



**MAINE WIC NUTRITION PROGRAM INCOME  
ELIGIBILITY GUIDELINES**  
(Effective June 1, 2022 – June 30, 2023)

<b>Family Size</b>	<b>Weekly</b>	<b>Biweekly</b>	<b>Twice Monthly</b>	<b>Monthly</b>	<b>Annual</b>
<b>1</b>	\$484	\$967	\$1,048	\$2,096	\$25,142
<b>2</b>	\$652	\$1,303	\$1,412	\$2,823	\$33,874
<b>3</b>	\$820	\$1,639	\$1,776	\$3,551	\$42,606
<b>4</b>	\$988	\$1,975	\$2,140	\$4,279	\$51,338
<b>5</b>	\$1,156	\$2,311	\$2,503	\$5,006	\$60,070
<b>6</b>	\$1,324	\$2,647	\$2,867	\$5,734	\$68,802
<b>7</b>	\$1,492	\$2,983	\$3,231	\$6,462	\$77,534
<b>8</b>	\$1,659	\$3,318	\$3,595	\$7,189	\$86,266
<b>9</b>	\$1,827	\$3,654	\$3,959	\$7,917	\$94,998
<b>10</b>	\$1,995	\$3,990	\$4,323	\$8,645	\$103,730
<b>11</b>	\$2,163	\$4,326	\$4,686	\$9,372	\$112,462
<b>12</b>	\$2,331	\$4,662	\$5,050	\$10,100	\$121,194
<b>13</b>	\$2,499	\$4,998	\$5,414	\$10,828	\$129,926
<b>14</b>	\$2,667	\$5,333	\$5,778	\$11,555	\$138,658
<b>15</b>	\$2,835	\$5,669	\$6,142	\$12,283	\$147,390
<b>16</b>	\$3,003	\$6,005	\$6,506	\$13,011	\$156,122

\*Based on OMB Federal Poverty Guidelines – 185% poverty guidelines