

Frequently Asked Questions:

What checks can I use at Markets and Farmstands?

Participating Farms listed in this brochure accept both **PURPLE** Farmers' Market checks and your monthly **GREEN** fruit and vegetable WIC check.

How do I use my Farmers' Market Checks?

- Bring your WIC folder with you.
- You may combine checks together.
- You can pay the difference if the total is more than the checks.
- Write the amount spent on the check and sign it.
- If you spend less than the full check amount, you won't get change back.

What can I buy with the checks?

Any Maine grown fruit or vegetable.

What can't I buy with the checks?

Plants, seedlings, flowers, herbs, meat, eggs, cheese, bread, jam, jelly or processed foods. Anything not grown in Maine.

What about using SNAP or EBT benefits?

You can get BONUS BUCKS at some Markets. For more information visit: www.maineharvestbucks.org

October 31st is the last day you may use your Farmers' Market checks.

What you can expect to find at the market in...

June

asparagus, arugula, peas, radishes, fiddleheads, greens, garlic scapes, mushrooms, radishes, rhubarb, salad turnips, scallions, spinach, strawberries

Early July

beets, blueberries, broccoli, carrots, cucumbers, garlic scapes, herbs, kale, kohlrabi, lettuce, mixed salad greens, radishes, raspberries, salad turnips, scallions, snow peas, spring onions, sugar snap peas, summer squash, strawberries, swiss chard, zucchini

Late July

beets, blueberries, braising greens, carrots, cucumbers, garlic, green beans, fennel, herbs, kale, kohlrabi, lettuce, new potatoes, mixed greens, radishes, raspberries, scallions, snow peas, spring onions, summer squash, swiss chard, zucchini

Early August

beans, beets, blueberries, carrots, cherry tomatoes, collard greens, corn, cucumbers, garlic, herbs, kale, kohlrabi, lettuce, mixed greens, new potatoes, peaches, peppers, plums, potatoes, radishes, raspberries, scallions, summer squash, swiss chard, zucchini

Late August

apples, beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, celery, corn, cucumbers, eggplant, fennel, garlic, greens, herbs, kale, kohlrabi, lettuce, melons, onions, peppers, potatoes, radishes, scallions, swiss chard, summer squash, tomatoes, turnips, zucchini

September

apples, beans, beets, broccoli, cabbage, cantaloupe, carrots, cauliflower, celery, chard, chili peppers, corn, cucumbers, eggplant, fennel, garlic, greens, kale, kohlrabi, lettuce, melons, onions, peppers, potatoes, pumpkins, rutabaga, scallions, spinach, tomatoes, turnips, watermelon, winter squash, zucchini

October

apples, beans, beets, broccoli, brussels sprouts, cabbage, carrots, cauliflower, chard, chili peppers, cranberries, eggplant, fennel, garlic, greens, kale, kohlrabi, leeks, lettuce, onions, pears, peppers, parsnips, potatoes, pumpkins, radishes, rutabaga, scallions, spinach, tomatoes, turnips, winter squash

Farmstands & Farmers' Markets



WIC Approved
vendors for
Maine grown fresh
fruits and vegetables in
Kennebec and Somerset
Counties*

2019

*A full list of participating farmers statewide is available at www.wicforme.com

Farmers' Markets

Augusta Mill Park Farmers' Market

32 Northern Avenue
Tuesdays 2pm—6pm
Participating Farms: Olde Haven Farm, R&L Berry Farm, Dig Deep Farm, Eagle View Gardens

Downtown Waterville Farmers' Market

Head of Falls, Front Street
Thursdays 2pm—6pm
Participating Farms: Worcester's Wild Blueberries, Eagle View Gardens, Heald Farm, Cornerstone Farm, The Apple Farm, Snake-root Organic Farm, Marr Pond Farm, The Highlands, Wise Acres Farm

Fairfield Farmers' Market

81 Main Street, Nazarene Church Parking Lot
Wednesdays 2pm—6pm, Saturdays 9:30am—1:30pm
Participating Farms: Village Green Organic Produce, Fiber-Lee Farm

Gardiner Farmers' Market

The Common- Wednesdays 3pm—6pm
Participating Farm: Andrews Farm

Hallowell Farmers' Market

2 Beech Street, Stevens Commons
Saturdays 9am-1pm
Participating Farm: Steelbow Farm

Belgrade Lakes Farmers' Market

137 Main St, Maine Lakes Resource Center
Sundays 8am—1pm
Participating Farms: Steelbow Farm, Moodytown Gardens

Pittsfield Farmers' Market

Hathorn Park- Mondays & Thursdays 2pm-6pm
Participating Farms: Snakeroot Organic Farm, Silver Highlands Farm

Skowhegan Farmers' Market

Somerset Grist Mill, corner of Court and High Street
Saturdays 9am—1pm
Participating Farms: Northwoods Naturals, Cayford Orchards, Steelbow Farm, Moodytown Gardens

The Farmers' Market at Pumpkin Vine Family Farms

217 Hewett Road, Somerville
Sundays 11am—3pm

Wayne Farmers' Market

516 Main Street, Next to the Post Office
Saturdays 9am-12pm
Participating Farm: Cranberry Rock Farm

3 Level Farm Market

149 Vassalboro Road, Route 32, South China
Friday & Saturday 10am-6pm
Participating Farms: 3 Level Farm, Dig Deep Farm

Farmstands

47 Daisies

552 Webber Pond Road, Vassalboro
509-0569
Open daily 10am—6pm

Applewald Farm

525 Huntington Hill Road, Litchfield
268-4042
Open daily 9am—6pm

B&F Vegetables

327 China Road, Winslow
873-4345
Open daily 8am—6pm

Cayford Orchards

99 Hilton Hill Road, Skowhegan
474-5200
Open daily starting September 1st 9am—5pm

Field of Greens

24 Winslow Road, Albion
437-2993
Tuesday-Saturday 9am-5pm

Full Circle Farm

78 South Stanley Hill Road, Vassalboro
Saturday 10am-12pm

Lakeside Orchards

318 Readfield Road (Route 17), Manchester
622-2479
Monday-Friday 6:30am—6pm
Saturday & Sunday 8am-6pm

Lucky G Farm

281 Hartland Road, St. Albans
416-2728
Wednesday-Saturday 12-6pm

Moodytown Gardens

347 Warren Hill Road, Palmyra
431-2860
Wednesday-Friday 12:30—5:30pm
Saturday & Sunday 8:30am—5:30pm

Olde Haven Farm

159 Togus Road, Chelsea
Wednesday-Thursday 2-6pm

R & L Berry Farm

22 Berry Road, Readfield
685-4709
Monday- Saturday 9am—5pm

Sparrow Farm

253 Whitefield Road, Pittston
588-7634
Open daily 9am- 5pm

Stevenson's Strawberries-Pick Your Own

Tucker Road, Wayne
685-3532
Open daily 7am- 7pm during season

Stevenson's Farmstand

US Route 202, East Winthrop
Open daily 10am-6pm

The Apple Farm

104 Back Road, Fairfield
453-7656
Open daily 9am—5pm starting Mid-August