



Department of Health and Human Services
Maine Center for Disease Control and Prevention
286 Water Street
11 State House Station
Augusta, Maine 04333-0011
Tel.: (207) 287-8016; Fax: (207) 287-9058
TTY Users: Dial 711 (Maine Relay)

**MAINE DIABETES UNIT
DIABETES SELF-MANAGEMENT TRAINING (DSMT) SITE DIRECTORY
March 19, 2018**

BLUE HILL MEMORIAL HOSPITAL, BLUE HILL			
Satellite site	None		
Site	Martha Cole MS RDN LD	374-3996	martha.cole@bhmh.org
Coordinator	57 Water St. Blue Hill, ME 04614		
Instructors	Martha Cole MS RDN LD	374-3984	martha.cole@bhmh.org
	Rosemarie Davis RN CDE	374-3062	rosemarie.davis@emhs.org
	Susan Young BSN RN MPH CDE	374-3495	susan.young@bhmh.org
Phys. Adv.	Michael G. Murnik MD	374-3010	michael.murnik@emhs.org
BRIDGTON HOSPITAL, BRIDGTON			
Satellite site	None		
Site	Elaine Drew RN BSN CDE CFCN	647-6060	drewel@cmhc.org
Coordinator	10 Hospital Drive Bridgton, ME 04009		
Instructors	Elaine Drew RN BSN CDE CFCN	647-6060	drewel@cmhc.org
	Linda Russell MA RD LD CDE	647-6062	russell@cmhc.org
Phys. Adv.	Nancy Wright DNP	647-2311	wrightna@cmhc.org
CARY MEDICAL CENTER, CARIBOU			
Satellite site	Saint John Valley Health Center, Van Buren Presque Isle Pines, Presque Isle		
Site	Erica Ouellette RN BSN CDE	498-1283	eouellette@carymed.org
Coordinator	163 Van Buren Rd. Suite 1 Caribou, ME 04736		
Instructors	Kathy Burden RN CDE	498-1283	klburden@carymed.org
	Kim Malone RD LD	498-1255	kmalone@carymed.org
	Erica Ouellette RN BSN CDE	498-1283	eouellette@carymed.org
	Marthe Pelletier MS RD LD CDE	498-1211	mpelletier@carymed.org
Phys. Adv.	Carl Flynn MD	498-2356	drflynn@pineshealth.org

CENTRAL MAINE MEDICAL CENTER, LEWISTON Central Maine Endocrinology and Diabetes Center			
Satellite site	Rumford Hospital, Rumford		
Site	Mercedes Peralta RN, CDE	795-7520	peraltm@cmhc.org
Coordinator	287 Main St. Suite 301 Lewiston, ME 04240		
Instructors	Elizabeth Perry RD LD	369-1296	perryel@cmhc.org
	Mercedes Peralta RN, CDE	795-7520	peraltm@cmhc.org
	Gwen Scott RD CDE	795-7520	scottgw@cmhc.org
Phys. Adv.	Maylene Peralta MD FACE	795-7520	peraltma@cmhc.org

EASTERN MAINE MEDICAL CENTER, BANGOR			
Satellite site	None		
Site	Catherine A. Gels-Birch RN CDE	973-7334	rgelsbirch@emhs.org
Coordinator	Eastern Maine Healthcare Mall 905 Union St. Suite 11 Bangor, ME 04401		
Instructors	Lauri Jacobs RD CDE	973-7334	ljacobs@emhs.org
	Heather Leclerc RD CDE	973-7334	hleclerc@emhs.org
	Catherine A. Gels-Birch RN CDE	973-7334	rgelsbirch@emhs.org
	Louise Pelletier RN CDE	973-7334	lpelletier@emhs.org
Phys. Adv.	Dr. K Sadurska MD	973-7334	ksadurska@emhs.org

EASTPORT HEALTH CARE, INC., EASTPORT			
Satellite sites	Eastport Health Care, Machias Calais Regional Hospital, Calais		
Site	Debbie Pottle RN, CDE	853-0136	dpottle@eastporthealth.org
Coordinator	30 Boynton St. P.O. Box H Eastport, ME 04631		
Instructors	Crystal Atkinson RN	255-8290	catkinson@eastporthealth.org
	Debbie Pottle RN CDE	853-0136	dpottle@eastporthealth.org
	Mona Van Wart RD	454-3906	mona@calaishospital.org
Phys. Adv.	Pamela Koenig APRN	853-6001	pkoenig@eastporthealth.org

