

Maine Shared Community Health Needs Assessment Data Sources

Indicator	Data Source	Year(s)	Comparison Year for Trends	Other Notes
Demographics				
Population	U.S. Census	2014	NA	2013 data was used for all age, racial and ethnic groups.
Population with a disability	U.S. Census	2013	NA	Adults reporting any one of the six disability types are considered to have a disability: hearing difficulty, vision difficulty, cognitive difficulty, ambulatory difficulty, self-care difficulty, independent living difficulty.
Population density	U.S. Census	2010	NA	Based on 2010 U.S. Census population.
Socioeconomic Status Measures				
Individuals living in poverty	U.S. Census	2009-2013	2008	The poverty status of the household is determined by the poverty status of the householder. Households are classified as poor when the total income of the householder's family is below the appropriate poverty threshold. The American Community Survey measures poverty in the previous 12 months instead of the previous calendar year.
Children living in poverty	U.S. Census	2009-2013	2008	The poverty status of the household is determined by the poverty status of the householder. Households are classified as poor when the total income of the householder's family is below the appropriate poverty threshold. The American Community Survey measures poverty in the previous 12 months instead of the previous calendar year.
High school graduation rate	Maine Dept of Education	2013-14 School Year	2009-10 School Year	Proportion of students who graduate with a regular diploma four years after starting ninth grade. Graduation rates include all public schools and all private schools that have 60% or more publicly funded students.
Median household income	U.S. Census	2009-2013	2008	In 2013 inflation-adjusted dollars. This includes the income of the householder and all other individuals 15 years old and older in the household, whether they are related to the householder or not.
Percentage of people living in rural areas	U.S. Census	2012	NA	The urban/rural categories used in this analysis were defined by the New England Rural Health Roundtable available in Rural Data For Action 2nd Edition: http://www.newenglandruralhealth.org/rural_data
Single-parent families	U.S. Census	2013	NA	Families consist of a householder and one or more other people related to the householder by birth, marriage, or adoption. They do not include same-sex married couples even if the marriage was performed in a state issuing marriage certificates for same-sex couples. "Householder without a spouse present" is defined as a male householder without a wife present or a female householder without a husband present.
Unemployment rate	Bureau of Labor Statistics	2014	2009	Unemployment rate of the civilian noninstitutionalized population averaged for the full year of 2014.
65+ living alone	U.S. Census	2013	2009	Estimated number of one-person households with a person 65 years and older.
General Health Status				
Adults who rate their health fair to poor	BRFSS	2013	2011	Adults rating their health as fair or poor vs. excellent, very good or good.
Adults with 14+ days lost due to poor mental health	BRFSS	2013	2011	Now thinking about your mental health, which includes stress, depression and problems with emotions, for how many days during the past 30 days was your mental health not good?
Adults with 14+ days lost due to poor physical health	BRFSS	2013	2011	Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Adults with three or more chronic conditions	BRFSS	2013	2011	Chronic conditions available in 2013 BRFSS: arthritis, asthma, cancer, cardiovascular disease, chronic kidney disease, chronic obstructive pulmonary disease (COPD), coronary heart disease, diabetes, hypertension, high cholesterol, obesity.
Mortality				
Life expectancy (Female)	National Center for Health Statistics	2012	NA	Life expectancy at birth.
Life expectancy (Male)	National Center for Health Statistics	2012	NA	Life expectancy at birth.
Overall mortality rate per 100,000 population	DRVS	2013	NA	All deaths are defined as deaths in which the underlying cause of death was coded as ICD-10 any listed.
Access				
Adults with a usual primary care provider	BRFSS	2013	2011	Adults that have one or more person they think of as their personal doctor or health care provider.
Individuals who are unable to obtain or delay obtaining necessary medical care due to cost	BRFSS	2013	2011	Adults reporting that there was a time during the last 12 months when they needed to see a doctor but could not because of the cost.
