An Enchanted True Story

Catherine had to overcome physical obstacles in her life. With the help of the Cleft Lip and Palate Program she was able to and...



Today she is a Certified Surgical Technologist for the pediatric department at Johns Hopkins Children's Center—sub specializing in plastic and reconstructive surgeries.





Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

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For more information about cleft lip and/or cleft palate, contact your doctor or the Maine Cleft Lip & Palate Program.

Maine CDC
Children with Special Health Needs

Cleft Lip and Palate Program 286 Water Street 11 State House Station Augusta, Maine 04333-0011

Phone: 207-287-4802 Toll Free: 1-800-698-3624 All TTY users call Maine Relay 711

http://www.maine.gov/dhhs/boh/cshn/index.html

Maine CDC Children with Special Health Needs

Cleft Lip and Palate Program





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Completing smiles one child at a time.



Maine Center for Disease Control and Prevention

An Office of Department of Health and Human Sei

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Cleft Lip and Palate Program provides:

- Hospital / home visits for families
- Feeding assessments for infants
- Special bottle supply
- Information and referrals for services
- Care coordination
- Clinical team care
- Parent-to-parent support

Cleft Lip and Palate Clinics:

- Are available in Bangor and Portland
- Provide early and ongoing evaluation and treatment planning
- Are members of the American Cleft Palate-Craniofacial Association (ACPA)

Your child's team is made up of professionals with expertise in the care of children with cleft lip and/or palate. Families will have access to the following specialists: audiologist, ear/nose/throat specialist, geneticist, genetics counselor, nurse, oral surgeon, orthodontist, pediatric dentist, pediatrician, plastic surgeon, prosthodonist, social worker, speech/language pathologist and clinical coordinator.

The clinical team will talk with you, examine your child and review the following: surgical needs, dental care, ear care, hearing, educational needs, feeding strategies, medical and family history, nutritional needs, overall health, physical development and speech/language development.

Then & Now















Common Questions:

What is cleft lip? What is cleft palate?

A cleft lip is an opening in the lip. A cleft palate is an opening in the roof of the mouth. Clefts happen because of incomplete development of the lip or palate while this area is forming during pregnancy.

Why didn't our baby's mouth fully develop?

We don't know the answer to this question, but you can be assured that it was not because you did something wrong.

Will we have trouble feeding our baby?

Some babies with clefts have few problems feeding, while others have more difficulty. Use of special bottles and knowing how to hold your baby are sometimes helpful. Your primary care physician or feeding specialist can help you.

How will our baby's treatment be paid for?

If you have health insurance that will pay for all or part of the necessary care. Additional financial assistance may be available if you meet income guidelines.

What if we have more questions?

Ask your baby's doctor or contact the Maine CDC's Cleft Lip and Palate Program. See contact information on the back of this brochure.