FRANKLINHEALTH, FRANKLIN MEMORIAL HOSPITAL, FARMINGTON			
Satellite sites	None		
Site	Katie Drouin MS RD LD	779-2656	kdrouin@fchn.org
Coordinator	111 Franklin Health Commons Farmington, ME 04938		
Instructors	Eileen Caffrey RN	778-3326	ecaffrey@fchn.org
	Katie Drouin RD LD	770-2656	kdrouin@fchn.org
	Jeannine Lake RN	779-2225	jlake@fchn.org
	Nancy Taylor RN	778-3326	ntaylor@fchn.org
Phys. Adv.	Kristine Sanden DO	778-3326	ksanden@fchn.org

HOULTON REGIONAL HOSPITAL, HOULTON			
Satellite site	None		
Site	Julie Codrey RN CDE	532-2900 x 2516	icodrey@houltonregional.org
Coordinator	20 Hartford St. Houlton, ME 04730		
Instructors	Julie Codrey RN CDE	532-2900 x 2516	icodrey@houltonregional.org
	Heleana Nickerson MS RD LD CDE	532-2900 x 2273	hnickerson@houltonregional.org
Phys. Adv.	Brian Griffin MD	532-2900 x 2278	bgriffin@houltonregional.org

INLAND HOSPITAL, WATERVILLE Diabetes & Nutrition Wellness at Inland Hospital			
Satellite site	Sebasticook Valley Health, Pittsfield Eastern Maine Healthcare System		
Site	Susan Palumbo RN CDE	861-7150	spalumbo@emhs.org
Coordinator	Diabetes & Nutrition Wellness 180 Kennedy Memorial Dr. Suite 101 Waterville, ME 04901		
Instructors	Gary Chaloult FNP CDE	861-7150	gchaloult@emhs.org
	Meaghan Geroux MS RDN LD	487-4068	mgeroux@emhs.org
	Jennifer Migliore RDN LD CDE	861-7150	jmigliore@emhs.org
	Jane Moore RDN LD	861-7150	jmoore@emhs.org
	Susan Palumbo RN CDE	861-7150	spalumbo@emhs.org
	Lorien Winslow RDN LD	487-4068	lwinslow@emhs.org
Phys. Adv.	Michaela Clark-Kelley DO	873-3753	Mclark-kelley@emhs.org

LINCOLNHEALTH, DAMARISCOTTA Diabetes & Nutrition Program			
Satellite site	St. Andrews Campus, Boothbay Harbor		
Site	Patricia Brewer RN	563-4442	patricia.brewer@lchcare.org
Coordinator	35 Miles St. Damariscotta, ME 04543		
Instructors	Ann Boe RD LD	563-4559	ann.boe@lchcare.org
	Patricia Brewer RN	563-4902	patricia.brewer@lchcare.org
	Elisabeth Cardali RD LD	563-4559	elisabeth.cardali@lchcare.org
	Marilyn Finch RN MSN CDE	563-4092	marilyn.finch@lchcare.org
Phys. Adv.	Osma Lopez MD	563-4250	Fernando.lopezOsma@lchcare.org

MAINEGENERAL MEDICAL CENTER, AUGUSTA			
Satellite site	None		
Site Coordinator	Angela Moore RN CDE 6 East Chestnut St. Augusta, ME 04330	621-9320	angela.moore@mainegeneral.org
Instructors	Elizabeth Gallagher RD CDE	621-9320	elizabeth.gallagher@mainegeneral.org
	Venus Gilley MS RD LD	621-9320	venus.gilley@mainegeneral.org
	Angela Moore RN CDE	621-9320	angela.moore@mainegeneral.org
	Tamra Toothaker RD	621-9320	tamra.toothaker@mainegeneral.org
Phys. Adv.	Barbara Crowley MD	626-1097	barbara.crowley@mainegeneral.org

MAINE COAST MEMORIAL HOSPITAL, ELLSWORTH			
Satellite site	None		
Site Coordinator	Amy Henderson MS RD LD 50 Union St. Ellsworth, ME 04605	664-5475	ahenderson@mainehospital.org
Instructors	Donna Coleman RN	664-5475	dcoleman@mainehospital.org
	Cece Ohmart RD LD CDE	664-5475	cohmart@mainehospital.org
Phys. Adv.	Kathryn Rensenbrink MD	664-7780	kensenbrink@mainehospital.org