MaineCare enrollment	MaineCare	2015	NA	The number and percent of individuals participating in MaineCare. These data are reported as of April 2015. Percentages calculated based on the 2014 US Census population estimates. Individuals are reported by county of residence at the end of the SFY or the end of participation in the program. Figures exclude individuals who were nonresidents or who were out of state.
Percent of children ages 0-19 enrolled in MaineCare	MaineCare	2015	NA	The number and percent of individuals participating in MaineCare. These data are reported as of April 2015. Individuals are reported by county of residence at the end of the SFY or the end of participation in the program. Figures exclude individuals who were nonresidents or who were out of state.
Percent uninsured	U.S. Census	2014	2009	Estimated number of Maine people who do not currently have health insurance.
Health Care Quality				
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	MHDO	2011	2008	PQI = Prevention Quality Indicators, a set of measures that can be used with hospital inpatient discharge data to identify quality of care for ambulatory care-sensitive conditions. Additional information at: AHRQ Quality Indicators, Version 4.4, Agency for Healthcare Research and Quality: U.S. Department of Health and Human Services. http://www.qualityindicators.ahrq.gov .
Ambulatory care-sensitive condition emergency department rate per 100,000 population	MHDO	2011	NA	PQI = Prevention Quality Indicators, a set of measures that can be used with hospital inpatient discharge data to identify quality of care for ambulatory care-sensitive conditions. Additional information at: AHRQ Quality Indicators, Version 4.4, Agency for Healthcare Research and Quality: U.S. Department of Health and Human Services. http://www.qualityindicators.ahrq.gov .
Oral Health				
Adults with visits to a dentist in the past 12 months	BRFSS	2012	NA	Adults who last visited the dentist or a dental clinic for any reason in the past 12 months.
MaineCare members under 18 with a visit to the dentist in the past year	Maine Care	2014	NA	Total members younger than 18 with dental claims during calendar year 2014 was 67,871. Of those, only 61,948 had eligibility as of April 2015. Members were younger than 18 on date of service, but some turned 18 by April 2015.
Respiratory				
Asthma emergency department visits per 10,000 population	MHDO	2011	NA	ICD-9 CM - 493

COPD diagnosed	BRFSS	2013	2011	Adults that have been told by a doctor, nurse or health professional that they have COPD chronic obstructive pulmonary disease, emphysema, or chronic bronchitis.
COPD hospitalizations per 100,000 population	MHDO	2011	2007	ICD-9 CM - 490, 491, 492, 494, 496
Current asthma (Adults)	BRFSS	2013	2011	Adults that have been told by a doctor, nurse or health professional that they had asthma and that they still have asthma.
Current asthma (Youth 0-17)	BRFSS	2011-2013	NA	Children that have been told by a doctor, nurse or health professional that they had asthma and that they still have asthma.
Pneumonia emergency department rate per 100,000 population	MHDO	2011	2007	ICD-9 CM - 480-486
Pneumonia hospitalizations per 100,000 population	MHDO	2011	2007	ICD-9 CM - 480-486
Cancer				
Mortality – all cancers per 100,000 population	MCR	2011	2006	All cancer: SEER Cause of Death Recode: 20010-37000 (which include ICD-10 codes: C00-C97).
Incidence – all cancers per 100,000 population	MCR	2009-2011	2004-2006	All cancer: SEER Site Recode: 20010-37000 (which include ICD-O-3 codes: C00-C797).
Bladder cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Female breast cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Breast cancer late-stage incidence (females only) per 100,000 population	Maine Cancer Registry (MCR)	2009-2011	NA	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Female breast cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Mammograms females age 50+ in past two years	BRFSS	2012	NA	Females ages 50 years and older who reported they had a mammogram within the past 2 years.
Colorectal cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Colorectal late-stage incidence per 100,000 population	MCR	2009-2011	NA	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Colorectal cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Colorectal screening	BRFSS	2012	NA	Adults ages 50 years and older who reported that they had a home blood stool test (e.g., FOBT or FIT) within the past year OR sigmoidoscopy within the past 5 years and home blood stool test within the past 3 years OR a colonoscopy within the past 10 years.
Lung cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Lung cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.

