

Maine vs. U.S. At-a-Glance

Division of Disease Prevention Key Surveillance Indicators

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Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

Indicator		Unit	Maine	U.S.	Comparison	Year	Data Source
Proportion of Births that are Intended		Percent	54.6	NA		2012	PRAMS
		95% CI	50.1 - 59.0				
Cigarette Smoking during the Last 3 Months of Pregnancy		Percent	19.2	10.2		2011	PRAMS
		95% CI	16.4 - 22.3	9.7 - 10.7			
Preterm Births		Percent	8.1	11.4		2013	Birth Certificate
		95% CI	7.6 - 8.6	11.3 - 11.4			
Infant Mortality		Rate per 1,000 live births	7.1	6.0		2013	Linked Birth/Death Files
		95% CI	5.7 - 8.6	5.9 - 6.0			
Developmental Screening		Percent	27.3	30.8		2011/ 2012	NSCH
		95% CI	21.5 - 33.0	29.5 - 32.1			
Breastfeeding at 6 Months		Percent	61.1	51.8		children born in 2013	NIS
		95% CI	53.7 - 68.5	50.4 - 53.2			
Dental Sealants, 3rd Graders		Percent	72.8	NA		2015	MIYHS
		95% CI	57.8 - 87.9				
Eat Fruits or Vegetables 5 or More Times Daily, Youth	Middle School	Percent	20.8	NA		2015	MIYHS
		95% CI	19.7 - 22.0				
	High School	Percent	16.1	NA		2015	MIYHS
		95% CI	15.3 - 16.9				
Engage in Recommended Amount of Physical Activity, Youth	Middle School	Percent	26.4	NA		2015	MIYHS
		95% CI	25.4 - 27.3				
	High School	Percent	20.5	27.1		2015	ME: MIYHS US: YRBS
		95% CI	19.7 - 21.3	25.4 - 28.8			
Healthy Weight, Youth	Middle School	Percent	65.8	NA		2015	MIYHS
		95% CI	64.1 - 67.4				
	High School	Percent	69.7	71.3		2013	ME: MIYHS US: YRBS
		95% CI	68.4 - 71.0	69.4 - 73.2			
Current Cigarette Smoking, Youth	Middle School	Percent	2.7	NA		2015	MIYHS
		95% CI	2.4 - 3.1				
	High School	Percent	10.7	10.8		2015	ME: MIYHS US: YRBS
		95% CI	10.0 - 11.4	9.4 - 12.4			

- ME doing better than the U.S.
- ME similar to the U.S.
- ME doing worse than the U.S.
- Comparison data not available.

NA: Data are not available.

95% CI: 95% Confidence Interval of the rate or percent.

Years shown are the most recent years where data for both Maine and the U.S. are available.

PRAMS: Pregnancy Risk Assessment and Monitoring System

MIYHS: Maine Integrated Youth Health Survey

YRBS: Youth Risk Behavior Survey

NSCH: National Survey of Children's Health

NIS: National Immunization Survey

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Indicator		Unit	Maine	U.S.	Comparison	Year	Data Source
Environmental Tobacco Smoke Exposure, Past Week, Youth	Middle School	Percent	25.4	NA		2015	MIYHS
		95% CI	23.7 - 27.1				
	High School	Percent	34.4	NA		2015	MIYHS
		95% CI	32.7 - 36.0				
Considered Suicide in the Past Year, High School Students		Percent	14.8	17.7		2015	ME: MIYHS US: YRBS
		95% CI	14.1 - 15.6	16.7 - 18.8			
Healthy Weight, Adults		Percent	33.8	33.4		2014	BRFSS
		95% CI	32.4 - 35.2	32.3 - 34.1			
Current Cigarette Smoking, Adults		Percent	19.3	18.1		2014	BRFSS
		95% CI	18.1 - 20.5	17.0 - 19.5			
High Blood Pressure Prevalence, Adults		Percent	33.3	31.4		2013	BRFSS
		95% CI	32.0 - 34.6	30.7 - 33.3			
High Cholesterol Prevalence, Adults		Percent	39.7	38.4		2013	BRFSS
		95% CI	38.2 - 41.1	NA			
Diabetes Prevalence, Adults		Percent	9.5	10.0		2014	BRFSS
		95% CI	8.8 - 10.2	9.5 - 10.7			
Asthma Emergency Department Visits		Rate per 10,000 [†]	66.2	NA		2011	MHDO Inpatient & Outpatient
		95% CI	64.7 - 67.7				
Cancer Deaths		Rate per 100,000 [†]	179.0	166.4		2012	NCHS Mortality
		95% CI	172.8 - 185.5	166.0 - 166.9			

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95% CI: 95% Confidence Interval of the rate or percent.

[†] Age-adjusted to the U.S. 2000 Standard Population.

