II. Hypercaloric Formulas for Preterm, Low Birth Weight and Failure to Thrive Infants

Preterm formulas are available in 20, 22 or 24 calories per ounce formulations.

- Very low birth weight infants who are not breastfed or who need a formula supplement after discharge from the hospital may have a prescription for a preterm 24 calorie formula. **Intake should be monitored closely as fat soluble vitamin intake can be excessive as intake increases.**
- Hypercaloric premature formulas are not intended for feeding low-birth weight infants after they reach a certain weight (between 5.5 – 8 pounds, depending on formula). See indications for each formula below.
- Transition preterm formulas are available in 22 calories per ounce formulations. These formulas contain higher levels of protein and other nutrients, including calcium and phosphorus, for optimal growth and development. The AAP recommends use of transition preterm formulas until the infant reaches a postnatal age of 9 months.

Hypercaloric ready to feed 24 calories per ounce formula is also available for term infants needing a higher concentration of calories. This form of formula may be requested if the prescriber has concluded there are concerns about the correct caloric concentration being mixed by the infant’s caretaker.

All preterm and hypercaloric formulas must be prescribed by a licensed health care provider prior to issuance. According to WIC Federal Regulations (7 CFR, Part 246), monthly formula issuance amounts are based on infant age, feeding choice (partially breastfed or fully formula fed) and form of formula (powder, concentrate, ready to feed). Partially breastfed infants needing supplemental formula may receive a maximum of one can of powdered formula in the first thirty (30) days of life, and will have monthly issuance tailored according to individual need throughout the rest of the first year. WIC maximum formula issuance amounts for all infant age groups, feeding choices and forms of formula are included for each item listed.

**For WIC participants who are enrolled in the MaineCare program:** Preterm and low birth weight formulas will be provided by WIC up to the federal maximum issuance per month. Any medically necessary amounts needed over WIC’s federal maximum will be provided by MaineCare.

**If the infant is not enrolled in MaineCare,** the Maine CDC WIC Nutrition Program will provide the formula in amounts not to exceed the federal maximum issuance per month.

Prescriptions for these formulas must include:

- specific formula name
- diagnosis
- length of time the product is needed
- amount of formula prescribed per day

