

VITAMIN K INJECTION

An important preventive treatment for your baby

What is Vitamin K? Vitamin K is a fat-soluble vitamin that helps the blood to clot and prevents serious bleeding. We get about 90% of our Vitamin K from diet (mostly leafy green vegetables) and about 10% from bacteria in our intestines.

Why is it recommended? Babies aren't born with enough Vitamin K as the mother cannot pass it on through the placenta. In newborns, Vitamin K injections can prevent a now rare, but potentially fatal, bleeding disorder called "Vitamin K deficiency bleeding." Signs to watch for if you have refused Vitamin K for your baby include bleeding from the mouth, nose or belly button, and skin bruising as well as loss of appetite and being sleepier than normal. Risks include bleeding in the brain (stroke), seizures and death.

Questions? Concerns? Just ask your care team here at the hospital. They are here to help you make informed decisions.



ERYTHROMYCIN ANTIBIOTIC EYE CREAM

A preventive treatment for your baby

What is Erythromycin antibiotic eye cream?

Erythromycin is an antibiotic that fights bacteria. For your baby's health, it is used to treat bacterial infections of the eyes.

Why is Erythromycin antibiotic eye cream recommended? Erythromycin antibiotic eye cream helps to prevent eye infections that can lead to blindness for your baby. The infections can come from bacteria usually transmitted from mother to child while giving birth.

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