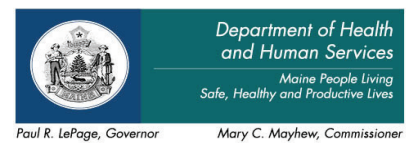
Years shown are the most recent years where data for both Maine and the U.S. are available.

MIYHS: Maine Integrated Youth Health Survey
 YRBS: Youth Risk Behavior Survey
 BRFSS: Behavioral Risk Factor Surveillance System
 MHDO: Maine Health Data Organization
 NSCH: National Survey of Children's Health
 NCHS: National Center for Health Statistics

Created December 2016 by Finn Teach, Alexandria Nesbit, Sara Huston and Erika Lichter of the University of Southern Maine.

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Trend At-a-Glance

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Indicator	Unit	2009	2010	2011	2012	2013	2014	2015	Progress	Trend	Data Source	
Proportion of Births that are Intended	Percent				54.6				○	◆	PRAMS	
	95% CI				60.1 - 59.0							
Cigarette Smoking during the Last 3 Months of Pregnancy	Percent	21.2	18.2	19.2	21.1				●	◆	PRAMS	
	95% CI	18.4 - 24.2	15.5 - 21.2	16.4 - 22.3	17.7 - 25.1							
Preterm Births	Percent	8.3	8.2	8.3	7.8	8.1			●	◆	Birth Certificate	
	95% CI	7.8 - 8.8	7.7 - 8.7	7.8 - 8.8	7.3 - 8.3	7.6 - 8.6						
Infant Mortality	Rate per 1,000 live births	5.5	5.2	6.6	6.9	7.1			◆	◆	Linked Birth/Death Files	
	95% CI	4.3 - 6.9	4.0 - 6.6	5.3 - 8.2	5.4 - 8.3	5.7 - 8.6						
Developmental Screening	Percent	19.5		27.3					■	◆	NSCH	
	95% CI	18.3 - 20.8*		21.5 - 33.0								
Breastfeeding at 6 Months	Percent	41.7	49.1	50.5	55.7	61.1			■	◆	NIS	
	95% CI	35.4 - 48.0	41.7 - 56.4	42.5 - 58.5	48.0 - 63.4	53.7 - 68.5						
Dental Sealants, 3rd Graders	Percent			68.5				72.8	●	◆	MIYHS	
	95% CI			59.0 - 78.0				57.8 - 87.9				
Eat Fruits or Vegetables 5 or More Times Daily, Youth	Middle School	Percent	19.0		19.5		19.3		20.8	●	◆	MIYHS
		95% CI	17.9 - 20.1		18.4 - 20.5		18.1 - 20.4		19.7 - 22.0			
	High School	Percent	15.1		16.5		16.8		16.1	●	◆	MIYHS
		95% CI	14.3 - 15.8		15.8 - 17.2		16.1 - 17.6		15.3 - 16.9			

■ = Improving

● = No Statistically Significant Change

◆ = Worsening

○ = Comparison data not available.

"Progress" column is based upon statistically significant change and may be based in part upon data not shown on this table.

"Trend" column shows trend line for period shown; dark blue marker indicates the best rate.

* Data shown for Developmental Screening in the 2009 column is actually for 2007; no data are available for 2008-2010 for this measure.

PRAMS: Pregnancy Risk Assessment and Monitoring System

MIYHS: Maine Integrated Youth Health Survey

NSCH: National Survey of Children's Health

NIS: National Immunization Survey

95% CI: 95% Confidence Interval of the rate or percent.

Shading indicates comparable data not available or not collected for that year.

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Indicator		Unit	2009	2010	2011	2012	2013	2014	2015	Progress	Trend	Data Source
Engage in Recommended Amount of Physical Activity, Youth	Middle School	Percent					28.7		26.4	◆		MIYHS
		95% CI					27.6 - 29.8		25.4 - 27.3			
	High School	Percent					22.4		20.5	◆		MIYHS
		95% CI					21.6 - 23.2		19.7 - 21.3			
Healthy Weight, Youth	Middle School	Percent	70.8		63.8		65.7		65.8	◆		MIYHS
		95% CI	69.1 - 72.6		61.9 - 65.8		64.0 - 67.4		64.1 - 67.4			
	High School	Percent	71.8		69.6		69.7		67.6	◆		MIYHS
		95% CI	70.7 - 72.9		68.4 - 70.7		68.4 - 71.0		66.4 - 68.9			
Current Cigarette Smoking, Youth	Middle School	Percent	5.3		4.2		3.2		2.7	■		MIYHS
		95% CI	4.8 - 5.8		3.7 - 4.6		2.8 - 3.5		2.4 - 3.1			
	High School	Percent	17.6		15.5		12.9		10.7	■		MIYHS
		95% CI	16.8 - 18.5		14.7 - 16.4		12.0 - 13.9		10.0 - 11.4			
Environmental Tobacco Smoke Exposure, Past Week, Youth	Middle School	Percent	36.6		31.6		28.1		25.4	■		MIYHS
		95% CI	34.8 - 38.3		29.8 - 33.3		26.5 - 29.7		23.7 - 27.1			
	High School	Percent	48.7		43.4		38.3		34.4	■		MIYHS
		95% CI	47.1 - 50.3		41.8 - 44.9		36.4 - 40.2		32.7 - 36.0			
Considered Suicide in the Past Year, High School Students	Percent	12.5		12.7		14.6		14.8	◆		MIYHS	
	95% CI	11.9 - 13.1		12.0 - 13.3		13.9 - 15.3		14.1 - 15.6				

