

Myth: My business doesn't have a substance abuse problem.

FACT: If one of your employees is either missing work or performing poorly due to substance use outside of work, it affects your bottom line—and that IS a problem for your business. If there are signs of a problem, don't ignore them—put a plan together. An effective substance use policy can save money, result in fewer absences, and help build employee morale.



There is something you can do—**visit www.maine.gov/workalert** or call 1-800-499-0027. In three steps you can implement an effective substance abuse policy that will protect your bottom line and your employees.

- **Step 1** Involve key employees for input and advice.
- **Step 2** Customize a policy that is right for your workplace.
- **Step 3** Share the policy with all employees.

Supporting data available at www.maine.gov/workalert/postcardcitations.htm





Office of Substance Abuse Department of Health and Human Services

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