Melanoma incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Pap smears females ages 21-65 in past three years	BRFSS	2012	NA	Females with intact cervix, that have received a pap smear within the past three years.
Prostate cancer mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Prostate cancer incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Tobacco-related neoplasms, mortality per 100,000 population	MCR	2011	2006	Cancer Deaths: Deaths with malignant cancer as the underlying cause of death.
Tobacco-related neoplasms, incidence per 100,000 population	MCR	2009-2011	2004-2006	Cancer Incidence: The number of people who develop cancer (new cancer cases) during a specified period of time in a specified population. Incidence case definitions exclude histologies consistent with Kaposi sarcoma and mesothelioma, where applicable.
Cardiovascular Disease				
Acute myocardial infarction hospitalizations per 10,000 population	MHDO	2012	2007	ICD-9 CM - 410
Acute myocardial infarction mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 I21-I22
Cholesterol checked every five years	BRFSS	2013	2011	Adults reporting that they last had their blood cholesterol checked within the past 5 years.
Coronary heart disease mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 I20-I25
Heart failure hospitalizations per 10,000 population	MHDO	2012	NA	ICD-9 CM - 428
Hypertension prevalence	BRFSS	2013	2011	Adults who have ever been told by a doctor, nurse, or other health professional that they have high blood pressure.
High cholesterol	BRFSS	2013	2011	Adults who have been told by a doctor or other health professional that their blood cholesterol is high.
Hypertension hospitalizations per 100,000 population	MHDO	2011	2007	ICD-9 CM - 401, 402, 403, 404

Stroke hospitalizations per 10,000 population	MHDO	2012	2007	ICD-9 CM - 430-438
Stroke mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 I60-I69
Diabetes				
Diabetes prevalence (ever been told)	BRFSS	2013	2011	Adults that have ever been told by a doctor or other health professional that they have diabetes.
Pre-diabetes prevalence	BRFSS	2013	NA	Adults that have ever been told by a doctor or other health professional that they have pre-diabetes or borderline diabetes.
Adults with diabetes who have eye exam annually	BRFSS	2011-2013	NA	Adults with diabetes who report having an eye exam in which the pupils were dilated within the past year.
Adults with diabetes who have foot exam annually	BRFSS	2011-2013	NA	Adults with diabetes who report having a health professional check their feet for any sores or irritations within the past year.
Adults with diabetes who have had an A1C test twice per year	BRFSS	2011-2013	NA	Adults who have had a doctor, nurse, or other health professional checked them for "A one C" in the past 12 months.
Adults with diabetes who have received formal diabetes education	BRFSS	2013	NA	Adults with diabetes who have ever taken a course or class in how to manage your diabetes themselves.
Diabetes emergency department visits (principal diagnosis) per 100,000 population	MHDO	2011	2006	ICD-9 CM - 250
Diabetes hospitalizations (principal diagnosis) per 10,000 population	MHDO	2012	2007	ICD-9 CM - 250
Diabetes long-term complication hospitalizations	MHDO	2011	2007	Diabetes long-term complication hospitalizations are defined as hospitalizations of Maine residents for which diabetes long-term complication was the primary diagnosis, coded as ICD 9 - 25040, 25070, 25041, 25071, 25042, 25072, 25043, 25073, 25050, 25051, 25052, 25053, 25080, 25081, 25082, 25083, 25060, 25061, 25062, 25063, 25090, 25091, 25092.
Diabetes mortality (underlying cause) per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 E10-E14
Environmental Health				
Children with confirmed elevated blood lead levels (% among those screened)	Maine CDC Lead Program	2013	2008	In 2012, CDC defined a reference level of 5 micrograms per deciliter (µg/dL) to identify children with elevated blood lead levels. These children are exposed to more lead than most children. For more information, visit: www.cdc.gov/nceh/lead/ACCLPP/blood_lead_levels.htm (http://www.cdc.gov/nceh/lead/acclpp/blood_lead_levels.htm
Children with unconfirmed elevated blood lead levels (% among those screened)	Maine CDC Lead Program	2013	2008	In 2012, CDC defined a reference level of 5 micrograms per deciliter (µg/dL) to identify children with elevated blood lead levels. These children are exposed to more lead than most children. For more information, visit: www.cdc.gov/nceh/lead/ACCLPP/blood_lead_levels.htm (http://www.cdc.gov/nceh/lead/acclpp/blood_lead_levels.htm
Homes with private wells tested for arsenic	BRFSS	2009, 2012	NA	Data are weighted to the household. At the county level, 9.7%-32.2% of those surveyed did not know whether they had tested their well water for arsenic.