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MIYHS: Maine Integrated Youth Health Survey

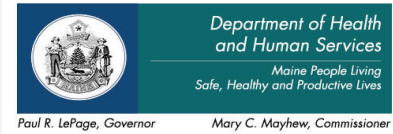
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Indicator	Unit	2009	2010	2011	2012	2013	2014	2015	Progress	Trend	Data Source
Healthy Weight, Adults	Percent			33.4	34.3	33.7	33.8		●		BRFSS
	95% CI			32.3 - 34.5	33.1 - 35.5	32.3 - 35.1	32.4 - 35.3				
Current Cigarette Smoking, Adults	Percent			22.8	20.3	20.2	19.3		■		BRFSS
	95% CI			21.7 - 23.9	19.2 - 21.4	18.9 - 21.5	18.1 - 20.5				
High Blood Pressure Prevalence, Adults	Percent			32.2		33.3			●		BRFSS
	95% CI			31.2 - 33.2		32.0 - 34.6					
High Cholesterol Prevalence, Adults	Percent			40.9		39.7			●		BRFSS
	95% CI			39.8 - 42.0		38.2 - 41.1					
Diabetes Prevalence, Adults	Percent			9.6	9.7	9.6	9.5		●		BRFSS
	95% CI			9.0 - 10.2	9.0 - 10.2	8.9 - 10.4	8.8 - 10.2				
Asthma Emergency Department Visits	Rate per 10,000	68.7	67.0	66.2					■		MHDO Inpatient & Outpatient
	95% CI	67.2 - 70.2	65.5 - 68.5	64.7 - 67.7							
Cancer Deaths	Rate per 100,000	185.4	186.6	181.7	179.0				■		NCHS Mortality
	95% CI	178.9 - 192.1	180.2 - 193.3	175.3 - 188.2	172.8 - 185.5						

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MHDO: Maine Health Data Organization

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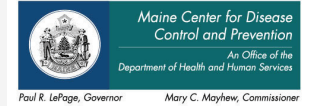
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County At-a-Glance

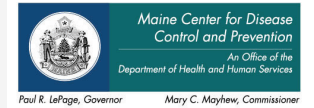
Division of Disease Prevention Key Surveillance Indicators



