**Adolescents with special healthcare needs transitioning to adult healthcare**

**Questions for ages 12-13**

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| Questions | Yes | No |
| Do I know the name(s) of my health care diagnosis? |  |  |
| Do I know if I have any allergies? |  |  |
| Do I know what medications I take? |  |  |
| Do I spend time alone with my medical provider to ask question about my healthcare? |  |  |
| Have I asked my doctor if they see adults and/or at what age do they stop seeing patients? |  |  |
| Has myself, or my guardian ever been in contact with the Maine Parent Federation? |  |  |
| Have I heard of or signed up for the Supported Decision-Making class through Maine Parent Federation? |  |  |
| Do I know who I should call if I am having a bad day? |  |  |
| Have I or my guardian asked the school special education team to include adult skills in my IEP? |  |  |