Lead screening among children age 12-23 months	Maine CDC Lead Program	2009-2013	NA	A blood lead test is considered a "screening test" only when a child has no prior history of a confirmed elevated blood lead level.
Lead screening among children age 24-35 months	Maine CDC Lead Program	2009-2013	NA	A blood lead test is considered a "screening test" only when a child has no prior history of a confirmed elevated blood lead level.
Immunization				
Adults immunized annually for influenza	BRFSS	2013	2011	Adults who have had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in your nose during the past 12 months.

Adults immunized for pneumococcal pneumonia (ages 65 and older)	BRFSS	2013	2011	Risk factor for adults aged 65 or older that have ever had a pneumonia shot.
Immunization exemptions among kindergarteners for philosophical reasons	Maine Immunization Program	2015	NA	Available from: http://www.maine.gov/dhhs/mecdc/infectious-disease/immunization/publications/index.shtml
Two-year-olds up to date with "Series of Seven Immunizations" 4-3-1-3-3-1-4	Maine Immunization Program	2015	2012	The Maine Immunization Program conducts an annual immunization assessment on January 1 of each calendar year that includes all 2-year-olds in the State of Maine immunization registry, ImmPact, associated to a practice that enters client specific data. These assessments follow the standard Centers for Disease Control and Prevention childhood assessment criteria of 24-35 months of age immunized as of 24 months for the 4 DTaP (Diphtheria, Tetanus, Polio): 3 IPV (Polio): 1 MMR (Measles, Mumps, Rubella): 3 Hib (Haemophilus influenza type B): 3 HepB (Hepatitis B):1 Var (Varicella):4 PCV (Pneumococcal Conjugate) schedule.
Infectious Disease				
Hepatitis A (acute) incidence per 100,000 population	Maine Infectious Disease Surveillance System (MIDSS)	2014	NA	Defined as the number of new infections during 2014.
Hepatitis B (acute) incidence per 100,000 population	MIDSS	2014	NA	Defined as the number of new infections during 2014.
Hepatitis C (acute) incidence per 100,000 population	MIDSS	2014	NA	Defined as the number of new infections during 2014.
Incidence of past or present hepatitis C virus (HCV) per 100,000 population	MIDSS	2014	NA	New diagnoses, regardless of when infection occurred or stage of disease at diagnosis.
Incidence of newly reported chronic hepatitis B virus (HBV) per 100,000 population	MIDSS	2014	NA	New diagnoses, regardless of when infection occurred or stage of disease at diagnosis.
Lyme disease incidence per 100,000 population	MIDSS	2014	2009	Defined as the number of new infections during 2014.
Pertussis incidence per 100,000 population	MIDSS	2014	2009	Incidence is defined as the number of new infections during 2014.
Tuberculosis incidence per 100,000 population	MIDSS	2014	2008	New diagnoses, regardless of when infection occurred or stage of disease at diagnosis.
STD/HIV				
AIDS incidence per 100,000 population	Maine CDC HIV Program	2014	2008	Incidence is defined as the number of new infections during 2014.
Chlamydia incidence per 100,000 population	Maine CDC STD Program	2014	NA	Incidence is defined as the number of new infections during 2014.
Gonorrhea incidence per 100,000 population	Maine CDC STD Program	2014	NA	Incidence is defined as the number of new infections during 2014.
HIV incidence per 100,000 population	Maine CDC HIV Program	2014	2009	Incidence is defined as the number of new infections during 2014.
