Maine Maternal and Child Health Priorities 2020-2025

Women

Enhance access to high quality physical and mental health care for women

Perinatal

Support healthy pregnancies and healthy babies

Child

Promote children's readiness to learn and succeed

Adolescent

Ensure adolescents' safety and well-being

Children with Special Health Needs

Improve systems of care for children with special health care needs

Improve care for women's mental health

SPM 1: Percent of women who report that their health care provided asked them about depression in the 12 months prior to pregnancy

Reduce infant mortality

NPM 5: Percent of infants placed to sleep on their backs; placed to sleep on a separate approved surface; sleep without soft bedding Optimize children's physical and oral health

NPM 8.1: Percent of children ages 6-11 who are physically active at least 60 minutes per day; NPM 13.2: Percent of children who had a preventive dental visit; SPM 2: Percent of children ages 19-35 mos. who had the 7-vaccine series

Ensure early detection and intervention for developmental delay

NPM 6: Percent of children aged 9-35 months who received a developmental screening using a parent-completed screening tool in the past year

Address adolescent unmet mental health needs

SPM 3: Percent of high school students who had depressive symptoms in the past year

Improve care coordination for children and families with special health care needs

SPM 4: Percent of children with special health care needs who receive effective care coordination, among those who need it

Increase women's access to high quality healthcare

NPM 1: Percent of women, ages 18-44, with a preventive medical visit in the past year Increase breastfeeding initiation and duration

NPM 4: (a) Percent of infants who are ever breastfed; (b) Percent of infants breastfed exclusively through 6 months

Prevent bullying and its consequences

NPM 9: Percent of adolescents who are bullied or who bully others

Support adolescents with CSHN's transition to adult care

NPM 12: Percent of children with and without a SHN (12-17 yrs) who received services necessary to make transitions to adult health care

NPM: National Performance Measure; SPM: State Performance Measure