

Hancock County Farmers' Markets and Farm Stands:

Bar Harbor

Bar Harbor Farmers' Market
1292 West Street
Sunday 9-12
-Mueller's Fruit Farm

Acadia Farmers Market at Town Hill
1328 Main Street
Friday 3-6
- Tide Mill Organic Farm

Blue Hill

Blue Hill Farmers' Market
233 Ellsworth Road
Saturday 9-11:30
-Horsepower Farm
- 5 Star Nursery

Bucksport

Bucksport Bay Farmers' Market
95 Main Street
Thursday 2-5
-East-West Farm
-H.O.M.E CO-OP

Brooklin

Brooklin Farmers' Market
4 Bay Road
Thursday 11-1
- 5 Star Nursery



Ellsworth

Ellsworth Farmers' Market
245 East Main Street
Monday and Thursday 2-5:30
-H.O.M.E CO-OP
-Happy Town Farm
-Wise Acres Farm

Ellsworth Farmers' Market
190 Main Street
Saturday 9:30-12:30
-Happy Town Farm

Hancock

Simon's Hancock Farms
39 US Highway 1
Daily 9-6

Amber's Best
Route 1, near the Sullivan Bridge
Daily 10-5

Northeast Harbor

Northeast Harbor Farmers' Market
Harbor Drive, on the green
Thursday 9-12
-Mueller's Fruit Farm

Penobscot

Horsepower Farm
90 Horsepower Farm Road
Monday-Friday 8-5
Saturday 9-1

Southwest Harbor

Southwest Harbor Farmers' Market
315 Main Street
Friday 9-1
-Intervale Farm (August only)

Stonington

Stonington Farmers Market
43 School Street
Friday 10-2
-Fresh Start Farms

Verona Island

East-West Farm
11 Woodbury Way
Friday 9-4

Winter Harbor

Winter Harbor Farmers' Market
10 Newman Street
Tuesday 9-12
-Intervale Farm (August only)



**There are more Farmers' Markets in
Washington County too!**

Using WIC Farmer's Market

Checks



Important

- You can use more than one check at a time.
- The farmer cannot give money back for the checks.
- You can use your own money if the total is more than the WIC check.

Bring Your:

- ID (personal identification)
- WIC folder/ Participant Booklet



- A box or bag to carry the produce

At the market:

- Look for farmers with the WIC sign. If it is a listed farmer, and you do not see a WIC sign, ask if they accept WIC checks.
- Feel free to shop around before using your checks.
- **Enjoy** the outdoors and music!



- Monthly WIC fruit and vegetable checks can also be used with WIC farmers.
- You can use SNAP benefits to pay for items at many markets and stands.

10 Reasons to Eat Locally Grown

1. Local food tastes better.
2. Locally grown produce is fresher.
3. Local food gives back to local economies.
4. Local food supports local farms.
5. Local food keeps us in touch with the seasons.
6. Local food supports clean environments and benefits wildlife.
7. Local food builds stronger communities.
8. Local food supports responsible land development.
9. Local produce is healthier for you.
10. Local food is about the future!

For more information about WIC call **207.287.3991** or visit WICforME.com



WIC is a program of Maine Family Planning. This institution is an equal opportunity provider.