Health care providers may use the Maine CDC WIC Nutrition Program/MaineCare Request/Prior Authorization for Medical Formula/WIC-Eligible Nutritionals form to obtain approval and prior authorization for MaineCare coverage. **This form must be sent to the WIC office first in order for MaineCare to approve coverage of the formula prescribed.**
<table>
<thead>
<tr>
<th>Product Name</th>
<th>Description</th>
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<tr>
<td><strong>Enfamil® NeuroPro</strong>&lt;br&gt;EnfaCare® (Mead Johnson Nutritionals)</td>
<td>Milk-based infant formula designed with extra nutrients for premature or low birth weight infants.&lt;br&gt;20% of fat from MCT&lt;br&gt;Contains no known sources of gluten</td>
<td>Powder: 12.8 oz. cans, 6 cans/case&lt;br&gt;Reconstitution: 82 fl. oz at standard dilution&lt;br&gt;NDC: 0087-001944&lt;br&gt;Ready to Feed: 32 oz bottles, 4/case&lt;br&gt;NDC: 80087-139041</td>
<td>CHO: corn syrup solids, lactose (powder); maltodextrin, lactose (RTU)&lt;br&gt;PRO: nonfat milk, whey protein concentrate&lt;br&gt;FAT: high oleic sunflower, soy, MCT, coconut, M. alpina and C. cohnii oils&lt;br&gt;Contains vitamins and minerals&lt;br&gt;More calcium and phosphorus than standard formula but less than Enfamil Premature products&lt;br&gt;Standard Dilution: 22 cal./fl. oz.&lt;br&gt;Osmolality=230 mOsm/kg H2O (RTF), 310 mOsm/kg H2O (powder)</td>
<td>For premature infants with higher caloric needs.&lt;br&gt;Typically used during the first year of life for premature infant after reaching 1800 grams (4 pounds).</td>
<td>Non-breastfed infants&lt;br&gt;Powder: 12.8 oz. 10 cans 11 cans 8 cans&lt;br&gt;RTF (8 oz. in 6-packs): 17 6-packs 19 6-packs 13 6-packs&lt;br&gt;RTF (2 oz.): 416 nursettes 456 nursettes 321 nursettes&lt;br&gt;Partially breastfed infants&lt;br&gt;Powder: 12.8 oz. 5 cans 6 cans 4 cans&lt;br&gt;RTF (8 oz. in 6-packs): 8 6-packs 9 6-packs 7 6-packs&lt;br&gt;RTF (2 oz.): 192 nursettes 237 nursettes 169 nursettes</td>
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<tr>
<td><strong>Similac® Expert Care™ NeoSure®</strong> (Abbott Nutrition)</td>
<td>Milk based, iron-fortified, nutritionally complete, post-discharge infant formula designed for babies who were born prematurely.&lt;br&gt;Gluten-free&lt;br&gt;Kosher&lt;br&gt;Halal</td>
<td>Powder: 13.1 oz. cans, 6 cans/case&lt;br&gt;Reconstitution: 87 fl. oz at standard dilution&lt;br&gt;NDC: 70074-0574-31&lt;br&gt;Ready to Feed liquid: 32 oz bottles, 6 bottles/case&lt;br&gt;NDC: 70074-0574-56</td>
<td>CHO: corn syrup solids, lactose&lt;br&gt;PRO: nonfat milk, whey protein concentrate&lt;br&gt;FAT: soy, high oleic safflower, coconut, MCT, and M. alpina and C. cohnii oils&lt;br&gt;Contains vitamins and minerals&lt;br&gt;More calcium and phosphorus than standard formula but less than Similac Special Care products&lt;br&gt;Standard dilution: 22 cal./fl. oz.&lt;br&gt;Osmolality=250 mOsm/kg H2O</td>
<td>For premature infants post-discharge for the first year of life.</td>
<td>Non-breastfed infants&lt;br&gt;Powder: 13.1 oz. 10 cans 11 cans 8 cans&lt;br&gt;RTF: 32 oz 26 bottles 28 bottles 20 bottles&lt;br&gt;RTF: 2 oz 416 nursettes 456 nursettes 321 nursettes&lt;br&gt;Partially breastfed infants&lt;br&gt;Powder: 13.1 oz. 5 cans 6 cans 4 cans&lt;br&gt;RTF: 32 oz 12 bottles 14 bottles 10 bottles&lt;br&gt;RTF 2 oz 192 nursettes 237 nursettes 169 nursettes</td>
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# Preterm and Low Birth Weight Formulas