Indicator		Unit	Androscoggin	Aroostook	Cumberland	Franklin	Hancock	Kennebec	Knox	Lincoln	Oxford	Penobscot	Piscataquis	Sagadahoc	Somerset	Waldo	Washington	York	Maine Overall	Bar Chart	Years	Data Source	
Proportion of Births that are Intended		Percent	county-level data not available																	54.6		2012	PRAMS
		95% CI																		50.1 - 59.0			
Cigarette Smoking, Last 3 Months of Pregnancy		Percent	19.4	26.2	11.6	16.6	17.4	25.1	25.9	23.5	20.8	19.4	33.1†	11.6	35.5	16.5	33.5	17.7	19.5		2009-2011	PRAMS	
		95% CI	14.3 - 25.8	19.3 - 34.4	8.9 - 14.8	8.2 - 30.7	10.6 - 27.2	19.8 - 31.2	16.6 - 38.0	14.6 - 35.6	13.7 - 30.4	15.0 - 24.6	17.5 - 53.4†	6.2 - 20.8	26.4 - 45.7	10.0 - 26.0	21.3 - 48.4	13.4 - 22.9	14.3 - 25.8				
Preterm Births		Percent	8.0	7.9	8.1	10.1	7.9	7.5	8.7	8.7	8.7	8.8	6.4	7.9	7.3	6.8	7.0	8.1	8.1		2010-2012	Birth Certificate	
		95% CI	7.1 - 8.9	6.7 - 9.3	7.5 - 8.7	8.0 - 12.6	6.4 - 9.5	6.7 - 8.5	7.0 - 10.7	6.8 - 10.9	7.3 - 10.3	7.9 - 9.7	4.2 - 9.3	6.2 - 9.8	5.9 - 8.8	5.4 - 8.5	5.4 - 9.0	7.4 - 8.9	7.8 - 8.4				
Infant Mortality*		Rate per 1,000 live births	7.06	6.39	5.70	6.86 [§]	3.82 [§]	5.69	6.17	3.36 [§]	6.01	6.55	6.45 [§]	5.19	7.48	7.23	4.26 [§]	5.28	5.96		2003-2012	Linked Birth/Death Files	
		95% CI	5.72 - 8.63	4.64 - 8.58	4.87 - 6.64	4.13 - 10.72 [§]	2.30 - 5.97 [§]	4.44 - 7.19	3.95 - 9.18	1.61 - 6.17 [§]	4.13 - 8.44	5.34 - 7.95	3.09 - 11.86 [§]	3.17 - 8.01	5.32 - 10.23	4.84 - 10.38	2.33 - 7.15 [§]	4.32 - 6.38	5.56 - 6.39				
Developmental Screening		Percent	county-level data not available																	27.3		2011/2012	NSCH
		95% CI																		21.5 - 33.0			
Breastfeeding at 6 Months		Percent	county-level data not available																	61.1		children born in 2013	NIS
		95% CI																		53.7 - 68.5			
Dental Sealants, 3rd Graders		Percent	county-level data not available																	72.8		2015	MIYHS
		95% CI																		57.8 - 87.9			
Eat Fruits or Vegetables 5 or More Times Daily, Youth	Middle School	Percent	18.3	18.4	25.7	18.0	na	19.1	na	22.6	17.7	15.5	17.2	21.7	18.7	22.4	13.0	20.4	20.8		2015	MIYHS	
		95% CI	14.9 - 21.8	16.7 - 20.1	22.6 - 28.9	16.3 - 19.6		16.6 - 21.6		15.2 - 29.9	14.3 - 21.1	12.4 - 18.5	8.3 - 26.1	19.4 - 24.1	17.0 - 20.4	17.2 - 27.6	10.0 - 15.9	17.4 - 23.5	19.7 - 22.0				
	High School	Percent	15.9	13.5	19.1	18.0	18.0	15.9	na	13.6	13.0	12.8	13.3	17.3	15.2	15.2	12.0	15.7	16.1		2015	MIYHS	
		95% CI	14.7 - 17.2	11.4 - 15.6	16.9 - 21.2	15.9 - 20.0	14.3 - 21.8	13.7 - 18.2		11.4 - 15.7	11.8 - 14.2	11.0 - 14.5	11.1 - 15.6	13.0 - 21.5	12.8 - 17.6	10.4 - 19.9	9.6 - 14.5	13.9 - 17.5	15.3 - 16.9				
Engage in Recommended Amount of Physical Activity, Youth	Middle School	Percent	23.9	22.8	27.3	26.5	na	27.6	na	27.1	29.2	27.8	27.9	28.4	26.7	28.0	24.4	23.5	26.4		2015	MIYHS	
		95% CI	21.5 - 26.2	20.4 - 25.2	24.5 - 30.2	21.7 - 31.3		25.9 - 29.4		18.6 - 35.7	25.2 - 33.3	25.9 - 29.7	21.4 - 34.4	25.6 - 31.3	21.8 - 31.6	24.4 - 31.6	17.8 - 31.0	21.4 - 25.5	25.4 - 27.3				
	High School	Percent	19.9	22.3	19.7	19.6	17.9	21.3	na	21.8	22.5	19.3	20.8	20.4	21.0	23.7	23.0	19.5	20.5		2015	MIYHS	
		95% CI	16.4 - 23.4	19.7 - 24.8	18.3 - 21.1	18.0 - 21.3	14.3 - 21.4	19.8 - 22.7		16.6 - 26.9	19.8 - 25.1	17.4 - 21.1	12.4 - 29.1	10.3 - 30.5	18.2 - 23.7	20.7 - 26.7	17.7 - 28.3	17.3 - 21.7	19.7 - 21.3				
Healthy Weight, Youth	Middle School	Percent	63.9	60.9	70.4	52.3	na	66.0	na	65.6	62.3	62.6	61.4	65.6	62.6	62.1	52.7	69.7	65.8		2015	MIYHS	
		95% CI	60.9 - 66.8	56.8 - 65.1	67.5 - 73.3	47.2 - 57.3		60.4 - 71.6		59.9 - 71.3	58.3 - 66.3	57.9 - 67.3	49.1 - 73.8	62.2 - 69.0	59.5 - 65.7	54.1 - 70.1	45.5 - 59.9	64.8 - 74.7	64.1 - 67.4				
	High School	Percent	63.6	63.4	73.4	66.5	69.3	64.4	na	68.9	64.0	63.9	63.6	69.6	62.6	60.2	60.3	69.1	67.6		2015	MIYHS	
		95% CI	62.7 - 64.6	61.9 - 64.9	70.8 - 76.0	62.1 - 70.8	61.9 - 76.7	61.8 - 67.0		67.3 - 70.6	59.8 - 68.1	61.4 - 66.4	58.7 - 68.4	68.1 - 71.1	61.8 - 63.4	57.9 - 62.4	53.4 - 67.2	64.7 - 73.5	66.4 - 68.9				
Current Cigarette Smoking, Youth	Middle School	Percent	3.4	4.5	1.7	4.7	na	3.4	na	3.1	3.3	2.3	2.3	1.7	3.0	3.2	3.1	2.4	2.7		2015	MIYHS	
		95% CI	1.4 - 5.5	2.1 - 6.9	1.2 - 2.3	4.3 - 5.0		2.2 - 4.7		1.3 - 4.8	1.8 - 4.7	1.6 - 3.0	1.3 - 3.2	1.1 - 2.3	1.5 - 4.5	1.2 - 5.3	0.6 - 5.6	1.7 - 3.1	2.4 - 3.1				
	High School	Percent	9.1	15.0	8.8	10.1	9.5	10.7	na	11.1	10.6	11.5	13.1	16.1	11.6	13.5	14.9	10.4	10.7		2015	MIYHS	
		95% CI	6.1 - 12.1	12.2 - 17.7	7.3 - 10.4	9.1 - 11.1	8.2 - 10.8	8.9 - 12.5		8.2 - 14.1	8.2 - 13.0	9.3 - 13.7	11.9 - 14.4	15.5 - 16.7	10.0 - 13.1	11.4 - 15.7	11.5 - 18.2	8.9 - 11.8	10.0 - 11.4				