HIV/AIDS hospitalization rate per 100,000 population	MHDO	2011	2007	DRG-MDC 25
Syphilis incidence per 100,000 population	Maine CDC STD Program	2014	2009	Incidence is defined as the number of new infections during 2014.
Intentional Injury				
Domestic assaults reports to police per 100,000 population	Maine Dept of Public Safety	2013	2009	All offenses of assault between family or household members are reported as domestic assault.
Firearm deaths per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 W32-W34 ,X72-X74, X93-X95, Y22-Y24, Y350 or U014.
Intentional self-injury (Youth)	MIYHS	2013	2009	High school students who have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose.
Lifetime rape/non-consensual sex (among females)	BRFSS	2012	2011	Females who have ever had sex with someone after they said or showed that they didn't want them to or without their consent.
Nonfatal child maltreatment per 1,000 population	Child Maltreatment Report ACYF	2013	2008	Rates are unique child victims per 1,000 population under age 18.

Reported rape per 100,000 population	Maine Dept of Public Safety	2013	2009	Includes rape by force and attempted forcible rape. Excludes carnal abuse without force (statutory rape) and other sex offenses.
Suicide deaths per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 U03 X60-X84 or Y87.0
Violence by current or former intimate partners in past 12 months (among females)	BRFSS	2012	2011	Females who have experienced physical violence or had unwanted sex with a current or former intimate partner within the past 12 months.
Violent crime rate per 100,000 population	Maine Dept of Public Safety	2013	2008	Reported violent crime offenses. Violent crime includes murder, rape, robbery and aggravated assault.
Unintentional Injury				
Always wear seatbelt (Adults)	BRFSS	2013	NA	Adults reporting they always use seatbelts when they drive or ride in a car.
Always wear seatbelt (High School Students)	MIYHS	2013	NA	High School students who report they always wear a seatbelt when riding in a vehicle.
Traumatic brain injury related emergency department visits (all intents) per 10,000 population	MHDO	2011	2006	Emergency department visits by Maine residents at Maine acute care hospitals that did not end with the patient being admitted to that hospital as an inpatient, for which the principal diagnosis is an injury (ICD 9 CM 800–909.2, 909.4, 909.9–994.9, 995.5–995.59 or 995.80–995.85) or any external cause of injury code is ICD 9 CM E800-E869, E880-E929 or E950-E999, and the principal or any other diagnosis is ICD-9-CM 800.00–801.99, 803.00–804.99, 850.0–850.9, 851.00–854.19, 950.1–950.3, 959.01 or 995.55.
Unintentional and undetermined intent poisoning deaths per 100,000 population	Maine CDC Vital Records	2013	2008	Deaths of Maine residents for which the underlying cause of death is ICD-10 X40-X49 or Y10-Y19.
Unintentional fall related deaths per 100,000 population	Maine CDC Vital Records	2013	2008	Deaths of Maine residents for which the underlying cause of death is ICD-10 W00-W19.
Unintentional fall related injury emergency department visits per 10,000 population	MHDO	2011	NA	Unintentional fall-related injury ED Visits are defined as ED Visits in which external cause of injury was coded as ICD--9CM E880-E886 or E888.
Unintentional motor vehicle traffic crash related deaths per 100,000 population	Maine CDC Vital Records	2013	2008	Deaths of Maine residents for which the underlying cause of death is ICD-10 V02-V04 (.1, .9), V09.2, V12-V14 (.3-.9), V19 (.4-.6), V20-V28 (.3-.9), V29 (.4-.9), V30-V39 (.4-.9), V40-V49 (.4-.9), V50-V59 (.4-.9), V60-V69 (.4-.9), V70-V79 (.4-.9), V80 (.3-.5), V81.1, V82.1, V83-V86 (.0-.3), V87 (.0-.8) or V89.2.”
Occupational Health				
Deaths from work-related injuries (number)	Maine Dept. of Labor	2013	2009	Includes self-employed workers, owners of unincorporated businesses and farms, paid and unpaid family workers, members of partnerships and may include owners of incorporated businesses.
