

Janet T. Mills
Governor

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Ph.D.



Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention
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**Maine Diabetes Prevention and Control Program
Diabetes Self-Management Education and Support (DSMES) Site Directory
September 2022**

BRIDGTON HOSPITAL, BRIDGTON			
Satellite site	None		
Quality Coordinator	Elaine Drew RN BSN CDCES CFCN 10 Hospital Drive Bridgton, ME 04009	647-6060	drewel@cmhc.org
Educators	Elaine Drew RN BSN CDCES CFCN Linda Russell MA RD LD CDCES	647-6060 647-6062	drewel@cmhc.org russelll@cmhc.org
Phys. Adv.	Edward Enos FNP	647-6119	EnosEdwa@cmhc.org

CARY MEDICAL CENTER, CARIBOU 74 Access Way, Caribou 04736			
Satellite site	Saint John Valley Health Center, 4 Main Street, Van Buren 04785		
Quality Coordinator	Kathy Burden RN CDCES 163 Van Buren Rd. Suite 1 Caribou, ME 04736	498-1283	klburden@carymed.org
Educators	Kathy Burden RN CDCES Marthe Pelletier MS RD LD CDCES Erica Ouelette RN BSN CDCES Karen Ouellette RN BSN	498-1283 498-1211 498-1283 498-1283	klburden@carymed.org mpelletier@carymed.org coulette@carymed.org kouellette@carymed.org
Phys. Adv.	Carl Flynn MD 74 Access Way, Caribou	498-2356	drflynn@pineshealth.org

EASTPORT HEALTH CARE, INC., EASTPORT			
Satellite sites	Eastport Health Care Machias, 53 Fremont St., Machias 04654 Calais Regional Hospital, 24 Hospital Lane, Calais 04619		
Quality Coordinator	Deborah Pottle RN CDCES 30 Boynton St. P.O. Box H Eastport, ME 04631	853-0136	dpottle@eastporthealth.org
Educators	Deborah Pottle RN CDCES Mona Van Wart RD	853-0136 454-3906	dpottle@eastporthealth.org mona@calaishospital.org
Phys. Adv.	Laurie Churchill MD	853-6001	lchurchill@eastporthealth.org

HOULTON REGIONAL HOSPITAL, HOULTON			
Satellite site	None		
Quality Coordinator	Karla Anderson RN 20 Hartford St. Houlton, ME 04730	521- 2516	kanderson@hrhospital.org
Educators	Heleana Nickerson MS RD LD CDCES	532-2900	hnickerson@houltonregional.org
Phys. Adv.	Brian Griffin MD	532-2900	bgriffin@houltonregional.org

MAINEGENERAL MEDICAL CENTER, AUGUSTA			
Satellite site	None		
Quality Coordinator	Angela Moore RN CDCES 6 East Chestnut St. Augusta, ME 04330	621-9320	angela.moore@mainegeneral.org
Educators	Venus Gilley MS RD LD CDCES	621-9320	venus.gilley@mainegeneral.org
	Angela Moore RN CDCES	621-9320	angela.moore@mainegeneral.org
	Elizabeth Gallagher RD CDCES	626-1960	elizabeth.gallagher@mainegeneral.org
	Tamra Knapp RD	626-1078	tamra.knapp@mainegeneral.org
Phys. Adv.	Benjamin Brown MD 35 Medical Parkway, Augusta	626-1238	benjamin.brown@mainegeneral.org

MAINEHEALTH MAINE MEDICAL PARTNERS Endocrinology and Diabetes, 175 US Route 1, Scarborough 04074			
Satellite sites	MaineHealth Endocrinology and Diabetes Center Lewiston, 963 Sabattus St. 04240 Maternal Fetal Medicine, 887 Congress St., Portland 04102		
Quality Coordinator	Candie Sprague, RN, CDCES Doris Meehan APRN, ACNS-BC, CDCES 175 U. S. Route 1 Scarborough, ME 04074	396-7720 396-7700	Candie.Sprague@MaineHealth.org Doris.Meehan@MaineHealth.org
Educators	Julie Barnes RD CDCES	396-7700	Julie.Barnes@MaineHealth.org
	Doris Meehan, APRN, ACNS-BC, CDCES	396-7700	Doris.Meehan@MaineHealth.org
	Kerri Frazier RN CDCES	396-7700	Kerri.Frazier@MaineHealth.org
	Christina Mastriano, RD, CDCES	396-7700	Christina.Mastriano@MaineHealth.org
	Kristin Grimes RD	396-7700	Kristin.Grimes@MaineHealth.org
	Candie Sprague RN	396-7700	Candie.Sprague@MaineHealth.org
	Rachel Tromblee, RN	396-7700	Rachel.Tromblee@MaineHealth.org
Phys. Adv.	Rahfa Zerikly MD	396-7700	

