

METHAMPHETAMINE IN MAINE

METHAMPHETAMINE (METH)

Methamphetamine - often called “meth” - is an addictive stimulant that users smoke, snort, inject or swallow. It affects the brain and central nervous system.

Street names for Methamphetamine include:

Meth	Speed	Ice
Crank	Crystal	

MATERIALS USED IN METH PRODUCTION

Meth is made using common household chemicals combined with **pseudoephedrine** or **ephedrine** - the active ingredient found in cold tablets or diet drugs.

Ingredients and supplies can include:

Camp Fuel	Starter Fluid	Instant Cold Packs
Aluminum Foil	Muriatic Acid	Coffee Filters
Lithium Batteries	Drain Cleaner (sodium hydroxide)	



Call your local police department, sheriff's office or MDEA's Drug Tip Line:

1.800.452.6457 to report suspicious activities.

In case of an emergency, **dial 911**. For treatment resources, **dial 211**.

SIGNS OF METH USE

- Not sleeping for long periods of time
- Extreme weight loss
- Dramatic mood swings
- Increased heart rate, blood pressure, and breathing
- Hallucinations
- Paranoia or excessive panic
- Nervous activity
- Irritable, aggressive, even violent behavior
- Open sores caused by picking at skin

SIGNS OF METH PRODUCTION

Most meth in Maine is produced using the “One Pot” or “Shake and Bake” method. This can produce 2 to 4 grams at a time in 40 minutes to 2 hours by mixing / shaking ingredients in containers like 20-ounce soda bottles.

- Producers often discard plastic bottles that may contain toxic or flammable chemicals on the side of the road or in dumpsters.
- One Pot labs can be located anywhere, including but not limited to: homes, hotels, sheds and cars. They can even be carried in backpacks.
- If you find a discarded plastic bottle that contains an unknown substance, do not pick it up or open it.