Nonfatal occupational injuries (number)	U.S. Bureau of Labor Statistics	2013	2009	Includes both injuries that required days away from work and those that required job transfer or restriction. Data do not reflect the relative FTEs worked by the various groups of employees.
Mental Health				
Adults who have ever had anxiety	BRFSS	2013	2011	Adults who have ever been told by a doctor or other healthcare provider that they have an anxiety disorder?
Adults who have ever had depression	BRFSS	2013	2011	Adults who have ever been told by a doctor or other healthcare provider that they have a depressive disorder.
Adults with current symptoms of depression	BRFSS	2013	2011	Indicator of current depression coded using two items from the PHQ-2 depression screener.
Adults currently receiving outpatient mental health treatment	BRFSS	2013	2011	Adults now taking medicine or receiving treatment from a doctor for any type of mental health condition or emotional problem.
Co-morbidity for persons with mental illness	BRFSS	2013	2011	Adults with current symptoms of depression from the PHQ-2 depression screener with 3 or more chronic conditions.
Mental health emergency department rates per 100,000 population	MHDO	2011	2007	ICD-9 CM- 209-302, 306-319, which exclude substance use related disorders.

Sad/hopeless for two weeks in a row (High School Students)	MIYHS	2013	2011	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? Percentage of students who answered "Yes".
Seriously considered suicide (High School Students)	MIYHS	2013	2011	During the past 12 months, did you ever seriously consider attempting suicide? Percentage of students who answered "Yes".
Physical Activity, Nutrition and Weight				
Fewer than two hours combined screen time (High School Students)	MIYHS	2013	NA	Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day.
Fruit and vegetable consumption (High School Students)	MIYHS	2013	2009	Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days.
Fruit consumption among Adults 18+ (less than one serving per day)	BRFSS	2013	NA	Adults with less than one serving per day of fruits or fruit juice.
Met physical activity recommendations (Adults)	BRFSS	2013	NA	Adults who reported doing enough physical activity to meet the aerobic and strengthening recommendations.
Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)	MIYHS	2013	2009	Percentage of students who were physically active for a total of at least 60 minutes per day on five of the past seven days.
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	BRFSS	2013	2011	Adults reporting that during the past month, other than their regular job, they did not participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise.
Soda/sports drink consumption (High School Students)	MIYHS	2013	NA	Percentage of students who drank at least one can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight (Not counting diet soda, other diet drinks, or 100% fruit juice.) per day during the past week.
Vegetable consumption among Adults 18+ (less than one serving per day)	BRFSS	2013	NA	Adults with less than one serving per day of vegetables.
Obesity (Adults)	BRFSS	2013	2011	Adults with a BMI of 30 or more.
Obesity (High School Students)	MIYHS	2013	2009	Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT.
Overweight (Adults)	BRFSS	2013	2011	Adults with a BMI between 25.0 and 29.9.
Overweight (High School Students)	MIYHS	2013	2009	Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT.
Pregnancy and Birth Outcomes				
Children with special health care needs	National Survey of Children with Special Health Care Needs	2011-2012	2009-2010	Survey respondents who reported that their child has a special health care need.
Infant deaths per 1,000 live births	Maine CDC Vital Records	2008-2012	2006	Number of babies who died before their first birthday per 1,000 live births. Average annual number of infant deaths and infant mortality rate might be slightly underestimated due to possible missing out-of-state deaths of Maine infants in 2010.
Live births for which the mother received early and adequate prenatal care	Maine CDC Vital Records	2010-2012	2007	Defined as an adequate or adequate-plus rating on the Kotelchuck Adequacy of Prenatal Care Utilization Index.
Live births to 15-19 year olds per 1,000 population	Maine CDC Vital Records	2012	2007	Defined as the number of live births among 15- to 19-year-old Maine women per 1,000 population.
Low birth weight (<2500 grams)	Maine CDC Vital Records	2010-2012	2007	Low birth weight defined as less than 2500 grams.