MAINEHEALTH LINCOLNHEALTH, DAMARISCOTTA Diabetes & Nutrition Program			
Satellite site	None		
Quality Coordinator	Marilyn Finch RN MSN CDCES 35 Miles Street Damariscotta, ME 04543	563-4442	marilyn.finch@mainehealth.org
Educators	Ann Boe RD LD	563-4442	ann.boe@mainehealth.org
	Elisabeth Cardali RD LD	563-4442	elisabeth.cardali@mainehealth.org
	Laurie Chapman RN	563-4442	laurie.chapman@mainehealth.org
Phys. Adv.	Michael Romac, MD 49 Hooper St, Wiscasset 04578	882-7911	michael.romac@mainehealth.org

MAINEHEALTH PEN BAY MEDICAL CENTER Diabetes & Nutrition Care Center, 4 Glen Cove Drive, S-107, Rockport, ME 04986			
Satellite site	Diabetes and Nutrition Services 119 Northport Ave., Belfast, ME 04915		
Quality Coordinator	Cathy Athearn	301-5588	cathy.athearn@mainehealth.org
Educators	Leslie Silvia, RN	301-5588	Leslie.sylvia@mainehealth.org
	Molly Harish, RN	301-5588	Molly.harish@mainehealth.org
	Susan Maxwell, RN CDE	505-4369	Sue.maxwell@mainehealth.org
	Joanne Burns, RD	505-4369	Joanne.burns@mainehealth.org
Phys. Adv.	Steven Wilson	505-4567	Steven.wilson@mainehealth.org
	119 Northport Ave., Belfast, ME 04915		

MAINE MEDICAL PARTNERS, PORTLAND Pediatric Specialty Care, 887 Congress St, Portland 04102			
Satellite site	Maine Medical Partners Pediatric Specialty Care, 46D First Park Drive, Oakland 04963		
Quality Coordinator	Maryann Kinney, BSN, CDCES	662-5522 x4	kinneml@mmc.org
	887 Congress St. Portland, ME 04102		
Educators	Elizabeth Blades RN CDCES	662-5522 x4	bladee@mmc.org
	Jill Boyce RD CDCES	662-5522 x4	jboyce@mmc.org
	Maryann Kinney BSN CDCES	662-5522 x4	kinnemi@mmc.org
	Katherine Mullin RD CDCES	662-5522 x4	mullik@mmc.org
	Maryann Waterman FNP CDCES	662-5522 x4	waterma@mmc.org
	Jenessa Feeney RN BSN CDCES	662-5522 x4	zamarm@mmc.org
Phys. Adv.	Jerrold Olshan MD	662-5522 x4	olshaj@mmc.org

MILLINOCKET REGIONAL HOSPITAL, MILLINOCKET			
Satellite site	None		
Quality Coordinator	Cheryl Carrell, RN	723-3393	ccarrell@mrhme.org
	200 Somerset St. Millinocket, ME 04462		
Educators	Cheryl Carrell RN	723-5161	ccarrell@mrhme.org
	Brian Hall RPh	723-5161	bhall@mrhme.org
	Mark Robinson RD	723-5161	mrobinson@mrhme.org
Phys. Adv.	Edward Dunstan DO	723-5173	edunstan@mrhme.org

MOUNT DESERT ISLAND HOSPITAL, BAR HARBOR			
Satellite sites	Community Health Center, 16 Community Lane, Southwest Harbor, ME 04679 Trenton Health Center, 394 Bar Harbor Rd, Trenton, ME 04605		
Quality Coordinator	Sherri Hall RN, CDCES	801-5043	sherri.hall@mdihospital.org
	10 Wayman Lane P.O. Box 8 Bar Harbor, ME 04609		
Educators	Sherri Hall RN CDCES	801-5043	sherri.hall@mdihospital.org
	Marion McLellan RD LD	801-5001	Marion.McLellan@mdihospital.org
	Sherry Rogers RN BSN	288-5082 x 8234	Sherry.rogers@mdihospital.org
	Patty Zavaleta RN	801-5016	patricia.zavaleta@mdihospital.org
Phys. Adv.	Dr. Julian Kuffler	288-5082 x 7802	jkuffler@mdihospital.org

NORTHERN LIGHT A. R. GOULD, PRESQUE ISLE 140 Academy St., Presque Isle 04769			
Satellite sites	Caribou Health Center, 118 Bennett Dr, S-130, Caribou 04736 Mars Hill Health Center, 106 Main St., Mars Hill 04758 Ft. Fairfield Health Center, 23 High St., Ft. Fairfield 04742 Presque Isle Family Practice, 23 North St., Presque Isle 04769		
Quality Coordinator	Jennifer Smith RN 23 High St. Fort Fairfield, ME 04742	768-4529	jdsmith@northernlight.org
Educators	Jennifer Smith RN Nicole Doughty RD LD Angel Hebert MS RD LD Benjamin Mayhew MS RD LD	768-4529 768-4358 768-4370 768-4642	jdsmith@northernlight.org ndoughty@northernlight.org ahebert2@northernlight.org bmayhew@northernlight.org
Phys. Adv.	Rashid Cheema MD	768-4753	rcheema@northernlight.org

