



Department of Health and Human Services  
Maine Center for Disease Control and Prevention  
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**Maine Newborn Bloodspot Screening Program**  
**NEWBORN BLOODSPOT SCREENING REFUSAL**

INFANT'S NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ PLACE OF BIRTH: \_\_\_\_\_

PARENT (S)/GUARDIAN (S) NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

*I/We understand that **Maine law** requires all infants to be tested for 33 conditions that can cause mental retardation and other health problems. Included in this testing are cystic fibrosis, phenylketonuria, hypothyroidism, galactosemia, homocystinuria, MCAD, and maple syrup urine disease. These conditions are easily detected and can be treated to prevent **mental retardation and other health problems, which may include problems with growth, breathing problems, eye problems, blood clots, coma or death.***

*I/We understand that all infants must be tested except when a parent has a religious objection to the testing. This objection relates to religious beliefs and is not an alternative to testing prior to early discharge.*

*I/We refuse to have my baby tested because my religious beliefs do not allow it. I have read this information and understand the possible consequences of this decision. I also understand that the **MAINE NEWBORN SCREENING PROGRAM** will be notified of this refusal, as is required by **Maine law.***

SIGNATURE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_ DATE: \_\_\_\_\_

(second parent/guardian optional)

WITNESS: \_\_\_\_\_ DATE: \_\_\_\_\_

**MEDICAL PERSONNEL**

I have explained the **Maine law** requiring the newborn screening test, how the tests are done, the meaning of the results, and the possible consequences to this infant of not performing these tests, and have answered any questions the above adults had about the tests. This refusal relates to religious objections and is not an alternative to testing prior to early discharge.

NAME: \_\_\_\_\_

TITLE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

NAME OF CHILD'S DOCTOR: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Please forward signed original copy to Maine NBSP, 11 State House Station, Augusta, ME 04333 or fax to 207-287-4743. Retain a copy for the baby's record.