MAINE MEDICAL PARTNERS, SCARBOROUGH Endocrinology & Diabetes Center			
Satellite sites	Maine Medical Partners Endocrinology & Diabetes at Lewiston Maine Medical Partners Maternal Fetal Medicine Portland		
Site Coordinator	Susanne D'Angelo-Cooley MS RD LD CDE 175 U. S. Route 1 Scarborough, ME 04074	396-7515	danges@mmc.org
Instructors	Julie Barnes RD CDE	396-7700	
	Susanne D'Angelo-Cooley MS RD LD CDE	396-7700	danges@mmc.org
	Susan Farnham RD CDE	396-7700	shfarnham@mmc.org
	Kerri Frazier RN CDE	396-7700	kfrazier@mmc.org
	Kelly Gillian RN	396-7700	gillik4@mmc.org
	Kristin Grimes RD	396-7700	
	Anne LaPierre MS RD	396-7700	alapierre@mmc.org
Phys. Adv.	Irwin Brodsky MD	396-7700	brodsi@mmc.org

MAINE MEDICAL PARTNERS, PORTLAND Specialty Care			
Satellite sites	Maine Medical Partners Pediatric Specialty Care, Oakland Maine Medical Partners Countdown to a Healthy Maine, Portland		
Site	Maryann Waterman FNP CDE	662-5559	waterma@mmc.org
Coordinator	887 Congress St. Portland, ME 04102		
Instructors	Elizabeth Blades RN CDE	662-5491	bladee@mmc.org
	Jenessa Feeney BSN CDE	662-5558	feeney@mmc.org
	Mary Ann Kinney BSN CDE	662-5796	kinnemi@mmc.org
	Breanna Lynch RD CDE	662-1683	lynchb@mmc.org
	Katherine Mullin RD, CDE	662-5522	mullik@mmc.org
	Jeanne Parker RN	662-5522	parkeje@mmc.org
Phys. Adv.	Maryann Waterman FNP CDE	662-5559	waterma@mmc.org
	Jerrold Olshan MD	662-5522	olsha@mmc.org

MAYO REGIONAL HOSPITAL, DOVER-FOXCROFT Mayo Practice Associates Diabetes Education			
Satellite sites	None		
Site	Jody Coy RN BSN CDE	564-4157	jcoy@mayohospital.com
Coordinator	891 W. Main St., Ste. 500 Dover-Foxcroft, ME 04426		
Instructors	Jody Coy RN BSN CDE	564-4157	jcoy@mayohospital.com
	Whitney Gould-Cookson RD	564-4255	wgould@mayohospital.com
Phys. Adv.	Elizabeth Dennis DO	564-4464	edennis@mayohospital.com

MERCY HOSPITAL, PORTLAND The Mattina R. Proctor Diabetes Center			
Satellite sites	Mercy Primary Care South, South Portland Gorham Crossing Primary Care, Gorham Portland Internal Medicine, Portland West Falmouth Primary Care, Falmouth Windham Family Practice, Windham Yarmouth Primary Care, Yarmouth		
Site	Hillary O'Donnell MS RD LD CDE	400-8500	odonnellh@emhs.org
Coordinator	144 State St., 4 th Floor Portland, ME 04101		
Instructors	Sarah Foulkes RD LD CDE	400-8500	foulkess@emhs.org
	Hillary O'Donnell MS RD LD CDE	400-8500	odonnellh@emhs.org
Phys. Adv.	John Devlin MD MPH	400-8500	devlinj@emhs.org

MID COAST MEDICAL GROUP, BRUNSWICK Center for Diabetes & Endocrinology			
Satellite site	None		
Site Coordinator	Liana B. Kelly MSN FNP-BC 81 Medical Center Dr. Brunswick, ME 04011	406-7290	lbkelly@midcoasthealth.com
Instructor	Alison Fernald RD LD CDE	406-7290	afernald@midcoasthealth.com
	Liana B. Kelly MSN FNP-BC	406-7290	lbkelly@midcoasthealth.com
Phys. Adv.	Christina Bordeau DO	406-7290	

MILLINOCKET REGIONAL HOSPITAL, MILLINOCKET			
Satellite site	None		
Site Coordinator	Cheryl Carrell, RN 200 Somerset St. Millinocket, ME 04462	723-3393	ccarrell@mrhme.org
Instructors	Cheryl Carrell RN	723-5161	ccarrell@mrhme.org
	Brian Hall RPh	723-5161	bhall@mrhme.org
	Mark Robinson RD	723-5161	mrobinson@mrhme.org
Phys. Adv.	Edward Dunstan DO	723-5173	edunstan@mrhme.org