County At-a-Glance

Division of Disease Prevention Key Surveillance Indicators



Indicator	Unit	Androscoggin	Aroostook	Cumberland	Franklin	Hancock	Kennebec	Knox	Lincoln	Oxford	Penobscot	Piscataquis	Sagadahoc	Somerset	Waldo	Washington	York	Maine Overall	Bar Chart	Years	Data Source	
Environmental Tobacco Smoke Exposure, Past Week, Youth	Middle School	Percent	26.9	33.3	17.5	36.4	na	28.4	na	34.1	36.8	23.3	36.1	20.3	34.3	28.0	35.7	21.2	25.4		2015	MIYHS
	High School	Percent	36.5	45.3	25.2	40.8	33.0	35.8	na	38.6	43.7	37.4	44.3	39.8	40.9	38.0	47.6	31.9	34.4		2015	MIYHS
Considered Suicide in the Past Year, High School Students	Percent	16.3	12.0	13.7	17.8	13.8	14.9	na	12.9	16.9	15.0	16.5	19.0	14.0	13.3	15.5	15.2	14.8		2015	MIYHS	
	95% CI	14.8 - 17.8	10.1 - 13.9	12.1 - 15.4	13.3 - 22.3	11.2 - 16.3	12.6 - 17.3	9.8 - 16.0	14.1 - 19.7	13.3 - 16.7	11.9 - 21.1	17.2 - 20.8	11.6 - 16.3	7.7 - 18.9	12.4 - 18.5	12.9 - 17.4	14.1 - 15.6					
Healthy Weight, Adults	Percent	28.3	29.2	38.0	32.2	32.5	31.1	43.9	30.9	31.7	36.2	29.0	36.1	28.9	34.1	32.4	32.7	33.8		2014	BRFSS	
	95% CI	23.9 - 32.7	23.6 - 34.7	34.4 - 41.6	25.2 - 39.3	26.9 - 38.1	27.0 - 35.1	36.2 - 51.5	24.7 - 37.1	25.1 - 38.4	31.7 - 40.7	19.6 - 38.4	29.1 - 43.1	22.6 - 35.2	27.5 - 40.7	25.6 - 39.1	28.6 - 36.7	32.4 - 35.2				
Current Cigarette Smoking, Adults	Percent	23.9	22.2	14.5	19.0	18.3	21.3	19.6	15.2	21.5	21.6	23.9	15.4	28.4	15.5	24.5	19.6	19.8		2013-2014	BRFSS	
	95% CI	20.4 - 27.3	18.4 - 26.1	12.4 - 16.6	14.1 - 23.9	14.7 - 21.9	18.5 - 24.1	14.9 - 24.2	10.7 - 19.8	17.2 - 25.7	18.7 - 24.6	17.4 - 30.4	11.0 - 19.9	23.6 - 33.2	11.4 - 19.5	19.3 - 29.7	17.1 - 22.1	18.9 - 20.7				
High Blood Pressure Prevalence, Adults	Percent	34.8	37.8	29.7	34.4	33.5	32.8	30.7	33.6	34.2	33.7	33.7	38.1	35.2	35.5	37.5	32.6	32.8		2011 & 2013	BRFSS	
	95% CI	31.5 - 38.1	34.3 - 41.3	27.7 - 31.6	29.8 - 38.9	29.5 - 37.5	30.0 - 35.5	26.9 - 34.5	29.6 - 37.5	30.2 - 38.1	31.1 - 36.3	28.2 - 39.1	33.4 - 42.8	30.9 - 39.5	31.1 - 39.8	33.4 - 41.6	30.3 - 34.9	32.0 - 33.6				
High Cholesterol Prevalence, Adults	Percent	41.0	47.7	36.7	44.6	40.7	40.0	37.6	41.3	43.2	42.1	39.5	39.8	43.3	38.4	45.9	41.0	40.3		2011 & 2013	BRFSS	
	95% CI	37.5 - 44.6	43.8 - 51.6	34.5 - 38.9	39.4 - 49.7	36.4 - 45.0	37.0 - 43.1	33.4 - 41.9	37.0 - 45.7	38.8 - 47.6	39.1 - 45.0	33.6 - 45.4	35.0 - 44.6	38.6 - 48.0	33.8 - 43.1	41.4 - 50.4	38.4 - 43.6	39.4 - 41.2				
Diabetes Prevalence, Adults	Percent	12.0	13.5	7.7	9.2	7.8	10.2	7.4	8.8	10.4	10.4	12.0	9.7	11.6	9.5	10.4	9.2	9.6		2012-2014	BRFSS	
	95% CI	10.2 - 13.8	11.4 - 15.6	6.8 - 8.6	7.0 - 11.5	5.9 - 9.7	8.8 - 11.5	5.1 - 9.6	6.9 - 10.8	8.4 - 12.4	9.0 - 11.7	8.8 - 15.1	7.5 - 12.0	9.4 - 13.8	7.3 - 11.7	8.3 - 12.4	8.0 - 10.3	9.2 - 10.0				
Asthma Emergency Department Visits	Rate per 100,000 [†]	81.8	113.5	57.3	58.0	62.5	67.6	60.8	49.3	73.9	55.5	67.6	50.5	101.2	50.9	118.0	61.1	67.3		2009-2011	MHDO Inpatient & Outpatient	
	95% CI	78.6 - 85.1	108.7 - 118.5	55.6 - 59.0	52.8 - 63.5	58.3 - 66.9	64.8 - 70.5	56.0 - 65.8	44.6 - 54.4	69.5 - 78.5	53.2 - 57.7	59.7 - 76.3	46.0 - 55.4	95.9 - 106.8	46.6 - 55.5	110.8 - 125.6	59.0 - 63.3	66.4 - 68.1				
Cancer Deaths	Rate per 100,000 [†]	190.8	191.5	174.4	172.9	166.4	193.9	170.5	171.3	190.1	189.7	197.0	170.2	200.7	186.8	219.0	176.9	183.3		2008-2012	NCHS Mortality	
	95% CI	180.1 - 202.0	179.6 - 204.0	168.1 - 180.9	154.8 - 192.7	153.8 - 180.0	184.2 - 204.2	156.1 - 186.1	156.0 - 188.0	176.7 - 204.4	180.8 - 198.9	173.5 - 223.3	153.5 - 188.4	185.8 - 216.5	170.0 - 205.0	200.6 - 238.8	169.5 - 184.5	180.5 - 186.3				

