## I Don't See Any Monkeys Around Here.



## When it comes to substance abuse, ignoring the obvious doesn't help.

- Being hung over or impaired at work is a problem for everyone.
- As a team we depend on one another to be reliable.
- If you, a coworker or someone you care about has an issue with substance abuse, help is available.

For more information, contact

the Maine Office of Substance Abuse Information and Resource Center:

**1-800-499-0027 • www.maineosa.org •** TTY: 1-800-606-0215

For 24-hour referral, dial **211** or visit: **www.211maine.org** 



