# Maine Farmers' Market Nutrition Program (FMNP)

These procedures MUST be followed when accepting a Maine WIC Farmers Market Check



Do not give cash back to the WIC customer if the difference is less than the maximum cash-value amount.

- 1. Ask WIC customer for WIC Participant Booklet and checks
- 2. Be sure check is from Maine WIC Nutrition Program
- 3. Make sure check is valid: is today's date within "First Day to Use" and "Last Day to Use"?
- 4. Group fruits & vegetables consult your Farmer Market Approved Foods List and ring up sale
- 5. Purchase price pre-printed customer must pay difference if sale is more than value of check
- 6. Ask customer to sign check on signature line on front
- 7. Match signature on check to a signature on the back of WIC Participant Booklet
- 8. Offer the customer receipt and return WIC booklet

**Please Note:** Prior to depositing WIC Farmers Market Check they must be stamped with your Vendor Stamp. If Checks are not stamped prior to being deposited, they will be rejected and returned (bank fees may apply).

All WIC Farmers' Market Checks must be deposited no later than Nov. 30th.

## **WIC Farmers Market Approved Food List**

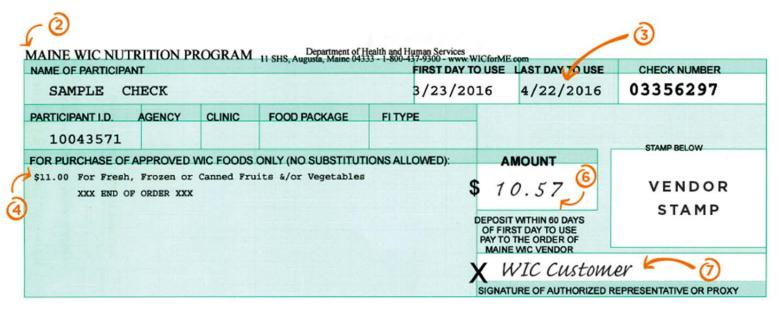
<b>Examples of Allowed: Unprocessed Fresh Fruits and Vegetables</b>					
	Apples	Cabbage	Herbs-fresh only	Pears	Scallions
	Artichokes	Carrots	Kohlrabi	Peppers	Shallots
	Asparagus	Cauliflower	Leeks	Plums	Spinach
	Beans Green or Yellow	Celery	Lettuce	Potatoes	Strawberries
	Beets	Corn	Melons	Pumpkins	Squash
	Blackberries	Cucumbers	Mushrooms	Radishes	Tomatoes
	Blueberries	Eggplant	Onions	Raspberries	Turnips
	Broccoli	Grapes	Parsnips	Rhubarb	Zucchini
	Brussels Sprouts	Greens	Peas	Rutabaga	
Examples of items Not Allowed: for purchase with WIC Farmers' Market coupon					
	*Other non-local produce/processed foods				
	Baked Goods	Cheese	Eggs	Lemons/Limes	Oranges
	Bananas	Cider	Frozen/Canned	Maple Syrup	Pickles
	<b>Bedding Plants</b>	<b>Dried Beans</b>	Honey	Meats	Plants/ Seedling
	Candied Apples	Dried Herbs	Jams/Jellies	Nuts	Seafood

For questions contact us at:

Ph: 1-800-437-9300 or E-mail: WIC.Maine@Maine.gov For Resources visit: www.WICforME.com

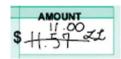
### **WIC Nutrition Program**

These procedures MUST be followed when accepting a WIC fruit & vegetable check:



Do not give cash back to the WIC customer if the difference is less than the maximum cash-value amount.

- 1. Ask WIC customer for WIC Participant Booklet and checks
- 2. Be sure check is from Maine WIC Nutrition Program
- 3. Make sure check is valid: is today's date within "First Day to Use" and "Last Day to Use"?
- 4. Ask customer if they want to stay within check value or if it's okay if sale amount is higher
- 5. Group fruits & vegetables consult your WIC Approved fruits and vegetables list and ring up sale.
- 6. Have customer write in amount of sale up to check value customer must pay difference if sale is more than value of check
  - If wrong amount is written on WIC check ask customer to draw one line across the error.
    Have customer put in correct amount and initial next to it.



- 7. Ask customer to sign check in signature box on front
- 8. Make sure correct amount is written on WIC check
- 9. Match signature on check to a signature on the back of WIC Participant Booklet
- 10. Offer the customer receipt and return WIC booklet

#### WIC Checks must be deposited within 30 days from the "LAST DAY TO USE".

**Please Note:** Prior to depositing WIC checks they must be stamped with your Vendor Stamp. If a check is not stamped prior to being deposited it will be rejected and returned (bank fees may apply).

# WIC Approved Fruits and Vegetables List