NORTHERN LIGHT BLUE HILL HOSPITAL 57 Water Street, Blue Hill, ME 04614			
Satellite site	None		
Quality Coordinator	Angela Tobey BSN RN-BC	374-3496	atobey@emhs.org
Educators	Angela Tobey BSN RN-BC	374-3443	atobey@emhs.org
Phys. Adv.	Michael G Murnik MD	374-3010	michael.murnik@emhc.org

NORTHERN LIGHT EASTERN MAINE MEDICAL CENTER, BANGOR			
Satellite site	None		
Quality Coordinator	Catherine (Rena) A. Gels-Birch RN CDCES 905 Union St. Suite 11 Bangor, ME 04401	973-7334	rgelsbirch@northernlight.org
Educators	Catherine A. Gels-Birch RN CDCES Lauri Jacobs RD CDCES Mikiko Marzilli RD CDCES	973-7334 973-7334 973-7334	rgelsbirch@northernlight.org ljacobs@northernlight.org mmarzilli@northernlight.org
Phys. Adv.	Dr. K Sadurska MD	973-7334	ksadurska@northernlight.org

NORTHERN LIGHT MAINE COAST HOSPITAL, ELLSWORTH			
Satellite site	None		
Quality Coordinator	Amy Henderson MS RD LD 50 Union St. Ellsworth, ME 04605	664-5475	ahenderson@northernlight.org
Educators	Donna Coleman RN CDCES Cece Ohmart RD LD CDCES	664-5475 664-5475	dcoleman@northernlight.org cohmart@northernlight.org
Phys. Adv.	Kathryn Rensenbrink MD 32 Resor Way, Ellsworth	664-7780	kensenbrink@northernlight.org

NORTHERN LIGHT MERCY HOSPITAL, PORTLAND The Mattina R. Proctor Diabetes Center			
Satellite sites	Mercy Primary Care South, 778 Main St. Suite 1, South Portland 04106 Gorham Crossing Primary Care, 19 S. Gorham Crossing, Gorham 04038 Portland Internal Medicine, 43 Baxter Boulevard, Portland 04101 West Falmouth Primary Care, 75 Gray Road, Falmouth 04105 Windham Family Practice, 409 rosevelt Trail, Windham 04062 Yarmouth Primary Care, 385 Route One, Yarmouth 04096		
Quality Coordinator	Hillary Legere RD LD CDCES 195 Fore River Pkwy, Suite 300 Portland, ME 04102	400-8500	hlegere@northernlight.org
Educators	Kate Gosselin RD LD CDCES Hillary Legere RD LD CDCES	400-8500 400-8500	kgosselin@northernlight.org hlegere@northernlight.org
Phys. Adv.	Wesley Fairfield, MD	400-8500	wfairfield@northernlight.org

NORTHERN MAINE MEDICAL CENTER, FORT KENT			
Satellite sites	Acadia Health Center, 40 Main St, Madawaska 04756 Medical Office Building, 197 East Main St, Fort Kent 04743 Fort Kent Family Practice, 194 East Main St, Fort Kent 04743		
Quality Coordinator	Stacy Raymond, RN 194 East Main St. Fort Kent, ME 04743	834-1946	stacy.raymond@nmmc.org
Educators	Anna Cannan RD Stacy Raymond RN Linda Russell RN	834-1569 834-1946 834-1964	anna.cannan@nmmc.org stacy.raymond@nmmc.org linda.russell@nmmc.org
Phys. Adv.	Paul Pelletier	444-5973	ppelletier@frrh.org

REDINGTON-FAIRVIEW GENERAL HOSPITAL, SKOWHEGAN			
Satellite site	None		
Quality Coordinator	Nancy Thomas RN BSN CDCES 46 Fairview Ave. P O Box 468 Skowhegan, ME 04976	858-2261	nthomas@rfgh.net
Educators	Haylie Kennedy RN CDCES Patricia Sprengel RD LD Laurie Sweet RD LD Nancy Thomas RN CDCES	858-2247 858-2243 858-2257 858-2261	hkennedy@rfgh.net psprengel@rfgh.net lsweet@rfgh.net nthomas@rfgh.net
Phys. Adv.	Celeste Quianzon MD RFGH Redington Endocrinology	858-8216	cquianzon@rfgh.net

STEPHENS MEMORIAL HOSPITAL, NORWAY			
Satellite site	None		
Quality Coordinator	Karen Swan RN CDCES 181 Main St. Norway, ME 04268	744-6057	karen.swan@mainehealth.org
Educators	Karen Swan RN CDCES	744-6057	karen.swan@mainehealth.org
Phys. Adv.	Booth R. Dargis, MD	744-5598	booth.dargis@mainehealth.org

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