

Methamphetamine in Maine

METHAMPHETAMINE (METH)

Methamphetamine - often called "meth" - is an addictive stimulant that users smoke, snort, inject or swallow. It affects the brain and the nervous system.

Street names for methamphetamine include:



Meth
Speed
Ice
Crank
Crystal

SIGNS OF METH USE

- ▶ Not sleeping for long periods of time
- ▶ Extreme weight loss
- ▶ Dramatic mood swings
- ▶ Increased heart rate, blood pressure and breathing
- ▶ Hallucinations
- ▶ Paranoia or excessive panic
- ▶ Nervous Activity
- ▶ Irritable, aggressive, even violent behavior
- ▶ Open sores caused by picking at the skin

MATERIALS USED IN METH PRODUCTION

Methamphetamine is made using common household chemicals combined with **pseudoephedrine** or **ephedrine** - the active ingredient found in cold tablets or diet drugs.

Ingredients and supplies can include:

Camp fuel	Muriatic acid
Aluminum foil	Drain cleaner (sodium hydroxide)
Lithium batteries	Instant cold pack
Starter fluid	Coffee filters

SIGNS OF METH PRODUCTION

Most meth in Maine is produced using the "one pot" or "shake and bake" method. This method can produce 2 ounces in 40 minutes to 2 hours. Producers mix/ shake ingredients in containers like a 20-oz soda bottle.

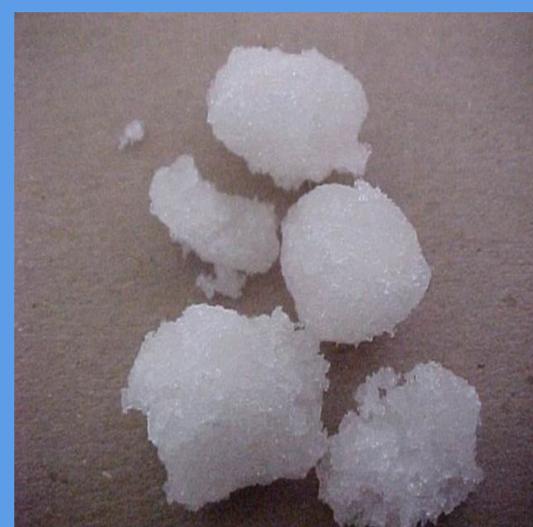
- ▶ Producers often discard plastic bottles that may contain toxic or flammable chemicals on the side of the road or near dumpsters
- ▶ One pot labs can be anywhere, including: homes, hotels, sheds and cars. They can even be carried in backpacks.
- ▶ If you find a discarded bottle that contains and unknown substance, do not pick it up or open it.



Materials used to make methamphetamine



"Shake and bake" Method



Crystal Methamphetamine

Call your local police department, sheriff's office
or MDEA's Drug Tip Line - **1 800 452 6457**

In case of an emergency dial **911**

For treatment resources, dial **211**