas</th></tr>
<tr><th>Product Name</th><th>Description</th><th>Packaging</th><th>Composition</th><th>Indications</th><th>Maximum Monthly WIC Issuance Amounts</th></tr>
<tr>
<td>3232 A
(Mead Johnson Nutrition)</td>
<td>Nutritionally incomplete protein hydrolysate formula base that is to be used with added carbohydrate.

Lactose Free
Galactose Free

82% of fat from MCT oil</td>
<td><u>Powder</u>:
16 oz cans, 6 cans/case

Reconstitution/can: varies, according to mixing instructions

NDC: 00087–042541</td>
<td>CHO: modified tapioca starch (serves as stabilizer)
PRO: casein hydrolysate (from milk), L-amino acids
FAT: MCT, corn oils

Without added carbohydrate: 12.7 calories/ fl. oz.

Calories/ounce and osmolality depend on mixing instructions and carbohydrates added</td>
<td>For dietary management of infants and children with disaccharidase deficiencies or other disorders of carbohydrate metabolism.

Additional carbohydrate is needed. If used long-term, essential fatty acids should be considered.</td>
<td>
<table>
<tr><th>Non-breastfed infants</th><th>0-3 months</th><th>4-5 months</th><th>6-11 months</th></tr>
<tr><td>Powder: 16 oz.</td><td>Dependent on Rx</td><td>Dependent on Rx</td><td>Dependent on Rx</td></tr>
<tr><td></td><td></td><td></td><td></td></tr>
<tr><th>Partially breastfed infants</th><th>1-3 months</th><th>4-5 months</th><th>6-11 months</th></tr>
<tr><td>Powder: 16 oz.</td><td>Dependent on Rx</td><td>Dependent on Rx</td><td>Dependent on Rx</td></tr>
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<tr>
<td>Portagen®
(Mead Johnson Nutritionals)</td>
<td>Nutritionally incomplete iron fortified formula with easily digestible fats.

Suitable for lactose intolerance

Low Residue
Kosher

Not recommended for infants

87% of fat from MCTs</td>
<td><u>Powder</u>:
410g can, 6 cans/case

Reconstitution/can: 64 fl. oz.

NDC: 0087-511728</td>
<td>CHO: corn syrup solids, sugar
PRO: sodium caseinate (from milk)
FAT: MCT and corn oils

Contains vitamins and minerals

Standard dilution: 30 cal. /fl. oz.

Osmolality = 350 mOsm/kg H_2O</td>
<td>For children and adults with defects in the intraluminal hydrolysis of fat (decreased pancreatic lipase, decreased bile salts), defective mucosal fat absorption (decreased mucosal permeability and/or absorptive surface) and/or defective lymphatic transport of fat (intestinal lymphatic obstruction) If used long term, supplementation of essential fatty acids and ultra-trace minerals should be considered.

Not recommended for use as an infant formula.</td>
<td>
<table>
<tr><th colspan="2">Children</th></tr>
<tr><td>Powder
16 oz.</td><td>14 cans</td></tr>
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