Orange shading indicates county rate is significantly worse than the state rate.
Green shading indicates county rate is significantly better than the state rate.

[†]Use caution in interpreting these estimates because they are based upon an unweighted numerator less than 50.

[‡]Rates are age-adjusted to the U.S. 2000 Standard Population.

na: Data not available due to low response rate.

95% CI: 95% Confidence Interval of the rate or percent.

Bar Chart shows county rates in order listed on table from left to right; dark blue bar is the Maine Overall rate.

* Infant mortality rate might be underestimated due to possible missing out-of-state deaths of Maine infants in 2010.

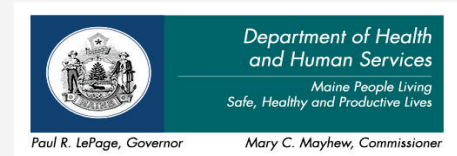
na: Data not available due to low response rate.

§ Use with caution. Estimates might be unreliable because total number for subgroup in this time period is less than 20.

MIYHS: Maine Integrated Youth Health Survey
BRFSS: Behavioral Risk Factor Surveillance System
MHDO: Maine Health Data Organization
NCHS: National Center for Health Statistics
PRAMS: Pregnancy Risk Assessment and Monitoring System
NIS: National Immunization Survey
NSCH: National Survey of Children's Health

Created December 2016 by Finn Teach, Alexandria Nesbit, Sara Huston and Erika Lichter of the University of Southern Maine.