Substance and Alcohol Abuse				
Alcohol-induced mortality per 100,000 population	Maine CDC Vital Records	2013	2008	ICD-10 - E24.4 , F10, G31.2, G62.1, G72.1, I42.6, K29.2, K70, K85.2, K86.0, R78.0, X45, X65 or Y15

Binge drinking of alcoholic beverages (High School Students)	MIYHS	2013	2011	During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? Percentage of students who answered at least 1 day.
Binge drinking of alcoholic beverages (Adults)	BRFSS	2013	2011	Risk factor for binge drinking where binge drinking is defined as having 5 or more drinks on 1 occasion for men and 4 or more drinks on 1 occasion for women.
Chronic heavy drinking (Adults)	BRFSS	2013	2011	At risk for heavy alcohol consumption (greater than two drinks per day for men and greater than one drink per day for women).
Drug-affected baby referrals received as a percentage of all live births	OCFS Maine Automated Child Welfare Information System	2014	NA	This measure reflects the number of infants born in Maine where a healthcare provider reported to OCFS that there was reasonable cause to suspect the baby may be affected by illegal substance abuse or demonstrating withdrawal symptoms resulting from prenatal drug exposure or who have fetal alcohol spectrum disorders.
Drug-induced mortality per 100,000 population	CDC Wonder	2013	2009	The population figures for year 2013 are bridged-race estimates of the July 1 resident population, from the Vintage 2013 postcensal series released by NCHS on June 26, 2014.
Emergency medical service overdose response per 100,000 population	Maine Emergency Medical Services	2014	NA	Includes overdoses from drugs/medication, alcohol and inhalants.
Opiate poisoning (ED visits) per 100,000 population	MHDO	2011	2007	Primary diagnoses of: ICD-9 - 9650, 96500, 96501, 96502, 96509
Opiate poisoning (hospitalizations) per 100,000 population	MHDO	2011	2007	Primary diagnoses of: ICD-9 - 9650, 96500, 96501, 96502, 96509
Past-30-day alcohol use (High School Students)	MIYHS	2013	2009	During the past 30 days, on how many days did you have at least one drink of alcohol? Percentage of students who answered at least 1 day.
Past-30-day inhalant use (High School Students)	MIYHS	2013	2011	During the past 30 days, how many times did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high? Percentage of students who answered at least 1 time.
Past-30-day marijuana use (Adults)	BRFSS	2013	2011	During the past 30 days, have you used marijuana?
Past-30-day marijuana use (High School Students)	MIYHS	2013	2009	During the past 30 days, how many times did you use marijuana? Percentage of students who answered at least 1 time.
Past-30-day nonmedical use of prescription drugs (Adult)	BRFSS	2013	2011	Adults who used prescription drugs that were either not prescribed and/or not used as prescribed in order to get high at least once within the past 30 days.
Past-30-day nonmedical use of prescription drugs (High School Students)	MIYHS	2013	2009	During the past 30 days, how many times did you take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? Percentage of students who answered at least 1 time.
Prescription Monitoring Program opioid prescriptions (days supply/pop)	Prescription Monitoring Program	2014-2015	NA	Presented as Days Supply/Population, which is the total days of supply of medication divided by the overall population.
Substance-abuse hospital admissions per 100,000 population	MHDO	2011	2007	Primary diagnoses of DRG-MDC 20
Tobacco Use				
Current smoking (Adults)	BRFSS	2013	2011	Adults that reported having smoked at least 100 cigarettes in their lifetime and currently smoke.
Current smoking (High School Students)	MIYHS	2013	2009	During the past 30 days, on how many days did you smoke cigarettes? Percentage of students who answered at least 1 day.

Current tobacco use (High School Students)	MIYHS	2013	2011	Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days. (Note: Reports read "Percentage of students who smoked cigarettes and/or cigars and/or used chewing tobacco, snuff, or dip on one or more of the past 30 days").
Secondhand smoke exposure (Youth)	MIYHS	2013	2011	Percentage of students who were in the same room with someone who was smoking cigarettes at least 1 day during the past 7 days.