Methamphetamine in Maine

METHAMPHETAMINE (METH)

Methamphetamine - often called "meth" - is an addictive stimulant that users smoke, snort, inject or swallow. It effects the brain and the nervous system.

Street names for methamphetamine include:
- Meth
- Speed
- Ice
- Crank
- Crystal

MATERIALS USED IN METH PRODUCTION

Methamphetamine is made using common household chemicals combined with pseudoephedrine or ephedrine - the active ingredient found in cold tablets or diet drugs.

Ingredients and supplies can include:
- Camp fuel
- Aluminum foil
- Lithium batteries
- Starter fluid
- Muriatic acid
- Drain cleaner (sodium hydroxide)
- Instant cold pack
- Coffee filters

SIGNS OF METH USE

- Not sleeping for long periods of time
- Extreme weight loss
- Dramatic mood swings
- Increased heart rate, blood pressure and breathing
- Hallucinations
- Paranoia or excessive panic
- Nervous Activity
- Irritable, aggressive, even violent behavior
- Open sores caused by picking at the skin

SIGNS OF METH PRODUCTION

Most meth in Maine is produced using the "one pot" or "shake and bake" method. This method can produce 2 ounces in 40 minutes to 2 hours. Producers mix/shake ingredients in containers like a 20-oz soda bottle.

Producers often discard plastic bottles that may contain toxic or flammable chemicals on the side of the road or near dumpsters.

One pot labs can be anywhere, including: homes, hotels, sheds and cars. They can even be carried in backpacks.

If you find a discarded bottle that contains and unknown substance, do not pick it up or open it.

Call your local police department, sheriff's office or MDEA's Drug Tip Line - 1 800 452 6457

In case of an emergency dial 911

For treatment resources, dial 211

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