



Congenital cytomegalovirus (CMV) is the most common viral infection, and the leading cause of non-genetic hearing loss, that infants are born with in the United States.

Every pregnant woman is at risk of acquiring CMV. And 91% of women **DON'T** know about it.

## CMV is common, serious and preventable.



1 out of 3 pregnant women who become infected with CMV during pregnancy will pass the virus through to their unborn child



1 child is permanently disabled every hour



1 in 200 children are born with congenital CMV each year



## **5 Simple Tips to Help Prevent CMV**





Avoid contact with saliva when kissing a child



Do not put a pacifier in your mouth



Do not share food, utensils, drinks or straws



Do not toothbrush



Wash your hands after changing a diaper