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Public Health District At-a-Glance

Division of Disease Prevention Key Surveillance Indicators



Indicator	Unit	Aroostook	Central	Cumberland	Downeast	Midcoast	Penquis	Western	York	Maine Overall	Bar Chart	Years	Data Source	
Proportion of Births that are Intended	Percent	district-level data not available									54.6		2012	PRAMS
	95% CI										50.1 - 59.0			
Cigarette Smoking, Last 3 Months of Pregnancy	Percent	26.2	28.2	11.6	23.3	19.1	20.5	19.4	17.7	19.5		2009-2011	PRAMS	
	95% CI	19.3 - 34.4	23.5 - 33.4	8.9 - 14.8	16.7 - 31.5	14.9 - 24.2	16.2 - 25.6	15.4 - 24.2	13.4 - 22.9	14.3 - 25.8				
Preterm Births	Percent	7.9	7.5	8.1	7.5	7.9	8.6	8.4	8.1	8.1		2010-2012	Birth Certificate	
	95% CI	6.7 - 9.3	6.7 - 8.2	7.5 - 8.7	6.4 - 8.7	7.1 - 8.9	7.8 - 9.4	7.7 - 9.2	7.4 - 8.9	7.8 - 8.4				
Infant Mortality*	Rate per 1,000 live births	6.39	6.22	5.70	4.00	5.63	6.54	6.77	5.28	5.96		2003-2012	Linked Birth/Death Files	
	95% CI	4.64 - 8.58	5.11 - 7.51	4.87 - 6.64	2.75 - 5.61	4.48 - 6.98	5.39 - 7.87	5.73 - 7.96	4.32 - 6.38	5.56 - 6.39				
Developmental Screening	Percent	district-level data not available									27.3		2011/2012	NSCH
	95% CI										21.5 - 33.0			
Breastfeeding at 6 Months	Percent	district-level data not available									61.1		children born in 2013	NIS
	95% CI										53.7 - 68.5			
Dental Sealants, 3rd Graders	Percent	district-level data not available									72.8		2015	MIYHS
	95% CI										57.8 - 87.9			
Eat Fruits or Vegetables 5 or More Times Daily, Youth	Middle School	Percent	18.4	19.0	25.7	18.0	23.0	15.8	18.1	20.4	20.8		2015	MIYHS
		95% CI	16.7 - 20.1	17.3 - 20.7	22.6 - 28.9	16.0 - 20.0	20.0 - 26.0	12.9 - 18.7	16.2 - 20.0	17.4 - 23.5	19.7 - 22.0			
	High School	Percent	13.5	15.6	19.1	15.2	16.5	13.0	15.0	15.7	16.1			
		95% CI	11.4 - 15.6	14.0 - 17.3	16.9 - 21.2	12.0 - 18.3	14.4 - 18.6	11.5 - 14.6	14.0 - 16.1	13.9 - 17.5	15.3 - 16.9			
Engage in Recommended Amount of Physical Activity, Youth	Middle School	Percent	22.8	27.3	27.3	25.3	27.5	27.8	26.1	23.5	26.4		2015	MIYHS
		95% CI	20.4 - 25.2	25.1 - 29.5	24.5 - 30.2	19.8 - 30.7	24.5 - 30.5	25.9 - 29.8	24.4 - 27.8	21.4 - 25.5	25.4 - 27.3			
	High School	Percent	22.3	21.1	19.7	20.4	23.0	19.6	20.8	19.5	20.5			
		95% CI	19.7 - 24.8	19.7 - 22.5	18.3 - 21.1	16.7 - 24.0	19.1 - 26.8	17.5 - 21.7	18.8 - 22.8	17.3 - 21.7	19.7 - 21.3			
Healthy Weight, Youth	Middle School	Percent	60.9	64.8	70.4	60.3	64.7	62.4	60.6	69.7	65.8		2015	MIYHS
		95% CI	56.8 - 65.1	61.0 - 68.5	67.5 - 73.3	51.8 - 68.8	60.9 - 68.5	57.9 - 66.8	56.7 - 64.5	64.8 - 74.7	64.1 - 67.4			
	High School	Percent	63.4	63.8	73.4	65.0	68.5	63.9	64.2	69.1	67.6			
		95% CI	61.9 - 64.9	62.2 - 65.4	70.8 - 76.0	59.2 - 70.8	65.5 - 71.6	61.6 - 66.2	62.3 - 66.2	64.7 - 73.5	66.4 - 68.9			
Current Cigarette Smoking, Youth	Middle School	Percent	4.5	3.3	1.7	2.1	3.1	2.3	3.7	2.4	2.7		2015	MIYHS
		95% CI	2.1 - 6.9	2.3 - 4.2	1.2 - 2.3	0.8 - 3.5	2.2 - 4.1	1.7 - 2.9	2.5 - 4.8	1.7 - 3.1	2.4 - 3.1			
	High School	Percent	15.0	11.0	8.8	11.9	13.2	11.6	10.0	10.4	10.7			
		95% CI	12.2 - 17.7	9.8 - 12.3	7.3 - 10.4	10.1 - 13.8	11.1 - 15.3	9.7 - 13.5	8.3 - 11.7	8.9 - 11.8	10.0 - 11.4			