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<tr>
<td><strong>Enfamil® Premature 20</strong>&lt;br/&gt;with Iron&lt;br/&gt;(Mead Johnson Nutritionals)</td>
<td>Milk-based infant formula designed for premature or low birth weight infants&lt;br/&gt;40% of fat from MCT oil&lt;br/&gt;Whey:Casein = 80:20&lt;br/&gt;Kosher Halal</td>
<td><strong>Ready to Feed:</strong> 2 oz. nursettes, 48 nursettes/case&lt;br/&gt;NDC: 0087-139241</td>
<td>CHO: corn syrup solids, lactose&lt;br/&gt;PRO: nonfat milk, whey protein concentrate&lt;br/&gt;<strong>FAT:</strong> MCT, soy, high oleic sunflower, M. alpina and C. cohnii oils&lt;br/&gt;Contains vitamins and minerals&lt;br/&gt;Higher calcium and phosphorus levels than standard formula</td>
<td>For premature infants needing an iron-fortified formula.&lt;br/&gt;When &gt;14 oz. of formula is consumed/day, which may occur with infants weighing more than 2500 grams (&gt;5.5 pounds), intake of some nutrients (e.g., fat-soluble vitamins) may be excessive.</td>
<td><strong>Non-breastfed infants</strong>&lt;br/&gt;<strong>RTF (2 oz.)</strong>&lt;br/&gt;0-3 months: 416 nursettes&lt;br/&gt;4-5 months: 456 nursettes&lt;br/&gt;6-11 months: 321 nursettes</td>
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<td><strong>Prepared Dilution:</strong> 20 cal./fl. oz&lt;br/&gt;Osmolality = 260 mOsm/kg H₂O</td>
<td></td>
<td><strong>Partially breastfed infants</strong>&lt;br/&gt;1-3 months: 192 nursettes&lt;br/&gt;4-5 months: 237 nursettes&lt;br/&gt;6-11 months: 169 nursettes</td>
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<td><strong>Enfamil® Premature 24 Cal with Iron</strong>&lt;br/&gt;(Mead Johnson Nutritionals)</td>
<td>Milk-based, iron-fortified infant formula for premature or low-birth-weight infants.&lt;br/&gt;40% of fat from MCT oil&lt;br/&gt;Whey:Casein = 80:20&lt;br/&gt;Kosher Halal</td>
<td><strong>Ready to Feed:</strong> 2 fl. oz. nursettes; 48 nursettes/case&lt;br/&gt;NDC: 0087-139341</td>
<td>CHO: corn syrup solids, lactose&lt;br/&gt;PRO: nonfat milk, whey protein concentrate&lt;br/&gt;<strong>FAT:</strong> MCT, soy, high oleic sunflower, M. alpina and C. cohnii oils&lt;br/&gt;Contains vitamins and minerals</td>
<td>Premature infants with special problems relating to prematurity who need more calories for optimal growth and development.&lt;br/&gt;When &gt;12 oz. of formula is consumed/day, which may occur in infants &gt;5.5 pounds, intake of some nutrients (e.g., fat-soluble vitamins) may be excessive.</td>
<td><strong>Non-breastfed infants</strong>&lt;br/&gt;<strong>RTF 2 oz.</strong>&lt;br/&gt;0-3 months: 416 nursettes&lt;br/&gt;4-5 months: 456 nursettes&lt;br/&gt;6-11 months: 321 nursettes</td>
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<td><strong>Prepared Dilution:</strong> 24 cal./fl. oz&lt;br/&gt;Osmolality = 320 mOsm/kg H₂O</td>
<td></td>
<td><strong>Partially breastfed infants</strong>&lt;br/&gt;1-3 months: 192 nursettes&lt;br/&gt;4-5 months: 237 nursettes&lt;br/&gt;6-11 months: 169 nursettes</td>
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Updated October 2020
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<tr>
<td>Enfamil® 24  (Mead Johnson Nutritionals)</td>
<td>Milk-based, iron-fortified formula designed to provide a higher calorically dense product for term newborns</td>
<td>Ready to Feed: 2 fl.oz. nursettes; 48 nursettes/case</td>
<td>CHO: lactose, polydextrose, galactooligosaccharides&lt;br&gt;PRO: nonfat milk, whey protein concentrate&lt;br&gt;FAT: palm olein, soy, coconut, high oleic sunflower, M. alpina and C. cohnii oils</td>
<td>Term formula intended for newborns with feeding problems who need more calories for optimal growth and development.</td>
<td>Non-breastfed infants&lt;br&gt;Non-breastfed infants</td>
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<td>Whey: Casein ratio: 80:20</td>
<td>NDC: 00087-510823</td>
<td>Contains vitamins and minerals</td>
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<td>RTF (2 oz.)</td>
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<td>Prepared dilution: 24 cal./fl.oz</td>
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<td>Partially breastfed infants&lt;br&gt;Partially breastfed infants</td>
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<tr>
<td></td>
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<td>Osmolality = 370 mOsm/kg H₂O</td>
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<td>RTF (2 oz.)</td>
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