

## Frequently Asked Questions:

### What can I buy with the eFMNP benefits?

- Any Maine-grown fruit or vegetable.

### What am I not allowed to buy with the benefits?

- Plants, seedlings, flowers, meat, eggs, cheese, bread, jam, jelly or processed foods and anything not grown in Maine.

### What if my purchase total is more than the amount of benefit I have?

- You may use your monthly Cash Value Benefit to cover the difference.
- If no Cash Value Benefit available, you will need to use another form of payment to cover the difference. This will need to be a separate transaction.

### What about using SNAP or EBT benefits?

- You can get bonus bucks at some markets. For more information, visit: [www.maineharvestbucks.org](http://www.maineharvestbucks.org).

**Oct. 31 is the last day you may use your farmers' market benefits!**

**For more information scan the code below!**



## 2022 WIC Farmers' Guide



[www.maine.gov/WIC](http://www.maine.gov/WIC)

[www.wmca.org](http://www.wmca.org)

Auburn- 207-795-4016  
East Wilton 207-645-3764

You have the right to file a complaint about any improper farmer or farmers' market practices. A complaint may be filed by calling 1-800-437-9300 or emailing [WICVendor@maine.gov](mailto:WICVendor@maine.gov).

WIC is a program of Western Maine Community Action. It is Western Maine Community Action's mission to advocate for, strengthen, and coordinate all resources – private, local, state, and federal – that will assist us in promoting the self-sufficiency of people. The WIC Nutrition Program is an equal opportunity program administered by the Maine Department of Health and Human services. The program is operated in accordance with the US Department of Agriculture policy which prohibits discrimination on the basis of race, color, sex, age, disability, religion, or national origin.

## **Auburn**

### **Blackie's Farm Stand**

966 Minot Avenue  
Daily 6am-7pm

### **The Red Shed**

1176 Soper's Mill Rd  
Thurs 2pm-5pm  
Fri and Sat 10am-2pm

## **Bethel**

### **Bethel Farmers' Market-**

1 Park St.  
Sat 9am-1pm

### **Abbott Family Farm**

## **Bridgton**

### **Bridgton Farmers' Market-**

12 Depot St.  
Sat 8am-12pm

### **Patch Farm**

## **Durham**

### **Replenova Farm**

1252 Royalsborough Rd  
Tues-Fri 9:30am-3pm  
Sat 9:30am-2pm

## **Farmington**

### **Farmington Farmers' Market-**

129 Main St.  
(Courthouse Parking Lot)  
Sat 9am-12pm

### **Rustic Roots Farm Uprooted Farm**

### **Sandy River Farmers' Market-**

181 Front St.  
Fri 9am-12:30pm  
**Rasmussen Farm**

## **Lewiston**

### **Lewiston Farmers Market-**

2 Oxford St  
Sun 9:30am-1pm

### **Chirp Creek Farm Jillson's Farm**

## **Livermore Falls**

### **Berry Fruit Farm Market and Bakery**

54 Main St.  
Mon-Thurs 6am-6pm  
Fri and Sat 7am-4pm

## **Sabattus**

### **Jillson's Farm**

143 Jordan Bridge Rd  
Daily 9am-5pm

### **Willow Pond Farm**

395 Middle Rd  
Daily 9am-5pm

## **Frequently Asked Questions:**

### **When will I have my eFMNP benefits on my card?**

- Benefits will be loading on to the card of eligible participants on July 1<sup>st</sup> or when they become eligible for those benefits. Additional funds will be added to your card if they are available at a later date, and we will inform you with a text message.

### **Where can I use my eFMNP benefits?**

- Participating farms listed in this brochure accept WIC farmers' market benefits.
- You can also locate local farms using the WICShopper app or the State of Maine website.