Public Health District At-a-Glance

Division of Disease Prevention Key Surveillance Indicators



Indicator	Unit	Aroostook	Central	Cumberland	Downeast	Midcoast	Penquis	Western	York	Maine Overall	Bar Chart	Years	Data Source	
Environmental Tobacco Smoke Exposure, Past Week, Youth	Middle School	Percent	33.3	30.6	17.5	29.8	26.6	25.7	31.9	21.2	25.4		2015	MIYHS
		95% CI	31.0 - 35.6	27.4 - 33.7	13.3 - 21.7	23.9 - 35.7	22.9 - 30.3	22.1 - 29.2	29.0 - 34.8	16.3 - 26.1	23.7 - 27.1			
Exposure, Past Week, Youth	High School	Percent	45.3	37.6	25.2	39.9	36.5	38.4	40.1	31.9	34.4		2015	MIYHS
		95% CI	39.9 - 50.8	35.0 - 40.3	21.9 - 28.5	32.3 - 47.4	30.8 - 42.1	33.5 - 43.4	37.2 - 43.1	27.4 - 36.4	32.7 - 36.0			
Considered Suicide in Past Year, High School Students		Percent	12.0	14.6	13.7	14.6	15.1	15.2	16.9	15.2	14.8		2015	MIYHS
		95% CI	10.1 - 13.9	12.8 - 16.3	12.1 - 15.4	12.6 - 16.5	12.6 - 17.7	13.7 - 16.8	15.2 - 18.5	12.9 - 17.4	14.1 - 15.6			
Healthy Weight, Adults		Percent	29.2	30.4	38.0	32.4	36.5	35.4	30.0	32.7	33.8		2014	BRFSS
		95% CI	23.6 - 34.7	30.0 - 33.8	34.4 - 41.6	28.1 - 36.7	32.9 - 40.1	31.3 - 39.5	26.7 - 33.4	28.6 - 36.7	32.4 - 35.2			
Current Cigarette Smoking, Adults		Percent	22.2	23.5	14.5	20.5	16.6	21.9	22.3	19.6	19.8		2013-2014	BRFSS
		95% CI	18.4 - 26.1	21.0 - 25.9	12.4 - 16.6	17.5 - 23.5	14.3 - 18.8	19.2 - 24.6	19.9 - 24.7	17.1 - 22.1	18.9 - 20.7			
High Blood Pressure Prevalence, Adults		Percent	37.8	33.5	29.7	35.0	34.4	33.7	34.5	32.6	32.8		2011 & 2013	BRFSS
		95% CI	34.3 - 41.3	31.2 - 35.8	27.7 - 31.6	32.0 - 37.9	32.3 - 36.4	31.3 - 36.1	32.3 - 36.7	30.3 - 34.9	32.0 - 33.6			
High Cholesterol Prevalence, Adults		Percent	47.7	41.0	36.7	42.6	39.3	41.7	42.3	41.0	40.3		2011 & 2013	BRFSS
		95% CI	43.8 - 51.6	38.5 - 43.6	34.5 - 38.9	39.3 - 45.8	37.0 - 41.5	39.0 - 44.4	39.9 - 44.8	38.4 - 43.6	39.4 - 41.2			
Diabetes Prevalence, Adults		Percent	13.5	10.6	7.7	8.8	8.8	10.6	11.1	9.2	9.6		2012-2014	BRFSS
		95% CI	11.4 - 15.6	9.5 - 11.8	6.8 - 8.6	7.3 - 10.2	7.7 - 9.9	9.3 - 11.8	9.9 - 12.3	8.0 - 10.3	9.2 - 10.0			
Asthma Emergency Department Visits		Rate per 100,000 [†]	113.5	77.5	57.3	83.6	53.1	56.3	75.9	61.1	67.3		2009-2011	MHDO Inpatient & Outpatient
		95% CI	108.7 - 118.5	75.0 - 80.1	55.6 - 59.0	79.8 - 87.5	50.8 - 55.5	54.2 - 58.5	73.6 - 78.3	59.0 - 63.3	66.4 - 68.1			
Cancer Deaths		Rate per 100,000 [†]	191.5	195.9	174.4	186.3	174.5	190.6	187.5	176.9	183.3		2008-2012	NCHS Mortality
		95% CI	179.6 - 204.0	187.7 - 204.4	168.1 - 180.9	175.8 - 197.4	166.6 - 182.8	182.3 - 199.2	179.9 - 195.4	169.5 - 184.5	180.5 - 186.3			

Orange shading indicates district rate is significantly worse than the state rate.
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[†]Rates are age-adjusted to the U.S. 2000 Standard Population.

^{*}Infant mortality rate might be underestimated due to possible missing out-of-state deaths of Maine infants in 2010.

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Bar Chart shows district rates in order listed on table from left to right; dark blue bar is the Maine Overall rate.

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BRFSS: Behavioral Risk Factor Surveillance System

MHDO: Maine Health Data Organization

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PRAMS: Pregnancy Risk Assessment and Monitoring System

NIS: National Immunization Survey

NCHS: National Center for Health Statistics

Created December 2016 by Finn Teach, Alexandria Nesbit, Sara Huston and Erika Lichter of the University of Southern Maine.

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