MOUNT DESERT ISLAND HOSPITAL, BAR HARBOR			
Satellite sites	Community Health Center, Southwest Harbor Trenton Health Center, Trenton		
Site Coordinator	Sherri Hall RN, CDE 10 Wayman Lane P.O. Box 8 Bar Harbor, ME 04609	801-5043	sherri.hall@mdihospital.org
Instructors	Amory Gray RD LD	288-5082 x 1126	amory.gray@mdihospital.org
	Sherri Hall RN CDE	801-5043	sherri.hall@mdihospital.org
	Marion McLellan RD LD	288-5082 x 1301	Marion.McLellan@mdihospital.org
	Sherry Rogers RN BSN	(multiple sites)	Sherry.rogers@mdihospital.org
	Patty Zavaleta RN	288-5082 x 6118	patricia.zavaleta@mdihospital.org
Phys. Adv.	Dr. Julian Kuffler	244-5630	julian.kuffler@mdihospital.org

NORTHERN MAINE MEDICAL CENTER, FORT KENT			
Satellite site	Acadia Health Center, Madawaska Medical Office Building, Fort Kent Fort Kent Family Practice, Fort Kent		
Site Coordinator	Stacy Raymond, RN 194 East Main St. Fort Kent, ME 04743	834-1946	stacy.raymond@nmmc.org
Instructors	Anna Cannan RD	834-1569	anna.cannan@nmmc.org
	Stacy Raymond RN	834-1946	stacy.raymond@nmmc.org
	Linda Russell RN	834-1964	linda.russell@nmmc.org

PEN BAY MEDICAL CENTER, ROCKPORT Diabetes and Nutrition Care Center			
Satellite site	Waldo County Diabetes & Medical Nutrition Services		
Site Coordinator	Marcia Kyle RDN LD CDE 731 Commercial St. Rockport, ME 04856	921-3999	mkyle@pbmc.org
Instructors	Brenda Berry RN CNE	921-3999	bberry@pbmc.org
	Molly Harish RN	921-3999	mharish@pbmc.org
	Susan Maxwell RN	338-9358	smaxwell@wcgh.org
	Allison Sherman	338-9358	asherman@wcgh.org
Phys. Adv.	Stephen Wilson MD	338-9358	swilson@wcgh.org

REDINGTON FAIRVIEW GENERAL HOSPITAL, SKOWHEGAN			
Satellite site	None		
Site Coordinator	Nancy Thomas RN BSN CDE 46 Fairview Ave. P O Box 468 Skowhegan, ME 04976	858-2261	nthomas@rfgh.net
Instructors	Jessica Mosher RN MSN	858-2498	jmosher@rfgh.net
	Patricia Sprengel RD LD	858-2243	psprengel@rfgh.net
	Laurie Sweet RD LD	858-2257	lsweet@rfgh.net
	Nancy Thomas RN CDE	858-2261	nthomas@rfgh.net
Phys. Adv.	Celeste Quianzon MD	474-0905	cquianzon@rfgh.net

ST. JOSEPH HOSPITAL, BANGOR Diabetes & Nutrition Center			
Satellite site	None		
Site Coordinator	Lori Downs RN CDE 900 Broadway Bldg. 3 Bangor, ME 04401	907-3755	lori.downs@sjhhealth.com
Instructors	Lori Downs RN CDE	907-3755	lori.downs@sjhhealth.com
	Kaileigh Porter RD CDE	907-3755	kaileigh.porter@sjhhealth.com
Phys. Adv.	Mark Henderson MD	907-1187	mark.henderson@sjhhealth.com

STEPHENS MEMORIAL HOSPITAL, NORWAY			
Satellite site	None		
Site Coordinator	Betty Ann Sirois MSN RN CDE 181 Main St. Norway, ME 04268	744-6057	BSirois@wmhcc.org
Instructor	Betty Ann Sirois MSN RN CDE	744-6057	BSirois@wmhcc.org
	Patricia Watson MS RD LD CDE	744-6059	watsonp@wmhcc.org
Phys. Adv.	Thomas Johnson MD	743-8031	tjohnson1@wmhcc.org

THE AROOSTOOK MEDICAL CENTER, FORT FAIRFIELD			
Satellite site	A. R. Gould, Presque Isle Caribou Health Center, Caribou Mars Hill Health Center, Mars Hill Presque Isle Family Practice, Presque Isle		
Site Coordinator	Benjamin Mayhew MS RD LD 23 High St. Fort Fairfield, ME 04742	768-4642	bmayhew@tamc.org
Instructors	Mary Coffin RN FNP CDE MSN Nicole Doughty RD LD Angel Hebert MS RD LD Benjamin Mayhew MS RD LD Tina M. Stewart RD LD	768-4753 768-4358 768-4370 768-4642 768-4354	mcoffin@tamc.org ndoughty@tamc.org ahebert2@tamc.org bmayhew@tamc.org tstewart@tamc.org
Phys. Adv.	Mary Coffin FNP CDE MSN	768-4753	mcoffin@tamc.org

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