

Bangor

[Abbott Square, Bangor Farmers' Market](#)

145 Harlow Street

Sun 11-1:30

3 Level Farm, Cornerstone Farm, Fail Better Farm, Peacemeal Farm, Rollins Orchards, Wise Acres Farm, Worcester's Wild Blueberries

[Ohio Street Farmers' Market](#)

1192 Ohio Street

Wed 2-6

Rollins Orchards

Bradford

[Country Junction Greenhouse & Gardens](#)

1204 Main Road

Mon-Fri 9:30-5:30, Sat 9:30-4

(207) 327-1398

Brewer

[Brewer Farmers' Market](#)

318 Wilson Street

Tue, Thur, Sat 8:30-1

Beddington Ridge Farm, Heald Farm, In the Village Farm & Garden, Mueller's Fruit Farm, Sun Glo Farm, Village Green Organic Produce, Worcester's Wild Blueberries

Corinna

[Thunder Road Farm](#)

178 Newport Road

Daily 9-6

(207) 278-3708

Corinth

[The Lions Farm](#)

230 Main Street

Mon/Wed/Fri 12-5, Sat 9-5

(207) 285-2000

HEALTHY FOOD
HEALTHY KID
HAPPY FAMILY

Dexter

[Dexter Farmers' Market](#)

364 Corinna Road

Sat 12-3

Cedar Mill Farm

Dixmont

[Maine-ly Apples](#)

372 Moosehead Trail

Daily 10-5

(207) 234-2043

[Peacemeal Farm](#)

25 Peacemeal Lane

Tue 2-6

(207) 257-4103

Dover-Foxcroft

[Dover Cove Farmers' Market](#)

1033 South Street

Sat 9-1

Leaves & Blooms Greenhouse, Living The Dream Farm, Worcester's Wild Blueberries

Garland

[Rollins Orchards](#)

262 Dexter Road

Daily 12-2, Sept/Oct daily 9-6

(207) 924-3504

Greenville

[Maine Mountain Soap & Candle](#)

17 Moosehead Lake Road

Fri 1-4

(207) 695-3926

Hampden

[Hampden Farmers' Market](#)

106 Western Ave

Fri 2-5:30

Cedar Mill Farm, Fisher Farm, Heald Farm

[Calkins Farm Stand](#)

295 Main Road South

Mon-Sat 9-6, Sun 9-5

(207) 862-6832

Howland

[Howland Farmers' and Artisans' Market](#)

RT 155 Bridge Street

Sun 10-2

In The Village Farm & Garden, Foxgreen Farm LLC

Lincoln

[Ireland Farms](#)

6 Sweet Road

Daily 9-5

(207) 794-8084

[Lincoln Farmers' and Artisans' Market](#)

75 Main Street

Fri 10-2

In the Village Farm & Garden

Orono

[Orono Farmers' Market](#)

University Steam Plant

Sat 8-12, Tue 2-5:30

Fail Better Farm, Marr Pond, Nettie Fox Farm, Peacemeal Farm, Snakeroot Organic Farm, Wise Acres, Worcester's Wild Blueberries

Passadumkeag

[In The Village Farm & Garden](#)

47 Pleasant Street

Mon-Thurs 12-5

(207) 290-1338

Dates and times are subject to change. For more information or to contact Farmers and Markets in your area go to: <http://www.maine farmers markets.org/>

Using WIC Farmers' Market Checks



Bring Your:

- * WIC folder/ Participant Booklet
- * Box or bag to carry the produce

At the market:

- * Look for farmers with the WIC sign. If it is a listed farmer, and you do not see a WIC sign, ask if they accept WIC checks.



- * Feel free to shop around before using your checks.
- * Enjoy the outdoors and music!

Important:

- * You can use more than one check at a time.
- * The farmer cannot give money back for the checks.
- * You can use your own money if the total is more than the WIC check(s).

NAME OF PARTICIPANT		FREE DAY TO USE	LAST DAY TO USE	CHECK NUMBER
SAMPLE CHECK		3/23/2016	4/22/2016	03356297
PARTICIPANT ID.	AGENCY	CLINIC	FOOD PACKAGE	FTYPE
10043371				
FOR PURCHASE OF APPROVED WIC FOODS ONLY (NO SUBSTITUTIONS ALLOWED)		AMOUNT		STAMP NO./OFF
\$11.95 For Fresh, Frozen or Canned Fruits &/or Vegetables SEE END OF ORDER FOR		\$ 10.57		VENDOR STAMP
<input checked="" type="checkbox"/> WIC Customer SIGNATURE OF AUTHORIZED REPRESENTATIVE OR PRIOR				

- * Monthly WIC fruit and vegetable checks can be used with WIC farmers.
- * You can also use SNAP benefits to pay for items at many markets and stands.

What's In Season?

Early July: Blueberries, Broccoli, Carrots, Cucumbers, Garlic Scapes, Kale, Mixed Salad Greens, Radishes, Raspberries, Scallions, Strawberries, Sugar Snap Peas, Summer Squash, Zucchini

Mid July: Beets, Blueberries, Carrots, Corn, Cucumbers, French Beans, Garlic, Kale, Mixed Salad Greens, New Potatoes, Radishes, Raspberries, Scallions, Summer Squash, Zucchini

Early August: Apples, Artichokes, Beans, Beets, Blueberries, Carrots, Cherries, Cherry Tomatoes, Collard Greens, Corn, Cucumber, Garlic, Kale, Mixed Salad Greens, Peaches, Peppers, Plums, Potatoes, Radishes, Raspberries, Scallions, Turnips, Zucchini

Late August: Apples, Beans, Beets, Blueberries, Broccoli, Cabbage, Cantaloupe, Carrots, Cauliflower, Celery, Corn, Cucumbers, Eggplant, Garlic, Greens, Kale, Melons, Onions, Peppers, Potatoes, Pumpkins, Radishes, Raspberries, Scallions, Squash, Swiss Chard, Tomatoes, Turnips, Watermelon, Zucchini

September: All of **Late August**, plus- Spinach

October: Apples, Beans, Beets, Brussels Sprouts, Cabbage, Cantaloupe, Carrots, Cauliflower, Celery, Corn, Cucumber, Eggplant, Garlic, Ginger, Gourds, Grapes, Greens, Kale, Melons, Mushrooms, Onions, Pears, Peppers, Potatoes, Pumpkins, Radishes, Raspberries, Scallions, Spinach, Squash, Sweet Potatoes, Swiss Chard, Tomatoes, Turnips, Zucchini

For more information about WIC call **207.992.4571** or visit: www.maine.gov/wic TTY Maine relay 711
This institution is an equal opportunity provider.



2019

Farmers Guide



CITY OF BANGOR